



THE NUANCES

“Imprints of the Mind”



Celebrating **15** Glorious Years of
Excellence



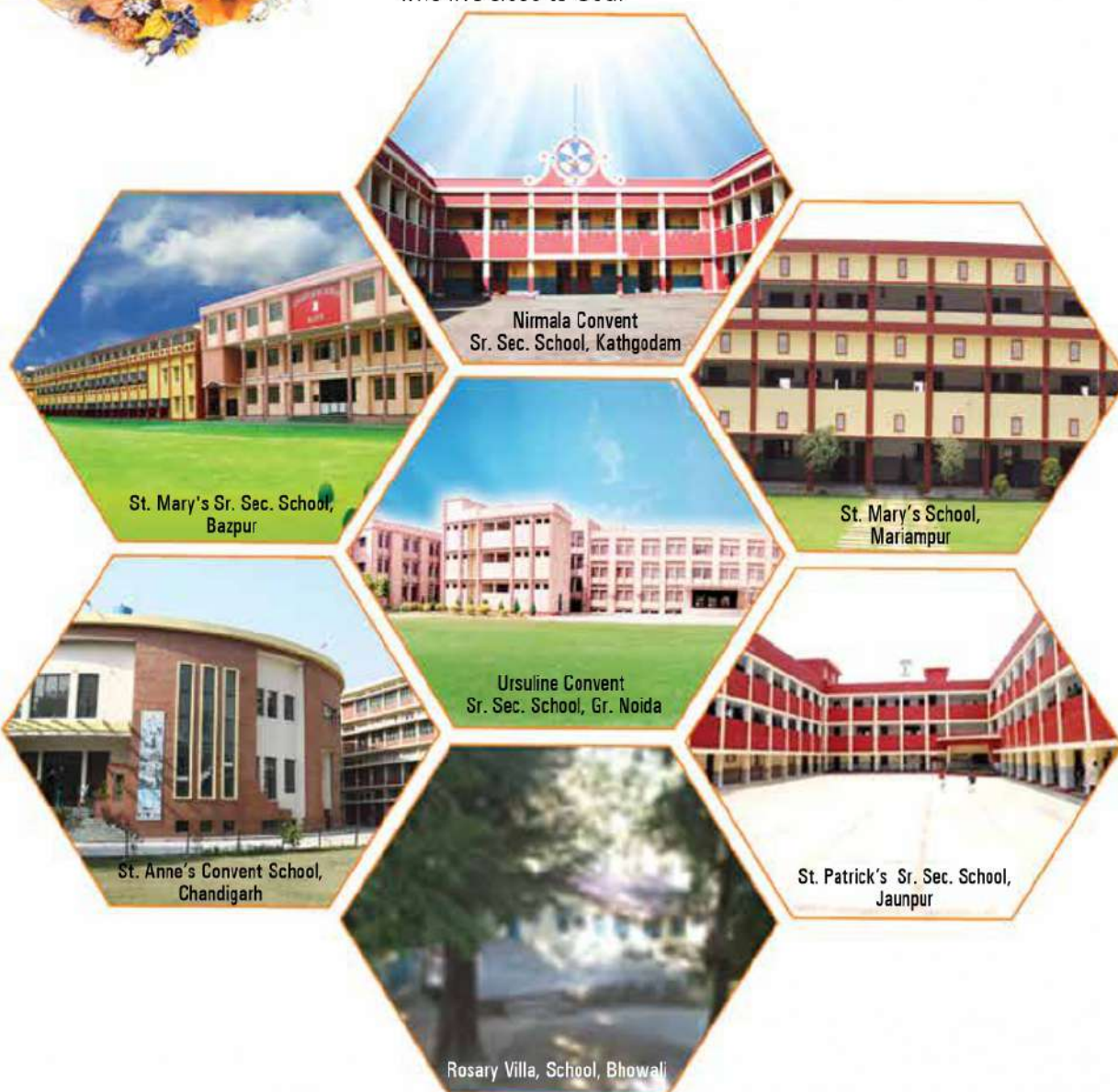
Mother Brigida Morello

1610 - 1679

Foundress of Ursulines of Mary Immaculate of Piacenza

It was the middle of the 17th century when the Ursuline family took its shape. The inspiration behind the foundation, expressed in the goal of the Institute is, "God's glory and the good of the neighbor". At the very start, she was struck by a malignant illness which confined her completely to bed. She guided the Congregation from her bed of pain for 24 years.

Brigida wrote down the rules and regulations for her dear Congregation. Two weeks before her death she gathered her loving sisters and spoke to them her last words of instructions. She commended herself into the hands of the Almighty on September 3rd, 1679. She could say with St. Paul – "I have run the race, I am ready Lord." Death is a beautiful experience for those who live close to God.



Message from the Principal



Dear Parents,

The belief that we nurture and cherish is aptly described in the words of Ralph Waldo Emerson, **"Sow a thought and you reap an action; sow an act and you reap a habit; sow a habit and you reap a character; sow a character and you reap a destiny."**

Education thus is an essential prerequisite of modernization. It enables people to know the world beyond their own surroundings and transforms them to become rationalist and humanist in outlook and world view. However, it has to be kept in mind that the education has got modernized and in turn is contributing to the process of modernization of the Indian society. The aim of our school is to

provide modern education which will make our students self-reliant and take them away from dogma and superstitions prevailing in the society.

Modern education is exoteric, open and liberal. Being the modern educators of today we deal with the most significant resource of any nation. The children-young impressionable human minds. We are sensitive to the important implications of this enterprise and strive to make the pursuit of excellence a way of life. We promote robust, vibrant and holistic school education that will engender excellence in every sphere of human endeavour.

Our teaching staff fosters an atmosphere that encourages all of our students to engage in rigorous intellectual activity and develop independent thinking skills. I Wish to see the "never say die" attitude among my students as I firmly believe "Miracles start to happen when you give as much energy to your dreams as you do to your fears."

I am extremely proud to be part of this institution in its glorious 15th year. Hope to see it blossom and flourish in the coming years.

Sr. Nirupa Mathew UMI

Message from the Provincial Superior



I am glad to know that Ursuline Sr. Sec. School is publishing a special issue of the school magazine to commemorate the completion of its fifteen years of service.

I congratulate the school for having made a significant impact in the lives of many young minds. This educational institution as in the case of every other institution had a small and humble beginning. It had its ups and downs in the past fifteen years of its existence. Now as it stands one of the best educational institutions in Greater Noida, it never commercializes education, but continues to remain an institution of service catering to the integral formation of students from all strata of society.

Ursuline Sr. Sec. School has tried to excel in curricular and co-curricular activities exposing the students to the present social realities, and getting formed as promising citizens, utilizing the best of opportunities provided in the school like, yoga, USM exposure programs, life orientation seminars, and social awareness programs besides the regular activities that promote their growth.

Thanks to the highly motivated staff who accompany the students to excel in life. During the past fifteen years the institute has created an environment that fosters learning. It provides the students with the opportunities to explore and grow through situations that challenge them to identify their strength and reinforce them.

I take this occasion to congratulate the principal, staff, students and parents for their commitment, service and responsibility taken, for that has transformed this institution into an outstanding and significant temple of learning today.

Now at this landmark of completing fifteen years of its love and service, I wish you God's abundant blessings, and success in the years to come.

Sr. Rittie Mattathil UMI
Provincial Superior

Message from the Vice-Principal



“Everything in your life is a reflection of a choice you have made. If you want a different result make a different choice.”

Once a dog ran into a museum where all the walls, the ceiling, the door and even the floor were made of mirror. Seeing this, the dog froze in surprise in the middle of the hall. A whole pack of dogs surrounded it from all sides, from above and below. Whenever the dog bared his teeth, all the reflections responded to it in the same way. Frightened the dog frantically barked and the reflections imitated the bark and increased it many times. The dog barked even harder and the echo was keeping up. The dog tossed from one side to another, biting the air his reflections also tossed around snapping their teeth. Next morning, the miserable dog was found lifeless, surrounded by a million reflections of lifeless dogs. There was nobody who would make any harm to the dog, but he died by fighting with his own reflections.

The world doesn't bring good or evil on its own. Everything that is happening around us is the reflection of our own thoughts, feelings, wishes and actions. The world is a big mirror. Strike a good pose! Life is beautiful.

Ursuline education aims at developing this positive inner disposition, insight and strength in children. Along with the academic excellence, our effort is to cultivate in our students a loving and constructive approach towards the society, so that they are able to experience and also help others to experience kindness, selfless sharing, love and harmony. “Be a reflection of what you'd like to see in others! If you want love, give love ... If you want respect give respect. You get in return what you give”. If you want things in your life to be different start doing things differently! ... because the same old behavior brings the same old result!!!

We wish our students, their parents and teachers divine blessings that would enable them to build a loving and just society God Bless !

Sr. Jessy Augustine UMI

JOURNEY

“Some beautiful paths can’t be discovered without getting lost in it”

The journey of new beginnings are difficult but it always leads to glorious present. So many hands went hand in hand to shape the structure of it. Some stayed and some went away doing their part one by one the steps fell in place and see a beautiful ladder in the form of this institution came into picture. It is the strength and the power of the visionaries who have made it possible.

Ursuline senior Secondary School, Greater Noida was God’s millennium gift to the Province. The construction of the first phase was almost completed in 2000 and the first academic year began on 9th April 2000.

Our Principals



Late Sr. CLEOPHIA
2000-2001



Sr. MARIELLA
2001-2005



Sr. RENEE
2005-2010



Sr. Yvette
2010-2011



Sr. Nirupa
2011-Till Date

2000



School Inauguration

2005

2005



First School Vehicle

2016

OB

2011



First School Exhibition

2002



2001



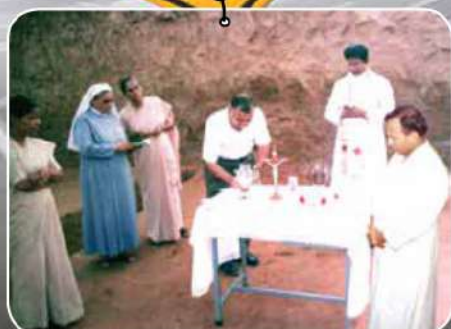
First Christmas Celebration

2001-02



First Staff Photograph

1999



Foundation of School Building

2009

2008

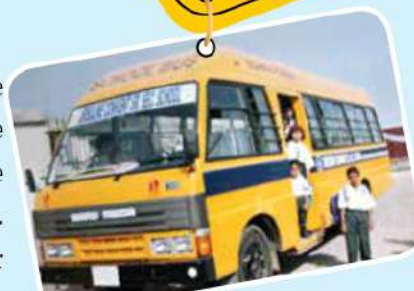


First Computer Lab

2010



2003



First School Bus

9th September 2000 was the formal blessing and inauguration of the school by His Grace Most Rev. Vincent Concessao. Extension of the school building adding more classrooms continued. The school which was started on 10th April 2000 with a total of 25 students from LKG to class I began to grow in quality and number as the years went by. Today the school has reached up to class XII with 2000 students on roll. This school in Greater Noida is a beacon of light to the people of the locality contributing to the spiritual, moral and intellectual developments of the youth.



The blessing and inauguration of the convent took place in the year 2007. The house was officially inaugurated as the headquarters of Nirmala vice Province. On 3rd December 2010, it was further elevated to the status of the headquarters of the newly formed Nirmala Province, Greater Noida

Editorial Message



Greetings to all,

Creativity is the essence of life. What we can weave in the thread called life remains forever. This edition of the magazine holds a special place as it portrays 15 glorious years of our school. This institution has been nurturing the young minds of the town with a belief that “The heart of education is the education from the heart”.

We are pleased to present to you **“THE NUANCES”**. Enjoy every moment you have in life because in life, there are no rewinds, but only flashbacks. We bring before you an exhilarating flashback of the inception of the school, its history, events and achievements.

The student today is an individual. We need to recognize, appreciate and foster the fine blend of sensibilities in a child. Thus this magazine provides our students a platform to allow their creative urges to blossom in a realm of imagination and expression. We, as the Editorial Team, have made an attempt to bring before you such streaks of talents in our students through articles, poetry and graphics.

Hope you enjoy cascading through the pages of this edition.

Editorial Team

(Ms. Juhi Dayal, Ms. Deepika Talukdar, Ms. Geetanjali Malhotra)

ON COMPLETING 15 GLORIOUS YEARS OF SERVICE IN THE EDUCATION SECTOR

RENDEZVOUS WITH SR ANCY MATHEW



Q1. How did you begin the journey of this beautiful institution?

Ans. Those days were difficult. We started with two kids. I used to commute all the way to Noida to pick and drop the kids in the sumo. Those challenges gave rise to such a wonderful today.

Q2. How do you feel when you see this institution growing?

Ans. I feel overjoyed to see this institution growing by leaps and bounds. It just feels like yesterday when we laid the first brick of this place.

Q3. What were the problems that you faced?

Ans. The facilities like roads were not developed. It was a jungle and had no residents even. We went door to door for admission and brought the kids to school. I even sat in the office for admission and other official work.

Q4. What message would you like to give?

Ans. Challenges are what makes life interesting overcoming them is what makes them meaningful. Believe and go for it.



My heart fills up with gratitude to God our loving father for the gift of our Ursuline Senior Secondary School, Greater Noida. The dream of having a school here in the millennium was materialized through the persistent efforts and cooperation of all our former provincial Superior and all concerned. The project was completed within a limited period of time and the school was opened in the millennium.

The institution that had a humble beginning grew from strength to strength and turned out to be one of the leading schools of Greater Noida, with all infrastructures and other convenience and means. The staff works with great cooperation and dedication.

I am extremely happy to see its steady growth over the years, I have had the privilege of being there as principal in its growing stage. I thank God almighty for the love and care he has bestowed upon this institution.

In this occasion I invoke God's continuous blessings upon our institution and all those who are connected with it. My prayer and wish is that the school may grow and spread the message of peace, justice, love and fraternity. May our Mother Foundress blessed Brigida of Jesus continue to inspire us and help us to be successful in all our future endeavours.

My best wishes to the management, staff and dear students.

Sr. Renee

"I will praise you with all my heart; I will declare my wondrous deeds"- Psalm 9:1



I truly and joyfully testify as I look back, over the time I took up the responsibility of bringing up the infant school with 37 students. "Faithful is God who calls you and appointed will do it". May God be glorified.

God who is faithful to our promises has blessed us, our school with great success. Therefore I join with you in thanking God for His bounteous blessings over the years. With passionate love for the children of God and our mission, we shall march forward with greater courage and perseverance to make the Logo of the school "Let your light shine" a reality in the lives of everyone who pass through Ursuline Convent Sr. Sec. School. May the Lord lead us on ... into Silver ... and the Golden Years !!!

Sr. Mariella UMI

It is nostalgic to summon up my journey at Ursuline Convent Senior Secondary School. I started on 12th July, 2010 it seems just like yesterday. Indeed amazing how far the institution has traversed. It's a phenomenal growth in 15 years. It is inevitable that the time has changed. The remarkable thing though, that when I visited the place recently it holds the values and sacredness intact within itself. So many memories and experiences are associated with the school. I wish the institution the very best for all future undertaking.



"Take pride in how far you have come and have faith in how far you can go"

Sr. Yvette UMI

THE URSULINE SEED OF EDUCATION



Sr. Anjali UMI

"If you plan for a year, sow corn. If you plan for a decade, plant trees. If you plan for life, educate your children."
(Chinese Proverb)

A seed represents the beginning or starting point of all living things. Inside of the seed is all that is needed to grow into something magnificent. There is nothing to add, subtract or change within the seed to produce its harvest. Every seed contains a light. The divine light that is present in every seed is manifested through its fertility, through the potential to grow and to be a source for new life. And the most amazing part is that, given the proper conditions for growth, one tiny seed will produce so much more than itself. The seed is a symbol for the deepest mystery

of creation. For thousands of years farmers have known how to listen to these mysteries, and so found ways how to grow and to harvest, how to preserve the seeds, how to provide for them the best circumstances, considering the conditions of the earth, the soil, and the weather, and considering how much they connect us with the past and the future, our ancestors and our grandchildren.

The seed of education plays a great role in the life of everyone all through the ages. Getting proper education is very necessary to get success and happy life just like food is necessary for healthy body.

It develops personality of the people, provides physical and mental standard and transforms people's living status by providing better life and making their life productive, rich, cultured and civilized. Good education is constructive in nature which constructs one's future forever. It helps a person to improve his/her status of mind, body and spirit. It is through education that a person develops his/her knowledge, intelligence, confidence, skills and attitude.

Being well educated is the only means to earn certificates and good salary from the recognized and reputed organization, companies or institutions however it also means to be a good and social person in the life. It helps to determine the right or wrong, good or bad. The first purpose of getting good education is being good citizen and then being successful in personal and professional life. We are incomplete without a good education because education makes us right thinker and correct decision maker. In such a competitive world, education has become a necessity for human beings providing solutions to all problems, promoting good habits and creating awareness about corruption, terrorism, and other social issues among us. It is a powerful tool that offers inner and outer strength to a person and education is the fundamental rights of everyone and capable of bringing any desired change and upliftment in the human mind and society.

The Ursuline seed of knowledge was planted in the soil of Greater Noida 15 years ago aims at the education of the Catholic community around and extends its service to members of other communities to the extent possible. The school stands for academic excellence, development of skills and character-formation based on the love of God and the service of the people as modeled in Jesus Christ with a view to train citizens for remarkable all-round development and sincere commitment to God and country. Value Education was given to all students aims at inculcating in them right values and attitudes thus bringing out the best in everyone.

It is indeed a moment of pride to celebrate the

achievement of another landmark, the 15th year of the establishment of our institution in continuation with a proud legacy handed down by our Foundress Blessed Brigida a great educationist of her time and march towards a persistent endeavor as obtained by God and achieved with hard work and vision. New thoughts and ideas have flowed in and many cultural activities have been introduced keeping with environmental realities. The school believes in imparting a comprehensive education for the multi-faceted and holistic development of the students.

I strongly believe in the ideology that Ursuline is a pathway to educational excellence and it elevates students to higher levels of learning. The effective association of the staff, parents and students testifies to be the significant strength of the school in reaching the pinnacle of success. We believe in creating classrooms that are invigorating, in which our students stretch themselves to their optimum capacity in pursuit of knowledge under the benevolent and illustrious guidance of their teachers. Teachers sense of responsibility and loyalty, devotion to duty, spirit of co operation, deep concern for every individual student and a personal touch in everything they do, has tremendously contributed to create an ambience congenial to successful learning and fostering a harmonious and cordial relationship between the staff and the students.

We the Ursuline seed of education sown in the area of Greater Noida are committed to serve the society through our educational institution providing every student the soil to sprout, the sun to glow, water and manure to make it grow and space for roots to spread and thus to become a fruitful tree. In this endeavours, we rededicate ourselves to the noble vision of our Foundress Blessed Brigida Morello and it is our sincere hope that inspired by her vision we take this prestigious institution to new heights in the years to come and contribute our mite in the service of our society, nation and the world at large. To succeed in life let us ever remember the message of late President A. P. J. Abdul Kalam " You have to dream before your dreams come true with a single minded devotion to your goal". ■



Ursuline Education

Aimed at Freedom and Social Transformation

“Education is the key to unlock the golden door of freedom.”

-George Washington Carver

Ursuline education is focused on the vision and mission of our Foundress Blessed Brigida Morello, who was actively involved in the moral and spiritual formation and upliftment of the young girls of her time. She esteemed education as great service. In our schools we aim at promoting the dignity, self-esteem and integral formation of each student. We strive to harmonize faith and culture in order to build a better society where common good is taken care of. We take great care of the girl children with specific emphasis on empowering them to take up leadership at every strata of society. However our programme of education is all inclusive. It is person centered and deeply rooted in the values of respect for life, solidarity, truth and justice.

The education we impart equips the students to face the challenges of life. Through the multi-dimensional educational and creative activities of our educational institutions, we create an atmosphere where tradition and modernity blend seamlessly that the students value their tradition and culture and are in synchronization with all advancements which are the needs of the hour. Recognizing the changing phases of the world in this modern era where negative influences are seen in every realm, we mould the students into finer individuals capable of excelling in their life and future mission with positive attitude.

Our Foundress Bl. Brigida, a great educationist, had a vision based on her keen observation of the reality of her time and we carry out the same by providing a quality education that combines spiritual and human formation to enable our students to live purposefully in a world where intolerance and violence especially against women is on the increase. To make her dream come true, we respond to the signs of the time today by contributing to the integral formation of the young in collaboration with their parents and staff, orienting them in that line.

The need of the hour is to help the students to discover their true identity and accompany them as a mentor and guide. Helping them to be connected with their own deeper selves is essential. Education has to develop the consciousness of the students. They have to finish the schooling with knowledge and enlightenment. The way one learns to communicate is more important than what one communicates as it is required to avoid disharmony and to grow as refined personalities. Schools provide the opportunity for the same. Every Ursuline educator is called to develop in the students the sensitivity, love, respect and responsibility towards nature and its resources. Ursuline schools provide a conducive atmosphere to help them to grow in inner peace and harmony. We conscientize them on the right use

of the media. For this various seminars are held time to time in our every educational institution. Our Schools motivate them to share and care for the less privileged and sensitize them about the gender related issues that are affecting the society and help them to grow up as responsible, sensitive, respectful and empowered men and women able to think and judge for themselves.

Ursuline educational Institutions form Alumni Associations to promote a lifelong link. It also creates an emotional link between the alumni themselves and it is growth promoting.

John Dewey said that education is not preparation for life, but it is life itself. Education is not over with the completion of schooling. It continues in one's life. As far as one remains open and receptive, education of the heart takes place automatically and that liberates one from all clutches of vices in the society. When one is liberated from the evil influence from within and outside, a personal transformation takes place and the mind is filled with positive thoughts. This Personal transformation leads to social transformation and social transformation takes one to nation building. When it happens education is productive. Social transformation and Nation building through education is our dream. When this dream is realized and the growth takes place we can proudly pray with Rabindranath Tagore - Where the mind is without fear and the head is held high; where knowledge is free; where the world has not been broken up into fragments by narrow domestic walls; where words come out from the depth of truth; where tireless striving stretches its arms towards perfection; where the clear stream of reason has not lost its way into the dreary desert sand of dead habit; where the mind is led forward by thee into ever-widening thought and action - into that heaven of freedom, my Father, let my country awake.

Ursuline Convent Sr. Sec. School, Greater Noida, one of our educational institutions, is in its Quindecennial-Celebration. At this juncture I am delighted to witness the excellent rising graph of our school and to observe how it is scaling new heights each year imparting value based and quality education to the students who come here seeking knowledge and wisdom. I pray that the students who pass out from our school become worthy citizens of our nation and a source of inspiration to all and the acceleration of this ever glowing ascent continues ceaselessly in the years to come. We take the lamp of hope in our hands and move forward with determination and commitment.

Sr. Daisy George UMI

Nirmala Provincialate, Greater Noida

“The source of justice is not vengeance but charity.” - Mother Bridgit of Jesus



In a broken, collapsing world it is charity and love that can restore a just society.

Ursuline Convent School, Greater Noida has always intended in creating a just society by following the footsteps of our Mother Foundress Mother Bridgit of Jesus. This is evident in the objective of the school “Promoting the growth of integrated personality of a student by imparting to him/her a sound moral, intellectual, aesthetic and physical education. This education is imparted through faith, love and service. A child who is brought up with such love grows up to be an individual who in turn loves and cares for the world.

Ursuline Convent has always striven to prepare an individual to face the challenges of the modern world with confidence. Students have also exhibited such confidence even while in school. Students from every strata of the society have transformed and groomed in able hands to

become respected individuals.

“To write well and speak well is mere vanity if one does not live well”. Following these words of Mother Foundress, Ursuline Convent not only imparts academic skills to its students but also develops the overall personality, so that they may not only be able to face the challenges of life but also create a world worth living in.

The growth in students is evident every time the students put up a programme. They have always made the school, teachers and management proud in all spheres. This has made teaching a valuable experience in Ursuline.

Ursuline Convent is not just a building with four walls. It is a world of love and encouragement, a world which transforms and builds life, a world which teaches to encounter the real world and endure to create a beautiful and meaningful world.

Mrs. Marykutty



People feel nostalgic when they miss their childhood. Similarly, I feel nostalgic when I go down the memory lane of my fifteen years spent in Ursuline Convent Sr. Sec. School. This school gave me wonderful opportunity to pursue the noble profession of teaching.

My life is similar to that of a small child who sees a plant growing into a tree bearing fruits and flowers. I have seen the school grow from a handful of children and teachers into an institution of almost two thousand students and about seventy teachers. I feel proud to be a part of an institution that changed the lives of so many children.

This institution which had such a humble beginning has grown up to become one of the best schools of the city. The school has been fortunate to have a series of Principals who nurtured the school to this level of prosperity under their able guidance. Each of them had their unique qualities of leadership, enthusiasm and the ability to see the big picture and work accordingly. As the sun is incomplete without the rays, similarly, you dear children, are the rays of light which illuminate the school.

I have taught a lot of students and have learnt a lot from them. It feels great when the students whom you have taught reach back to you after they have achieved their goals in their lives. The best feeling is that I had the chance to play a part in their success. I feel blessed as a teacher of this esteemed institution as I not only had the chance to learn but also to change the lives of many by being their guiding light.

Mrs. Jolly Jose

MESSAGE



It is a matter of great joy that Ursuline Convent Sr. Sec. School, God's millennium gift to the people of the locality, has completed 15 years of dedicated service to education in Greater Noida. This Institution has done a great service in providing quality education aiming at personality development. It is a beacon of light to the people contributing to the spiritual, moral and intellectual development of the youth.

I thank God Almighty for His immense blessings upon the school in the noble task of educating thousands of students. The commitment, handwork and genuine service of the management and staff brings success to the Institution.

I wish and pray that Ursuline Convent Sr. Sec. School continues to meet the academic aspirations of the young minds.

With best wishes
Sr. Marilyn UMI
Manager



Fond Memories of late Sr. Cleophia, Our 1st Principal

Like the path of the Sun which begins to shine from sunrise, glowing in splendor till it reaches the mid-day, Sr. Cleopha rose in splendour and shone bright within the span of years, the Lord gifted her with. She was a true educationist with her wisdom and farsightedness. Her experience of many years in the field of teaching and forming the young minds left a lasting legacy. We remember her as a pleasant, approachable and committed Ursuline who guided many young minds inculcating values in them and thus helping them to put a strong foundation to their lives. She had been loved, appreciated and respected by all those came in contact with her. She was a perfect, systematic and good administrator who maintained a good rapport with everyone in the circle of her work. Her hard work in the initial stages of Ursuline Senior Secondary School, Greater Noida as its first Principal helped this reputed Institution to grow step by step.

We pay homage to her by bowing our head in gratitude to God for the marvelous works he has accomplished through her in spreading the light of knowledge. Though she is no more with us, the memories of her good deeds are ever cherished. She continues living in the hearts of the Ursuline family.

Management, Staff and Students
Ursuline Sr. Sec. School, Greater Noida

Prize Distribution 2015-16

“Champions are a result of grit & determination”

We had our prize distribution ceremony on 30th April 2016. The meritorious students have been rewarded for their hard work. We had Fr. Mathew as our chief guest and Sr. Rithee as the guest of honour. The panel of luminaries were sparkling and they added grace to the event. A series of cultural programme staged by different students added to the charm of the event.





ACHIEVEMENTS

Hearty Congratulations!



SOF: Best District Principal was awarded to Sr. Nirupa, in the recognition of outstanding performance of school in the Olympiad exam during 2014-15.



Winners of SOF-Olympiad -2014-15:

Student Name	Class	Exam	International Rank	State Rank
Shreyas Jain	VI A	IMO	4132	364
Sooraj Tiwari	IX C	NSO	5442	423
Shivam Chauhan	VII B	IMO	2662	245
Nainee Chauhan	X C	NSO	4001	360



South Point Public School, Purkhash Road Sonipat, Haryana organized 2nd NCR Roller Skating Open Championship 2015. Mayank Chaudhry IX-C from won Gold Medal in Ringball Match, Silver Medal in Road Race (4 KM), Silver Medal in Roller Skating and Bronze Medal in Rink Race.



Ramleela Vijay Mahotsav was organised at Site-4 Central Park, Greater Noida on 13 October, 2015. Ursuline Convent Sr. Sec. School got 1st prize and cash amount in Junior category. Participants are Kalyani VIII-C, Anushka VI-C, Lakshmi VI-C, Amrita VI-A, Keslin V-A, Tanya VI-A, Avni V-C, Payal V-C, Aditi V-C, Aanchal V-C Renuka V-C and Archisha IV-B.



Ramleela Vijay Mahotsav was organised at site-4 Central Park, Greater Noida on 13 October, 2015. Ursuline Convent Sr. Sec. School got Consolation prize in Senior category. Participants are Shatabdi X-B, Ananya X-B, Sneha X-B, Ayushi X-B, Simran X-B, Parikit X-A, Marvi VIII-A, Chavi X-C, Shruti X-A, Pragati VII-C, Vandit VII-C, Khushi VIII-A, Sakshi X-C and Sanjana VIII-A



CBSE Athletic Meet Cluster III was held at Uttarakhand from 3rd to 7th November, 2015. Shiv Kumar of Class X from Ursuline Convent Sr. Sec. School won Gold Medal in High Jump and was selected for National level.



CBSE Athletic Meet Cluster III was held at Uttarakhand from 3rd to 7th November, 2015. Rajeev Ranjan of class XII B from Ursuline Convent Sr. Sec. School won Silver medal in Javelin Throw and was selected for National level.



CBSE Athletic Meet Cluster III was held at Uttarakhand from 3rd to 7th November, 2015. Ashutosh Prasad of class XI A from Ursuline Convent Sr. Sec. School won Bronze medal in Long Jump.



On 12th Dec. 2015, a number of students participated in various competitions held in Fr. Agnel School, Greater Noida on the occasion of Christmas. Our students received second prize in Carol Singing, second prize in Crib Making and third prize in Craft Making.



The participants Vanshika Bajaj - XI A and Anushka Tomar - XI B won the third prize in Science Symposium organised at Aster Public School, Greater Noida on 9th Dec. 2015.



Shanu Saif of class X C secured 1st Runner Up position in Solo Dance Competition at Madhurang 2015 held at Gyaneshwari Institute, Gamma-2, Greater Noida on 6th September, 2015.



Komal Mehta of XII B got the Appreciation Award from CBSE for participating in National Athletic Championship 2015.



Shrey Teotia of class V got Bronze medal in CBSE Skating Championship 2015.

Annual Day Celebration



The Power of Wings

On 17th November our school witnessed the grand event of annual function **"The power of wings."** The programme was brilliantly presented by the lads and lasses of our school.





Teachers' Orientation Programme



Students Orientation Programme



Parents Orientation Programme



Toddler's Parents Orientation Programme





Investiture Ceremony 2015



Fete 2015



LA Inauguration



LA Closing



Earth Day Celebration





Independence Day Celebration



Republic Day Celebration



Kargil Victory Day



Holy Week



Magic Show 2015



Onam Celebration



Christmas Celebration



Labour Day Celebration



Diwali Exhibition 2015





Birthday Celebration of Sr. Nirupa



Teachers' Day Celebration



Children's Day Celebration



Feast of Mother Mary



Bidding Adieu to Class XII



Prize Distribution Ceremony 2014-15



Seminar on Prevention of Suicides





Green Day Celebration by KG



KG Activity Day



LKG Picnic

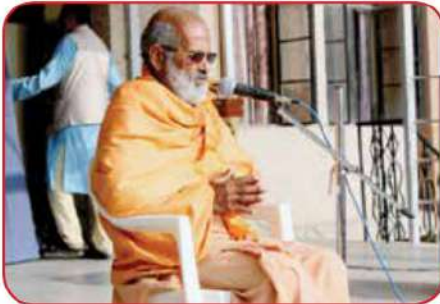


Toy Day



Peace Mission 2015

On 4th December 2015, we had a peace mission. A group which came all the way from Varanasi lead by Param Pujye Swami Shachidanand Bharti and father Anand. They captivated the heart of student by thin, powerful & inspiring words.



Special Assemblies



Dussehra



Ambedkar Jayanti



Eid-ul-fitr



Maha Shivratri



Raksha Bhandhan



Diwali



AIDS



Guru Nanak Jayanti



Bullying

Creative and Innovative Minds



Biology Laboratory



Physics Laboratory



Chemistry Laboratory



Computer Lab



Smart Class



Music oom



Library

BRAIN BANK – The source of thoughts and actions



Prisca Julie Franshaw
School Counsellor

“Our potentials are limited not by any external situations, but rather by personal choices, to restrict our own options to those we feel comfortable with.”

Everything, from the behavior of an atom to something as big as galaxy, could be explained on the basis of Homoeostasis. This concept was useful only at a physical level, in clarifying some effects of spirituality but its major benefit was to give a better understanding of concept such as love, compassion and any such feeling that was interpersonal.

Counselling is a process that includes not only a technique but, more, an understanding of human psychology and, importantly, of life in general.

“Our potentials are limited not by any external situations, but rather by personal choices, to restrict our own options to those we feel comfortable with.”

As its obvious, acquired behavior is formed according to personal experiences and hence tends to differ from individual to individual, as also according to community, religion, region, country, culture, age .etc. The significance lies in the fact that our past experiences play a very important role in attaching meaning to different situations, thus determining our outlook towards people or situations. Though the cause of most of our problems lies in our pattern of behavior which is molded from our past experiences, yet it cannot be said that experiences are playing a villainous role in our life. Whatever good or bad, we cannot exclude the impression of these experiences but more importantly, our behavior is like software inside a computer without which the computer is lifeless. The software helps give meaning to the functions of the computer and also to determine much of its efficiency. Absence of experiences similarly would

cause failure to learn many skills that are essential for survival or for determining the purpose of our survival.

Religion, in its essence, means controlling one's mind. All rituals of religion, when not reduced to sheer mechanical motions or twisted by blind beliefs propagated by the self-seeking clergy, are steps in that direction, especially for those who lack the mental and intellectual equipment for an enquiry into their inner self. For the better endowed, the question is not of quibbling about the biological location or nature of the mind; what they need to aim for is the source of will, lack of will or anti-will. We need to go beyond clinical knowledge, beyond the plentiful such information our academic bodies have. We should enquire into what makes us the way we are, what makes our will weak or strong, what purpose we seek from our lives beyond merely catering to the physical necessities. Our intellectual art must explore the sources of power to sprint, the power to endure. Such power is rooted in the deeper, non-rational layers, which can neither be ignored nor treated disrespectfully. It must be recognized that the conceptual 'day-time' intelligence is not all in all. If the first winds of youth are to make our bright students good people, they must be exposed to an educational technology, which makes them conscious that without launching an enquiry into the mechanics of their own mind, they will not travel far along the wide avenues of opportunity, which open out to them from the intellectual-academic knowledge acquired by them.

“Devote a large share of gross revenues to knowledge management. Think research and development.”

ANNUAL SPORTS MEET

2015-2016

Annual Sports Meet 2015-16 was held on 17th and 18th December 2015. Respected Father Bento Rodrigues was the Chief Guest. Mrs. Jaishree Joshi, Principal- J.P.Public School, Captain Praveen, Principal- Samsara World School and Mrs. Anju Kapoor Principal- Holy Public School were the guest of honor. The day was full of excitement, thrill and joy.





USM REPORT

ADVANCING STEPS ON THE PATH OF SOLIDARITY

To promote solidarity, 15 students along with two teachers Mrs. Reena Srivastav and Mrs. Sindhu Thomas, went to Shanti home – a home for elders on 1st Sep. 2015. Shanti home is taking care of those elders who are suffering from mental problems. Some gifts were given to them. USM members played and spent some meaningful time with them. They were overjoyed to see our children. Children also came across one of the realities of life.



ONE MORE STEP TOWARDS THE FIVE PATHS - RAKHI EXHIBITION

On 20th August 2015, a Rakhi Exhibition was organised by USM members. Beautiful rakhies were made by Classes I-XII. It was a sale-purchase exhibition. A small sum of profit was excelled that shall be used in social work that is done by USM members time to time.



FUTURE LEADERS

In the month of April-May 2015, a group of 30 children along with their mentors attended the seven-day leadership training program at Indore. During the sessions, they were given different assignments to enhance their skills. It developed their confidence too. We hope that these budding leaders will abide by the values of USM to make this society a better place to live in. It was a period of self realization and self reflection.

COMMUNAL HARMONY DAY

A special assembly was conducted by the USM members on the Communal Harmony Day. Our SPL Vanshika Bajaj delivered an impactful speech on Secularism. Students were reminded of the Five Paths of USM. The members of USM, both teachers and students, performed an action song 'Mere sapno ko janne ka hak hai'.



PLURALISTIC VISION FOR INDIA TO BUILD A CIVILIZATION OF LOVE WE VISUALIZE A WORLD WITH

- We visualize the family spirit of Hinduism and Bahai Faith
- The discipline and fellowship of Islam
- The courage of Sikhism
- The compassion of Buddhism
- The non-violence of Jainism
- The creativity of Parsi religion
- The indomitability of Judaism
- The cosmic solidarity of tribal religion
- The self sacrifice and forgiveness of Christianity

WELLBEING CELL 2015



Every person in the education service plays a role in keeping children and young people safe. Building a secure learning environment, identifying pupils who are in distress or at a risk of harm and then taking suitable action are vital to ensuring children are safe at school at all times.

The safety of children has become a crucial point of discussion across the country.

Child protection is defined as the “strengthening of country environments, capacities and responses to prevent and protect children from violence, exploitation, abuse, neglect and the effects of conflict.” Following this decree education system have an important part to play in realizing child protection as children spend a significant amount of their childhood in the school environment,

which is the next influential setting for the child after the family. Schools must mandatorily create and implement a Child Protection Policy and must efficiently include child protection into their processes, curriculum and staff recruitment. Bringing in the concept of child protection in education systems can lead to essential changes in the ways schools function, children’s behavior when attending school and the method in which teachers or school authorities interact with children.

In regard to the wellbeing of a Child, our school has a wellbeing cell, having 6 members in the team under the guidance of our Principal, Rev. Sr. Nirupa. Members of the team include School Vice-Principal, School Counsellor, School Coordinator, a Doctor, a Lawyer and a Sports Faculty where children are free to reach with their problems.

Prisca Julie Franshaw, School Counsellor



A STEP TOWARDS SOCIAL TRANSFORMATION



Education is a means to broaden the horizon of millions. Our school imparts education to the underprivileged children of the locality during the evening hours in the school. They are provided with books, notebooks and stationary by the school. Special care is taken by the teachers who have been appointed for this purpose.

Education is the only means to change the world. So, we believe in shaping the destiny of these children who can motivate others of their family and society. We believe it is a small contribution in this big ocean of knowledge. They come, play and learn. The whole experience is mind boggling.





Let us always meet each other with smile, for the smile is the beginning of love. Spread love everywhere you go. Let no one ever come to you without leaving happier. Let us touch the dying, the poor, the lonely and the unwanted according to the graces we have received and let us not be ashamed or slow to do the humble work. Let us more and more insist on raising funds of love, of kindness, of understanding, of peace. Money will come if we seek first the Kingdom of God - the rest will be given.

-Mother Teresa

Evening Classes



Students Corner

English Section





STUDENT PUPIL LEADER SPEAKS...

Education is the sum of a person's intelligence and character. School is the place that helps us acquire both of these qualities. It is the mark of one's identity. Whatever knowledge and aptitude I have gained, I owe to my school. It has not only imparted in me education, but has also imbibed in me the qualities of self-confidence, discipline and the most important of all - leadership. All these qualities form the inner core of my character and make me the SPL [School Pupil Leader] of the school. Holding high the school flag and working well according to the badge is a hard nut to break. What gives me strength is the very supportive management, dearest teachers and creative students. But what form the basis of my administration are the qualities I developed in USM Leadership Training Program that I attended three years back. It has been really helpful to me when it comes to holding the responsibilities that come along with the badge. I give my special thanks to reverent Sister Nirupa for encouraging us to attend this program.

I am extremely happy and lucky to become the SPL of the school and I am trying my level best to take our school's name to greater heights.....

**The woods are dark
The woods are deep
Miles to go before I sleep
And so many promises to keep...
Miles to go before I sleep**

Vanshika Bajaj
(Head Girl 2015-16)

BEING ME

'Being me' is the best experience to be something in life. Actually in this monotonous racing world we all miss something. Something that we really love. Something for which we can die and something for which we survive. Every individual has some or the talent, a talent which others aspire for. But it's shady that many of us don't realize the true potential of oneself. And when these talents are not given a chance they start to rot up and it's sure that none likes rotten stuff. When one comes to know about his or her specialties and really tries to sharpen them up, then those specialties turn to become the identity of a person. Thus rejoicing the hidden potentials and doing something to enhance their beauty is very important aspect of being oneself. 'Being me' means being what you are. Everyone wears a fake mask in this cruel competitive world but when a person removes this mask off and shows the world that the real picture is revealed. Therefore 'being me' is worth important and enjoying life while being your own self makes you the king of the world.

Muskan Sharma (XI-A)

THE VANISHING BEAUTY



"I may not be handsome, but I can lend a hand to some in need. Beauty does not lie in the appearance; Real Beauty lies in the heart." - Dr. Abdul Kalam, the visionary man said. According to him, a person should not be judged on the basis of his/her appearance but his inner beauty - the purity of the heart. Are we following the same track as the great man? Or are we just going on the opposite track running parallel to it? So friends, it's time to change the track and move with a new mission.

In this present world, a person is judged on his looks, appearance, new trendy clothes and even his branded shoes. I am confused. Is this the way of looking at people and defining them? We usually give our body good exercise. We take care of our skin very much than needed. But we fail to exercise our heart. Our beauty is not in the make-up we wear or in our looks, it is reflected from our heart, which sees the good in others, which is selfless and kind. In ancient times, people were valued for their inner beauty, their selfless actions and deeds. They were not described on the basis of their appearance. We all have to be worn out someday or the other and at that point of time, the quality of our heart will be what on we will be judged.

Today we will not be able to find out a beautiful person except for some individuals. So our mission is to change the mentality of the people and provide the right knowledge to the coming generations. Since you know what beauty is, can you analyze and evaluate ...

ARE YOU REALLY BEAUTIFUL?

Amritha Madhu (X-A)

"DEMOCRACY: A BOON FOR COUNTRY!"

"Of the people;for the people;and by the people"-This is the sole agenda of the democratic government... just the way Abe Lincoln said it....

India is a country with diverse cultures, traditions, religious and political beliefs. To keep such country together, and take the nation on path of progress, democracy is suitable form of government. Democracy fulfills the basic human rights that are entrusted to each one of us. If I have to idealize a statement on democracy that would probably be:-"Democracy makes its inhabitants independent, they are masters of their own will. They have the right to choose, right to express etc. Yes!! The independence has come with... Terms and conditions applied !! We are the masters of ourselves: but we are not liable to perform any task, which are posing harm to anyone's sentiments.

Ideally, with this form of government our country "will" progress. The highlighted text is shown because-our country is functioning on the democratic form of government; it's undoubtedly a universal truth. But at the same time, the unprobed aspect of this form of government is really pathetic. The dearth of fundamental principle of democracy has landed up with a form of government called "richocracy".

Indeed it is a government of wealthy persons. And this is the only discrepancy here, which eventually results in making our country among the top trenders of the corruption. Our country surely will excel I and can wonderstruck everyone in this world by its unbeatable youth power, prodigy minds and fabulous talents. When the principles are enforced with all their vitality, then the title of my article will hold its proper aptness, till then let's hope for the best.

-Vaibhav Sharma
(XII - A)

Manzil

Maine apni manzil ko pane ki,
Koshish to bahut ki...
Aur meri manzil ne mujhe,
Harane ki saazish bhi bahut ki...
Na jane kitne intehaa diya zindagi ne,
Yeh sochkar ki tu aage badhe
Na khud par sankoch kare...
Ek pal aaya jab apna,
Koi na mere pass tha...
Tab meri himmat'
Aur aatmvishwas mere saath tha...
Chalta gaya apne dagar par,
Aakhir maqam ko paana tha...
Aur baaad mai samajh aaya...
Jise kahia maine manzil ki saazishe,
Wo to mujhe nikahrne ka bahana tha...

-Vaibhav Sharma
(XII - A)





COLOURING IS GOOD FOR YOUR SOUL

Anything that calms our mind and brings us into a state of relaxation is good for our mental and physical health. Anything that enables us to express our creativity is good for our soul, and even grown-ups need to play sometimes; we all need some fun.

I love coloring, I always did – since I was a little boy I would spend hours with my books and crayons, so I was delighted when I discovered that how it rejoices us. Me and my brother would sit down together and color at the kitchen table, laugh and talk about our day and what is going on in our lives. Even one time my father sat with us and colored too! Mindful coloring however, is a little bit different, and I'll talk a bit about it here.

Did you know that our brain thinks between 50-70,000 thoughts per day? It is designed to think, and think it does, primarily (and unfortunately for us) focusing on the thoughts about things that are the most stressful to us. This does actually make sense, we are wired to survive and in society today survival means financial security, being accepted in our relationships and having a successful career. Anything that falls outside the lines of where we feel we should be in these areas are considered to be a threat, by our brain anyway.

Being mindful means only thinking about

things that are happening in the present moment. So the best bit is that you are allowed to think, you don't need to silence your mind (yay!) but the difficult bit is that you DO have to be aware of the thoughts that you are thinking and keep them in the present moment. And as far enough away from worrying about things as you can.

You can go for a mindful walk, you can do the washing up mindfully, but our mind does tend to wander away on tangents, bringing us back to our problems or forward to plans for the future, or to tasks we have not yet completed. This is where coloring as a tool for mindfulness can come in beautifully.

Choosing a picture you like, selecting colors you resonate with, then applying them thoughtfully on the page calms your mind, slows down your heart rate and brings you more into your body. Paying attention to the lines, the blending and shading, knowing nobody is judging you, you can relax and color to your heart's content. So keeping your thoughts on the colors, the image and how you are feeling is the essence of mindful coloring. Okay, you might wander off somewhere else in your mind at some point, but the act of coloring will always bring you back to it.

Yash Sharma (XI-A)

REFLECTION

In our complete lifetime we follow what others say or what our mind says. We may achieve success in it anyhow and may even be at great heights, but we excel in the field in which we have interest. We should listen to what our heart says because it paves our path to zenith. We need to recognize our credibility and pursue our dream with passion, because dream along with passion works great wonders.

'Life is not a bed of roses, but a bed of thorns'. We face many ups and downs in our lives. But success lies in the way we perceive them. The need of the hour is to face challenges with grit and conviction. 'We should not wait for the storm to pass, but should learn to dance in rain.' With valor and faith, we can overcome the greatest obstacles. As it is said, 'tough times pass, tough people survive.'

We have got just one life and this is high time to either make it or else break it. Realizing our potential, stepping out of our fears is something we should do to reach the pinnacle of success. Also one can't achieve until one gives a try and learn from mistakes.

Vanshika Bajaj (XI-A)



The sweetest victory is the one that's most difficult. The one that requires you to reach down deep inside, to fight with everything you've got, to be willing to leave everything out there on the battlefield-without knowing, until that do-or-die moment, if your heroic efforts will be enough. Society doesn't reward defeat, and you won't find many failures documented in history books. The exceptions are those failures that become steppingstones to later success. Such is the case with Thomas Edison, whose most memorable invention was the light bulb, which purportedly took

WHY IS FAILURE GOOD FOR SUCCESS

him 1,000 tries before he developed a successful prototype. "How did it feel to fail 1,000 times?" a reporter asked. "I didn't fail 1,000 times," Edison responded. "The light bulb was an invention with 1,000 steps." Unlike Edison, many of us avoid the prospect of failure. In fact, we're so focused on not failing that we don't aim for success, settling instead for a life of mediocrity. When we do make missteps, we gloss over them, selectively editing out the miscalculations or mistakes in our life's resume. Too many in our success-driven society, failure isn't just considered a non-option- it's deemed a deficiency, says Kathryn Schulz, author of 'Being Wrong: Adventures in the Margin of Error'. So at last it can be said that failure is the seed of growth and success, which is evident by the life of those great people who have attained their greatest success just one step beyond their greatest failure....!!!

Manvi Saini (XI-A)

WHAT IS LIFE?

As defined in most dictionaries, life is a period of existence, but to me life is not just that. It is a way of living and life is living itself. It is an amazing combination of loyalty, love, hope, time, patience, courage, faith, strength, enjoyment, smiles, perseverance, happiness and all of the other beautiful things we often think about.

Some people might not know it, but the happiness of our lives depends on the quality of our thoughts. Though life is full of ups and downs, it has many facets of blessings and successes.

To some people, life is hard, cruel and merciless. These set of people see life as punishment throughout their entire lives. They therefore resigned themselves to fate, believing all is finished. To them, nothing that they do can ever be good. They take delight in committing crimes and maiming others to avenge their ill-fortune. They lose every sense of direction and most times, some of them go as far as committing suicide, just to escape the injustice that life has meted out to them. They treat life like a slot machine, putting in a little and always hoping to hit the jackpot.

But there are those who see life as a challenge, a channel of discovery and innovation, a prospect for success and a gateway to wealth. To them life is sweet, colourful and kind. No matter the situation these people find themselves, they keep pressing on, believing in a cause, a cause to succeed and get the most out of life. No wonder an adage says, "Where there is life, there is hope."

The will to succeed or fail lies within an individual jurisdiction. You can live life to the fullest with utmost satisfaction and fulfillment if you determine with all your mind, body and soul to succeed. On the other hand, life can be miserable to you if you take everything for granted and wait on fate to play itself out.

Setting of goals and strategic plans that will strive no matter the odds which may move against you is one of the basic things needed to get the best out of life. These goals which must be result-oriented, should be followed up consistently even if things seem blurred or unyielding at first.

Life is a challenge. And for anyone to succeed in life, he must be ready to show the stuff he is made of. He must be ready to sacrifice his time and build up his mind frame toward success. The surroundings should not influence or affect us in our daily quest for success in life. Instead, we should control the happenings around us.

Have you ever noticed a person who is concerned with the contribution he can make, how much he can give, and how much he can add to life? Usually that person is always wise, happy, and has more inner peace. Ralph Waldo Emerson once said, "Happiness is like a perfume; you cannot give it to others without getting a few drops on yourself."

We should start right now, this very moment to put the definitions of "life" together and make the most of it. We have only one life. Therefore, we should realize that it is too precious to be destroyed or ruined.

Henry Van Dkye so aptly phrased this in a poem when he wrote:

Too short for those who wait;
Too swift for those who fear;
Too long for those who grieve;
Too slow for those who rejoice;
But for those who really live,
Life is not.

Anandu Pillai (XI-A)





MISTY VALLEY AND A MOUNTAIN STREAM

Some time back, I was reading a book named “Man-Eaters of Kumaon” with my father. This famous book was written by Jim Corbett. In one of the stories he had described a beautiful place called “Mukteshwar” where he had killed a man-eating tiger. That was how a family trip to Mukteshwar was planned. But, due to exams in the school, my brother and because of him my mother decided not to come. I was very keen on going and my father agreed to take me there this time.

We travelled by Shatabdi Express and reached Kathgodam. From Kathgodam, we hired a cab to Mukteshwar which took about 3 hours. Our guest house was a beautiful old English building. In the evening we had a walk to “Chauli Ka Jaali”, a beautiful viewpoint and enjoyed the sunset. When we were coming back, we saw beautiful crescent moon and sky full of stars. Dogs from the nearby villages barked throughout the night. It was tough for me to sleep because I feared that one of the tigers from the nearby forest will come and take me as its meal.

Next morning, we woke up early and went for a walk. Near our guesthouse was the PWD guest house where Jim Corbett used to stay for writing his books. Then we visited the laboratory of Indian Veterinary Research Institute. We saw many animals like goat, sheep, mouse, and rabbit there. In the evening we went to the temple of Lord Shiva on the hill top. Slowly the hills were filled with mist like a blanket. We went

back to our guesthouse and had a delicious pahari dinner made by the khansama, Joshi uncle.

The second day, we hired a guide for trekking. We went through a deep forest, fearing encounter with wild animals. The guide showed us the spot where Jim Corbett killed the man-eater. After walking for about an hour we reached a tarred road and the walk became easy. At the end of the road there was a beautiful open place with blue sky, green grass, Rhododendron trees with bright red flowers and fresh air. We saw fruit trees like apple, apricots, peach and pear. We saw a villager’s house which was nicely decorated. On the way back my guide showed me a place where a natural spring was coming out of an Oak forest. The water was cold and sweet.

The third day, we went to see a river and waterfall. The area was full of pine and oak trees. I collected many pine cones. I slipped on the fallen pine leaves and fell down many times on the way. After walking for about four hours I heard the sound of water rushing through the rocks. I started running in the direction of the sound and found a very clear stream, crashing through the rocks. I missed my brother because with him I would have enjoyed more. I started swimming in the cold water. We enjoyed there for an hour. Return journey was very tough as we had to climb many hills. After spending 3 days there I was less afraid of wild animals and had a good sleep.

Devnarayan K M (VII-A)



Many say that the youth of today is irresponsible. What have they done to deserve such a remark? This view merits consideration and it is debatable.

Youth is a period where young men and women are filled with exuberance, curiosity and the thirst to seek out excitement and fun. Such ebullient attitude by the youths is often looked down by their conservative elders, who always criticize the behavior displayed by the youths as irresponsible. Also, the lack of discipline in youths is conspicuous. Many of them have tried smoking, drugs or drinking initially to taste the experience. However, some unconsciously become addicted to it, ending up as heavy smokers, alcoholics or drugs addicts, which ultimately ruin their future prospects of good life. This undisciplined behavior illustrated by the youth leads to a compelling criticism of the youths being irresponsible.

However, let us also not forget it is only a negligible number of youths that fall under this category; most of them are obedient, disciplined and hardworking young people who are willing to work for the better. Talking about responsibility, adults are far from being responsible. Crimes are com-

mitted more by the adults than the youths. Robbery, serial homicide, etc. are mostly done by adults. Hence it is unjust to generalize that only youths are irresponsible.

What's really contributed to this uprising criticism of youths is that their ideology differs from the adults and elders. The idealistic attitude of the youths contradicts their conservative seniors. The idealism of youth wants changes and improvement in their lives, whereas the elders reject changes and prefer to remain in the same situation which they are comfortable with.

The idealism of the youths has been always the catalyst in the improvement of mankind. It is due to the idealism of many young doctors that new medicines are constantly created to save more lives. If they were to become conservative and refuse to change and improve upon themselves, there would not be any medical advancement.

Hence it is absurd to generalize all youths as irresponsible by the seniors due to negligible handful of them. Certainly, not all youths are irresponsible.

Shivani Choudhary (XI-C)

Save *Girl* Child

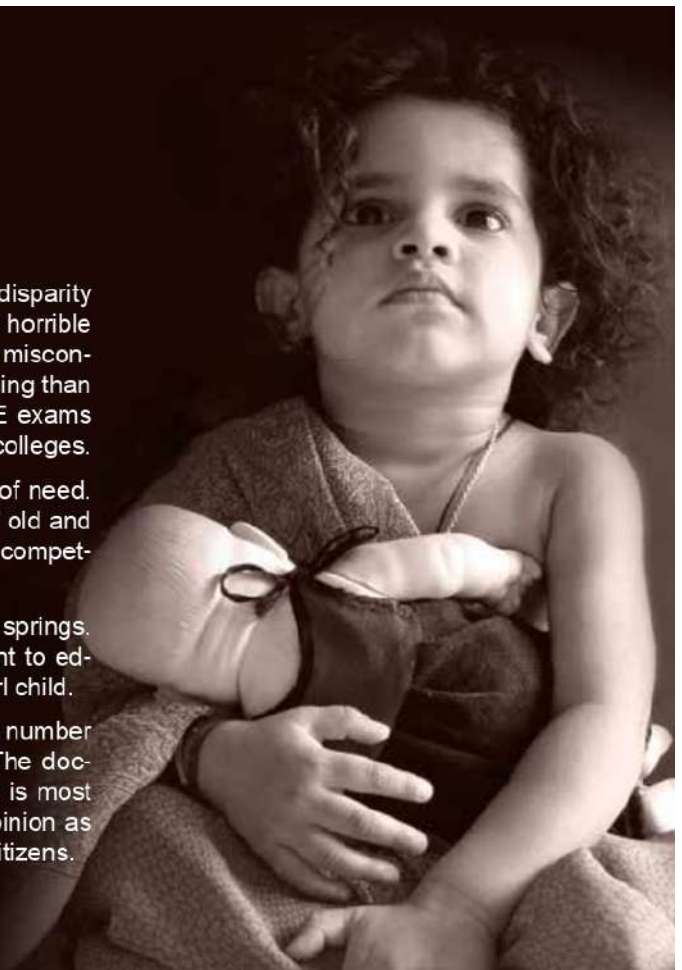
From last several decades sex ratio has been showing uneven disparity in population of girl child falling down regularly. One of the most horrible things happening at the moment is female infanticide, there is a misconception that male is glorious. The fact is that girls are outperforming than the boys in studies. More girls are passing the ICSE and CBSE exams than boys. More girls are clearing the entrance exam of medical colleges.

Girls are more attached to parents and help them in their hour of need. They are more understanding and cooperative to the feelings of old and invalid parents. Girls stand better chances of gaining jobs in this competitive world.

I saw in my locality many people having only girls as their off springs. They are very much it is an urgent necessity for the government to educate the people to respect the decision of god to give them a girl child.

In all the undeveloped nations it is commonly observed that less number of girls attend school. Parental sex-determination is unlawful. The doctor can be penalized heavily. Abortion is an even greater sin. It is most disgusting to find people murdering their own children. In my opinion as stated in preamble we should provide equal opportunities to all citizens.

Prabal Pratap Singh (VIII-C)



SILVER RAY IN THE DARK

Failures come to those who try to achieve something in life. If you say that you've never failed it means that you have never tried something new in life. Success comes to those who know what to do in life. Setting aims, having goals keeps one determined to achieve it. There may come difficult situations when you don't know where to go. That time listening to the heart helps a lot. Failures are all about giving you a second chance... a chance to fly. Stand every time you fall. When you fail or lose something, think it's the beginning... beginning of a new race. Having fear of accidents will land you up in quick sand. But thinking differently will take you to the moon. There had been people coming from drastic situations and rising to the sky just because they tried and tried till the end. Dhirubhai Ambani, a poor man wrote his destiny with his own hands and today nobody can falsify that. Bill Gates was not a graduate but today thousands of graduates work under him. One thing that everyone should learn is that a diamond shines only after getting polished. Gold turns into beautiful ornaments only after getting hundreds of hammer beats by the gold smith. We all have got just one life, a precious life, thus we should live it to its fullest. One should always have faith on his character because that will take him to the peak of success. Success should mean that people talk about your personality even on your hundredth death anniversary.

Muskan Sharma (XI-A)

THE RISE OF THE IGNORANT INDIAN



They say that India "was" the golden land of riches, why not India "is" the golden land of riches? The answer to that question can be found in the roads of our dear motherland. We occasionally meet people on the road who have an artistic flair for things and they satisfy their "inner creativity" by spraying not paint but paan masala which they have been chewing non-stop over the hour. Sometimes they even spray the horrible muck on other people's

vehicles. Also important are the concertos in which drivers play their instruments i.e. the car horns accompanied with the melodious shrieking sounds of shouting motorists disputing over who will pay and so on, which is I assure you not at all fun to watch. Also many at times we throw wastes outside of the window of our cars which flies off into the face of somebody else on the road and trust me when the packet strikes your face, it never feels good. However, we never raise our voice

against all these activities which disrupt the harmony of the society but ignore all this and move on. Why do we ignore all this? We do that as we don't believe India to be "our" India. We don't think that it is our roads which are being dirtied. So even when we have resources (380 billion dollars with RBI alone), somebody visiting our country must comment on it and we take an action and that too only to develop our image in the world, not from a sense of duty to fellow citizens. We should feel ashamed that some foreigner should come and find faults in our country. So as I conclude, I write that that we must consider ourselves as a responsible Indian, not an ignorant Indian.

Jathin Emmanuel Joseph
(XI-B)

VALUE OF SILENCE

Friends do you know what does silence mean? You think silence means being quite or not saying anything. No, my dear friends silence exactly doesn't mean that. Silence truly means to speak relevant things. Silence exclusively means not to hurt anyone with harsh words. In the Hindu Scriptures, it is mentioned that the tongue, the belly and the genitals lie in a straight line. One who can control his tongue is qualified to make disciples all over the world and be called a jagatguru. In fact this is the first shloka of upadesh mantra written by goswami Tulsidas. A person who cannot control his tongue can obviously never control his belly or genitals when put to test. We should know the importance of silence and practice it. By the regular practice of meditation and yoga, people can develop the will power and then mind, body and behaviour can be controlled.

Prabal Pratap Singh
(VIII-C)



10 Sentences That Can CHANGE YOUR LIFE...

- People are not against YOU, they are for themselves.
- Climb mountains not for the WORLD to see you, but you can see the world.
- You learn more from FAILURE than from SUCCESS. Do not let it stop you. FAILURE builds CHARACTER.
- The most dangerous risk to all is the risk of spending your life not doing what you want, thinking that you will have the FREEDOM to do it LATER.
- Go where you are CELEBRATED, not where you are TOLERATED.
- The person that you will spend the most time with YOU is YOURSELF. So make yourself as interesting as possible.
- IF you accept your LIMITATIONS, you can go beyond them.
- People often say that MOTIVATION does not last, neither does bathing. That's why it is recommended daily.
- Everyone you meet is afraid of something, loves something and has lost something.
- COMFORT is the enemy of ACHIEVEMENT.

Shalu Sharma (XI-A)

MOBILE PHONES OR SMART PHONES

The beginning of the 20th century saw the emergence of a new alien era of mobile phones. Coming up of mobile phones with an immense popularity among all age group made this device and also the product manufacturers to grow like mushrooms. Nowadays you can see every third person's head glued with a mobile phone. It doesn't matter where you are in India. After every five minutes, you can be sure to hear a mobile phone ringing. But even this wildest trend is fading away because today mobile phones are no longer the same. They are introducing a new definition to these devices as smart phones.

As water is must to keep our thirst and food for life, a smart phone has also become a core ingredient of our diet. These smart phones have shown their influence in each and every sector of our life, be it health, shopping, education, banking, farming, fun, entertainment or anything. These devices are an all in one solution for all your needs, and the best part is

that all your above needs are just a click away. With the ever increasing popularity of smart phones and addiction towards this device it offers its own special problems. Over use and addiction towards this gadget has led to the weakening of human relations. Popularity of such gadgets has murdered the real essence of humanity. A large proportion of today's youth is influenced by its bad evolution.

Whatever the story may be, these gadgets have been successful in printing an impression in our hearts. But as youth of this country we should understand that mobile phones are one of the biggest inventions of mankind after computer. On the other hand we should not forget that we have a rich heritage and culture to preserve. Don't destroy it.

Once it was said by Steve Jobs "You are a product of 4000 years of evolution, don't waste it by a wrong decision. So make right decision and live a good life."

Rijo Raju (X-A)

ALWAYS RESPECT YOUR ELDERS



When a person is growing old, there are many disabilities which set in. They cannot walk see or talk as well as they could when they were young. This sense of loss is very disturbing for them. We must try to be with them and help them live as normally as possible. More importantly older people feel a sense of alienation as no one spends time with them.

For a grandparent, young grandchildren are the most important people in their life. They enjoy the company of their grandchildren the most. SHARE A SMILE WITH OLD PEOPLE.

Start noticing older people around you.

- You will begin to realize that they have a new and different attitude when they grow elder.
- They need to be understood and respected.
- They need compassion and companionship like anyone else.

Be considerate of older people's well being.

- Stand when an older person needs a seat.
- Do not shout at an elderly person assuming they are hard of hearing.
- Extend a helping hand to old people in need.

Acknowledge older people's wisdom and life experiences.

- Talk directly to them, not around them.
- Be respectful and help them whenever needed.

Avoid assuming that old people are helpless.

- Never assume that an older person doesn't know how to do something.
- Do not try to give them unwanted advice.
- When you want to be helpful, ask if the help is wanted.

Share memories with old people.

- Take time out to talk to your grandparents and other old people.
- Try and recall when was the last time when you sat down with an old person and had a conversation.
- By opening up and listening to their stories, make them relive their memories while you learn from their experiences.

Share your knowledge with old people.

- There are lots of ways we might be able to open a whole new world for an older person.
- Teach them how to use a computer.
- Teach them how to use social media.

Remember, one day you too would be old.

- How would you like to be treated? Are you treating the elderly people in your life the way you would like to be treated? If not, how is the time to begin?
- Smile and be gracious when in the company of older people.
- Simply by including old people in your life, your own life will be enriched.
- So, become a friend of old people.

Priyanka Saini (X-B)

Nature's Creation

I've come from a greater hill,
I don't know about my name and skill
I am so much scare;
Because I don't know anyone over here

I've some birds as my friends
Who know about my skill and trends,
They also help me to know the nature
And told me that we are the nature made creature;
Now I live with those birds
Near their nest in my hut

Kushagra Jain (VI-A)

Alive is Awesome

You breath you fly
You run you go high
You live your life to the fullest
You do everything to give your best
You hope for good and it comes to you
You are the luckiest and one of the few
You dream you move
You do you prove
You hope you flow
You show you grow
You're alive
You have to strive
You're hope
Build your own hive
You're kind you're fame
You're love its all your name
Believe in you , stay alive
Alive is awesome.

Anjali Girish (X-C)

THE ONE WHO FADES AWAY

Riffles rattle,
Armies battle,
On the plain path of pain,
They are fighting for a new rain.
For them all that matters,
Is that, don't let the humanity scatter.
They wish for a better world,
And await the day when they will be on dole.
As the cruelty of world never ends
The riffles still battle and the armies still battle
So salute the one who died, the one who lost their life
So that we don't have to sacrifice,
The peaceful world where we reside.

Oishe (IX-B)



A DREADFUL WORLD

Today's world a dreadful world
A world that cries and fears
With lack of hopes and happiness
And incidents that make you shiver
A girl is raped and killed one side
Murders and crime on other
With suicides and harassments
Religious conflicts together
Increase in deaths increase in crimes
Decrease in love and pleasure
Has led to the disordered world
With cruel and cunning dwellers
All we can do is pray to god
To show us a way of hope
So that we can change the world and
seek for a new good scope

Anjali Girish (X-C)

Can I be THE REAL ME

I turned to me and asked a question,
"can I be the real me"
What am I? who am I to the world,
This question still makes my head swirled.
I am a voice, I am a vision,
I am quite liberated to make my own decision.
Sometimes I am anger, sometimes I am peace,
But more than that I am cool blowing breeze.
I am rays of reflecting sun, and moonlight of moon,
I am not a hateful swearing remark but a boon.
I may be cute as a baby or charming as a lady,
But I call myself tough and steady.
I always wonder if this one I see is the real me,
Though tender, yet so powerful with so much to be.
People see me differently, project me differently,
but let me tell you 'I am the real me'.

Rajni Chaturvedi (X-A)

THE 7 WONDERFUL

*There are seven days in a week,
Seven colours of the rainbow,
Seven sages and wise men of Greece,
Seven last words of Jesus Christ.
Chinese philosophy gives men
Seven fundamental principles of life.*

*Seven Wonders of the World.
A child sheds his teeth at the age of seven.
Becomes a youth a twice seven.
A man achieve old age at seventy, is ten times seven.
Forgive your neighbors seventy seven times said Jesus Christ.*

Shreyas Jain (VI)

ENGLISH IS...

English is a thief; it steals my life.
English can make my tongue twist into a knot.
English is a hard rock; we must break through it.

English is a symphony, so marvellous.
English is an art.
English is a slice of bread I eat every day.

English is a hunter; it kills many students.
English is very, very troublesome.
English is A for apple, B for boy and C for cat.

English is trying your best.
English is a never-ending game.
English is a bowl of herbal tea.

English is a very big cake; we must eat it bit by bit.
English is tests and quizzes.
English is money, people should have some.

Shruti Sharma (X-C)



WE ARE GIRLS AND WE WILL BE....

Today I ask the world,
Have I done a crime
Crime of being a girl child?
Why I am not welcomed?
Why people think that they might have done wrong!
So, that they got a girl
Think whatever you want, we are girls and we will be.
Today I ask the world ,
Why we girls are not welcomed?
Why when we take birth we are killed?
Why we are not allowed to study?
You kill us because,
You are ashamed of us?
Think whatever you want, we are girls and we will be
Today I ask the world,

Have you ever thought,
What this world would be without me?
Have you ever thought,
What would you be without me?
Think and think,
We are the girls and we will be.
But, today I tell the world,
Change your mentality
Accept me as a child of god
I am ready to stay in corner
But you see, one day what I will be
Don't take us as a bad luck for you,
We are the girls and we will be.

Nainee Chauhan (X-C)

Students Corner

हिन्दी विभाग



ज़िंदगी में प्रेम और शान्ति का महत्व

तेज़ी से बदलती दुनिया में कोई किसी की नहीं सुनता,
आपस में झगड़ा होना, कोई किसी की कदर नहीं करता।
कटुता से भरे मन में सभी एक दूसरे को कोसते रहते हैं,
नहीं जानते वे कि दूसरों का श्राप लेकर खुद ढहते रहते हैं।
भूल गए हैं कि हम सर्वशक्तिमान के बच्चे हैं,
सभी अपने परमपति परमात्मा जितने ही अच्छे हैं।
प्रेम, शान्ति, पतित्तिता जैसे गुणों को हम भूल जाते हैं,
ईश्वर यही सखिने वापस इंसान के रूप में आते हैं।
परमात्मा माँ टेरेसा, महात्मा गाँधी के रूप में दुनिया में आए,
प्रेम और शान्ति जैसे गुण दुनिया को सखाए।

प्रभु का पाठ

प्रभु ईशू के वचनो ने ऐसा पाठ पढ़ाया ।
मानवता को मानवता से संबंध सिखलाया ।।

उनके आदर्शों से संसार स्वर्ग बनेगा ।
हम बदले तो युग बदलेगा ऐसा समा बनेगा ।।

आओ हम सब मिल प्रभु ईशू को दोहराये ।
सदा कर्म और सेवा ही अपना लक्ष्य बनाये ।।

माता-पिता गुरु को आदर से सीष नवायें ।
आओ हम सब प्रभु ईशू को दोहराये ।।

आर्यन वर्मा
कक्षा-3-सी

श्रम का फल

मंजिले आसानी से मिलते नहीं,
उन कौंटे भरे रास्तों से चलना पड़ता है।
ज़िंदगी की यही एक रीत है,
परिश्रम के बाद ही जीत है।
चुनौती को स्वीकार कर आगे बढ़ो,
मुश्किलों से लड़कर मुकाबला करो।
खुदा देख रहा है, मेहनत करना न छोड़ो,
अपने कर्तव्य से मुख न मोड़ो।
रास्ते के उस पार परिश्रम का फल है,
यही हार मान गए तो परिश्रम असफल है।
रात-दिन एक कर जब तुम करोगे श्रम,
सारे बाधा पार कर सफलता चूमेगी तुम्हारे चरण।

मेरी माँ

दुनिया का पहला प्रेम माँ ।
सबसे कीमती वरदान माँ ।
खुशियों के बाग में बागवान माँ ।
प्रकृति के सौंदर्य का पहला उपहार माँ ।
पथरीली राह में फूलों का अहसास माँ ।
खुशियों के अनमोल खजाने की राह माँ ।
प्यार और डाँट का खट्टा-मीठा खेल माँ ।
गैरों की दुनियाँ में अपनों का विश्वास माँ,
धरा से भी अधिक धैर्यवान माँ ।

साक्षी नागर
कक्षा-8-ए



हिन्दी हमारी भाषा है

यही तो हमारी परिभाषा है
जे समझ सके इस भाषा को
वही तो हिन्दुस्तानी कहलाता है
हिन्दु, मुसलिम, सिख, इसाई
हम सब मिलकर भाई, भाई
भाई का जो धर्म निभाए
वही तो सच्चा हिन्दुस्तानी कहलाए।
अगर गाँधी, भगत, चंद्र न होते
तो हमारा देश आज न होता
अगर हम सब एक न होते
तो आज हम स्वतंत्र न होते
सैनिक है वीर जहाँ के
हर दुश्मन से टकराएँगे
भारत माँ की रक्षा के लिए
अपना लहु बहाएँगे
हम सब मिलकर हाथ बढ़ाएँ
भारत की एक पहचान बनाए
हम सब मिलकर साक्षर अभियान चलाए
सब धर्मों को एक बनाए।

आकांक्षा उपाध्याय
कक्षा-10-सी

एक दिन

घूमना चाहता हूँ मैं
पूरी दुनियाएक दिन!
जो मन में है, करना चाहता हूँ
मैं खुलकर.....एक दिन!
जिसको चाहता हूँ सच्चे दिल से
उसको बताना चाहता हूँ.....एक दिन!
उम्मीद लगा कर बैठे हैं.....जो मुझसे
उनकी उम्मीदों पर खरा होना चाहता हूँ.....एक दिन!
इतिहास के पन्नों मेंएक हँसीवाहक
इन्सान की तरह दफन होना चाहता हूँ.....एक दिन!

सुनकर जिसे आए मुस्कान सबके चेहरे पर
ऐसी कोई बात बनाना चाहता हूँ.....एक दिन!
मिला सके जो मुझसे मेरी कमियों से.....
ऐसा दोस्त बनाना चाहता हूँ.....एक दिन

वैभव शर्मा
कक्षा-12-ए

मेरी माँ है सबसे अच्छी

प्यारी-प्यारी, न्यारी-न्यारी,
सुबह मुझे उठाती है,
जल्दी मुझे जगाती है,
प्यार से मुझे पढ़ाती है,
अच्छी बात बताती है,
अच्छे-अच्छे खेल खिलाकर
पढ़ना मुझे सिखाती है,
मेरी माँ है सबसे अच्छी
प्यारी-प्यारी, न्यारी-न्यारी।

कनक मित्तल
कक्षा-7-सी





चौपाईयाँ

परिश्रम

असफलता पर रोने वाले समझदार नहीं होते,
किस्मत की बातें करने वाले होशियार नहीं होते!
हाथ की लकीरों पर भरोसा मत करना साथियों,
तकदीर उनकी भी होती है जिनके हाथ नहीं होते।
बिना किसान के पेड़ पर आम नहीं होते,
अपनी मेहनत के बिना कलाम नहीं होते।
तराशे बिना तो हीरा भी पत्थर कहलाता है,
बिना गाए तो कोयल भी कौआ रह जाता है।
बार-बार गिरने वाले निर्बल नहीं होते,
बिना कोशिश जीने वाले सफल नहीं होते।
कोशिश का कोई कारण नहीं होता,
सफलता मिलना साधारण नहीं होता।
प्रयास के बिना जीत नहीं होती,
गिरे बिना तो कोई महान नहीं होता,
किसान भी खेतों में बीज रूँ ही नहीं बोता।
लिखे बिना लिखाई नहीं होती,
पढ़े बिना किसी की बड़ाई नहीं होती।

अंकित झा,
कक्षा-9-ए

किस्मत न कोई खूबी है,
इस पर चलना बेवकूफी है।
अरे। थोड़ा दिमाग लगाकर सोचो,
परिश्रम में दुनिया डूबी है।।

महान न हो कोई जन्म से,
महान न हो कोई धर्म से।
जीवन में महान बने वही,
जो प्रसिद्ध हो अपने कर्म से।।

मन्दिर पूजो या मस्जिद,
रहीम पुकारो या राम।
अपने अंदर देखो, दुनिया में नहीं,
अगर पाना है तुमको भगवान।।

स्कूल के आते-जाते बच्चे

कितने भोले, कितने सच्चे!
स्कूल आते-जाते बच्चे।
गुरुजनों के हैं प्यारे,
धरती के यो चाँद सितारे।
मन लगाकर पढ़ते हैं।,
नहीं किसी से डरते हैं।
ऊँच नीच से बहुत दूर,
भाई चारा है भरपूर।
टीचर इनकी बहुत सुँदर
भरती संस्कार इनके अंदर

कहती सब हैं मन के सच्चे
स्कूल के आते जाते बच्चे!

प्रियदर्शिनी
कक्षा-7-सी

भारत को बढते जाना है।

आज का जीवन बस एक भ्रम है,
सच बोलो तो घुटना दम है।
इधर अनाचार, उधर भ्रष्टाचार
लगता है मानो खो से गए हैं मानवीय शिष्टाचार।।
एक समय था जब नारी को
हर व्यक्ति ने उसका सम्मान दिया।
आज का मानव या हैवान कहो
उसने नारी को बस अपमान दिया।।
हर रोज़ हैं पिसते बच्चे कितने,
धर्म-जाति के मतभेद में।
ये तो बस एक पहलू है
और न जाने कितने मसले हैं इस देश में।।
मानव जागो, जगाओ अपनी मानवता को,
बहुत हो खत्म करो तुम अपनी दानवता को।
गाँधी जी के कदमों पर अब हमको चलना है,
जय भारत! का नारा लेकर हमको आगे बढ़ना है।

ऋचा प्रकाश
कक्षा-9-सी

किरण

सुबह सवेरे एक किरण,
चुपके से धरती पर आती,
हुआ सवेरा, कह कर अंशु
धीरे से हमें जगाती।
घर आँगन बाग बगीचे,
किरण धरती पर छा जाती,
उजियारी चादर फैलाकर,
किरण सुनहरी मुसकाती।
किरण सुनहरी चुपके से तब,
मेरे गले को छू जाती,
आलस छोड़ो काम करो,
उठने का गीत सुनाती।

कृति जोशी
कक्षा-7-अ

कभी पहली बार स्कूल जाने में डर लगता था

आज हर रास्ता खुद ही चुनते हैं
कभी मम्मी-पापा की हर एक बात सच्ची लगती थी,
आज उन्हीं से झूठ बोलते हैं
कभी छोटी सी चोट रूला देती थी
आज दिल भर जाता है फिर भी सम्भाल लेते हैं
पहले दोस्त सिर्फ साथ खेलने तक याद रहते थे,
आज कुछ दोस्त जान से ज्यादा प्यारे लगते हैं
पहले टेंशन का मतलब माँ से पूछते थे,
आज हर दिन ही टेंशन से भर लेते हैं।
पहले पल में लड़ना-मरना तो रोज का काम था,
आज एक बार जो जुदा हुये तो रिश्ते तक खो जाते हैं,
सच जिंदगी ने हमें कितना कुछ सिखा दिया,
पता नहीं रब ने अपनी जल्दी क्यों बड़ा बना दिया

दीपांषी राना
कक्षा-9-सी



‘घर और बाहर का काम काज संभालती आज की महिला’

“नारी तुम श्रद्धा हो, विश्वास हो

इस धरा का आधार हो

नारी तुम अबला हो” -जयशंकर प्रसाद

परंतु मैं आज के संदर्भ में कहूँगा, नारी तुम अबला नहीं सबला हो।

प्राचीन समय से ही भारत में स्त्री का बड़ा सम्मान है। भारत ही एक ऐसा देश है जहाँ स्त्री को पूजा जाता है। परंतु एक समय ऐसा आया जब महिलाओं से सारी आजादी छीन ली गयी। उन पर तरह-तरह के अत्याचार होने लगे व अनेक प्रकार की प्रथाएं उन पर थोपी जाने लगीं। उनसे पढ़ने का अधिकार छीन लिया गया और उन्हें बाल-विवाह तथा सती प्रथा जैसी अनेक सामाजिक कुरीतियों का सामना करना पड़ा।

परंतु आज 21वीं सदी में महिलाएं पढ़-लिखकर अपने पैरों पर खड़े होकर पिछली सभी बातों को भुलाकर आकाश में उड़ रही हैं, विकास व आजादी के आकाश में। महिलाओं का दोहरा व्यक्तित्व ही उनमें चार चाँद लगा रहा है- घर का काम, पति व बच्चों को संभालने के साथ-साथ आज की नारी अपने कार्यक्षेत्र को बहुत ही कुशलता व चतुराई

से संभाल रही है। कहाँ हम पुरुष-महिला समानता की बात करते थे और यहां महिलाएं हर क्षेत्र में पुरुषों से आगे निकल गयी हैं। कुछ रूढ़िवादी सोच वाले लोग यह कुतर्क देते थे कि महिलाएं सिर्फ गृहस्ती के लिए बनी हैं और उन्हें यही करना चाहिए। आज की महिला इसी रूढ़िवादी सोच का खंडन करते हुए गृहस्ती और कामकाज दोनों को बहुत ही बखूबी संभाल रही हैं और बड़े-बड़े ओहदों पर पहुंच रही हैं। आज किरण बेदी को कौन नहीं जानता है? इंदिरा न्यू दुनिया की सबसे बड़ी पेय पदार्थ कंपनी पेप्सिको की चेयरपर्सन हैं। सोनिया गाँधी और सुषमा स्वराज के इर्द-गिर्द हमारे देश की राजनीति घूमती है। हमारे विद्यालय की शिक्षिकाएं भी इसका एक ज्वलंत उदाहरण हैं।

परन्तु आज भी लड़कियों की गर्भ में ही हत्या कर दी जाती है। आज भी हम महिलाओं को सुरक्षा प्रदान नहीं कर पा रहे हैं। आज भी एक पुरुष महिला की इज्जत करने से पहले चार बार सोचता है। ऐसा क्यों?

परंतु मुझे पूरी उम्मीद है कि हम जल्द ही एक ऐसा देश बनाएंगे, जहाँ महिलाएं बिना किसी डर के, आजादी से, अपना काम कर पाएंगी।

प्रशांत सेंगर
कक्षा-11-ए

जन्म: 15 अक्टूबर 1931, रामेश्वरम, तमिलनाडु

मृत्यु: 27 जुलाई, 2015, शल्लौंग, मेघालय

पद/कार्य: भारत के पूर्व राष्ट्रपति



DR. A.P.J. ABDUL KALAM

उपलब्धियां: एक वैज्ञानिक और इंजिनियर के तौर पर उन्होंने रक्षा अनुसन्धान और विकास संगठन (डीआरडीओ) और भारतीय अंतरिक्ष अनुसंधान संगठन (इसरो) के कई महत्वपूर्ण परियोजनाओं पर कार्य किया। डॉ ए. पी. जे. अब्दुलकलाम एक प्रख्यात भारतीय वैज्ञानिक और भारत के 11 वें राष्ट्रपति थे। उन्होंने देश के कुछ सबसे महत्वपूर्ण संगठनों (डी आर डी ओ और इसरो) में कार्य किया। उन्होंने वर्ष 1998 के पोखरण द्वितीय परमाणु परिक्षण में भी महत्वपूर्ण भूमिका निभाई। डॉ कलाम भारत के अंतरिक्ष कार्यक्रम और मिसाइल विकास कार्यक्रम के साथ भी जुड़े थे। इसी कारण उन्हें 'मिसाइलमैन' भी कहा जाता है। वर्ष 2002 में कलाम भारत के राष्ट्रपति चुने गए और 5 वर्ष की अवधि की सेवा के बाद, वह शिक्षण, लेखन, और सार्वजनिक सेवा में लौट आए। उन्हें भारत के सर्वोच्च नागरिक सम्मान, भारत रत्न सहित कई प्रतिष्ठित पुरस्कारों से सम्मानित किया गया।

प्रारंभिक जीवन

अवुलप कि रजैनुल अबिदी न अब्दुल कलाम का जन्म 15 अक्टूबर 1931 को तमिलनाडु के रामेश्वरम में एक मुसलमान परिवार में हुआ। उनके पिता जैनुल अबिदीन एक नाविक थे और उनकी माता अशिअम्मा एक गृहणी थीं। उनके परिवार की आर्थिक स्थिति ठीक नहीं थी इसलिए उन्हें छोटी उम्र से ही काम करना पड़ा। अपने पिता की आर्थिक

मदद के लिए बालक कलाम स्कूल के बाद समाचार पत्र वितरण का कार्य करते थे।

अपने स्कूल के दिनों में कलाम पढ़ाई-लिखाई में सामान्य थे परन्तु चीज़ सीखने के लिए हमेशा तत्पर और तैयार रहते थे। उनके अन्दर सीखने की भूख थी और वो पढ़ाई पर घंटों ध्यान देते थे। उन्होंने अपनी स्कूल की पढ़ाई रामनाथपुरम स्क्वाटर्स मैट्रिकुलेशन स्कूल से पूरी की और उसके बाद तिरुचिरापल्ली के सेंट जोसेफ्स कॉलेज में दाखिला लिया, जहाँ से उन्होंने सन 1954 में भौतिक विज्ञान में स्नातक किया। उसके बाद वर्ष 1955 में वो मद्रास चले गए जहाँसे उन्होंने एयरोस्पेस इंजीनियरिंग की शिक्षा ग्रहण की। वर्ष 1960 में कलाम ने मद्रास इंस्टिट्यूट ऑफ टेक्नोलॉजी से इंजीनियरिंग की पढ़ाई पूरी की।

कैरियर

मद्रास इंस्टिट्यूट ऑफ टेक्नोलॉजी से इंजीनियरिंग की पढ़ाई पूरी करने के बाद कलामने रक्षा अनुसन्धान और विकास संगठन (डीआरडीओ) में वैज्ञानिक के तौर पर भर्ती हुए। कलाम ने अपने कैरियर की शुरुआत भारतीय सेना के लिए एक छोटे हेलीकाप्टर का डिजाइन बनाकर किया। वर्ष 1969 में उनका स्थानांतरण भारतीय अंतरिक्ष अनुसंधान संगठन (इसरो) में हुआ। यहाँ वो भारत के सेंटलाइट लांचव्हीकल परियोजना के निदेशक के तौर पर नियुक्त किये गए थे। इसी परियोजना की

सफलता के परिणाम स्वरूप भारत का प्रथम उपग्रह 'रोहिणी' पृथ्वी की कक्षा में वर्ष 1980 में स्थापित किया गया।

1963-64 के दौरा न उन्होंने अमेरिका के अन्तरिक्ष संगठन नासा की भी यात्रा की।

सत्तर और अस्सी के दशक में अपने कार्यों और सफलताओं से डॉ कलाम भारत में बहुत प्रसिद्ध हो गए और देश के सबसे बड़े वैज्ञानिकों में उनका नाम गिना जाने लगा। उनकी ख्याति इतनी बढ़ गयी थी की तत्कालीन प्रधानमंत्री इंदिरा गाँधी ने अपने कैबिनेट केमंजूरी के बिना ही उन्हें कुछ गुप्त परियोजनाओं पर कार्य करने की अनुमति दी थी।

भारत सरकार ने महत्वाकांक्षी 'इंटीग्रेटेड गाइडेड मिसाइल डेवलपमेंट प्रोग्राम' का प्रारम्भ डॉ कलाम के देख-रेख में किया। वह इस परियोजना के मुख कार्यकारी थे। इस परियोजना ने देश को अग्नि और पृथ्वी जैसी मिसाइलें दी हैं।

वर्ष 1998 में डॉ कलाम ने हृदय चिकित्सक सोमाराजू के साथ मिलकर एक कम कीमत का 'कोरोनरी स्टेंट' का विकास किया। इसे 'कलाम-राजस्टेंट' का नाम दिया गया।

भारतकेराष्ट्रपति

एक रक्षा वैज्ञानिक के तौर पर उनकी उपलब्धियों और प्रसिद्धि के मद्देनजर एन. डी. ए. की गठबंधन सरकार ने उन्हें वर्ष 2002 में राष्ट्रपति पद का उम्मीदवार बनाया। 25 जुलाई 2002 को भारत के 11 वें राष्ट्रपति के रूप में शपथ लिया। डॉ कलाम देश के ऐ से तीसरे राष्ट्रपति थे जिन्हें राष्ट्रपति बनने से पहले ही भारत रत्नने नवाजा जा चुका था। इससे पहले डॉ राधा कृष्णन और डॉ जाकिर हुसैन को राष्ट्रपति बनने से पहले 'भारतरत्न' से सम्मानित किया जा चुका था।

उनके कार्य का लके दौरान उन्हें 'जनता का राष्ट्रपति' कहा गया।

राष्ट्रपति पद से सेवा मुक्त होने के बाद का समय

राष्ट्रपति पदसे सेवा मुक्त होने के बाद डॉ कलाम शिक्षण,

लेखन, मार्ग दर्शन और शोध जैसे कार्योंमें व्यस्त रहे और भारतीय प्रबंधन संस्थान, शिल्लोंग, भारतीय प्रबंधन संस्थान, अहमदाबाद, भारतीय प्रबंधन संस्थान, इंदौर, जैसे संस्थानों से विजिटिंग प्रोफेसर के तौर पर जुड़े रहे। इसके अलावा वह भारतीय विज्ञान संस्थान बेंगलोर के फेलो, इंडियन इंस्टिट्यूट ऑफ स्पेस साइंस एंड टेक्नोलॉजी, थिरुवनन्थपुरम, के चांसलर, अन्ना यूनिवर्सिटी, चेन्नई, में एयरो स्पेस इंजीनियरिंग के प्रोफेसर भी रहे।

उन्होंने आई. आई. आई. टी. हैदराबाद, बनारस हिन्दू यूनिवर्सिटी और अन्ना यूनिवर्सिटी में सूचना प्रौद्योगिकी की भी पढाया था।

कलाम हमेशा से देश के युवाओं और उनके भविष्य को बेहतर बनाने के बारे में बातें करते थे। इसी सम्बन्ध में उन्होंने देश के युवाओं के लिए "व्हाटकैनआईगिव" पहल की शुरुआत भी की जिसका उद्देश्य भ्रष्टाचार का सफाया है। देश के युवाओं में उनकी लोक प्रियता को देखते हुए उन्हें 2 बार (2003 & 2004) 'एम.टी.वी. यूथ आइकॉन ऑफ द इयर अवार्ड' के लिए मनोनित भी किया गया था।

शिक्षण के अलावा डॉ कलाम ने कई पुस्तकें भी लिखी जिनमें प्रमुख हैं - 'इंडिया 2020: अविज्ञान फॉर द न्यूमिलेनियम', 'विंग्स ऑफ फायर: ऐन ऑटोबायोग्राफी', 'इगनाइटेड माइंड्स: अनलीशिगंद पॉवर विदि नइंडिया', 'मिशन इंडिया', 'इंडोमिटेबल स्पिरिट' आदि।

देश और समाज के लिए किये गए उनके कार्यों के लिए, डॉ कलाम को अनेकों पुरस्कारों से सम्मानित किया गया। लगभग 40 विश्व विद्यालयों ने उन्हें मानद डॉक्टरेट की उपाधि दी और भारत सरकार ने उन्हें पद्मभूषण, पद्मविभूषण और भारत के सब से बड़े नागरिक सम्मान 'भारतरत्न' से अलंकृत किया।

मृत्यु: 27 जुलाई 2015 को भारतीय प्रबंधन संस्थान, शिल्लोंग, में अध्यापन कार्य के दौरान उन्हें दिलका दौरा पड़ा जिसके बाद करोड़ों लोगों के प्रिय और चहेते डॉ अब्दुल कलाम परलोक सिधार गए।

आदित्य कुमार सिंह

कक्षा-5-ए



I Love You Dad and Mom!

Parents wish to our dear child:
On the day when you see us old weak and weary,
If we get dirty while eating,
If we cannot dress on our own,
Please bear with us and remember the times we spent feeding you and dressing you up.
If when we speak to you we repeat the same things over,
Do not interrupt us, listen to us.
When you were small we had to read the same story a thousand times until you went to sleep.
When we do not want to have a shower,
Neither shame nor scold us remember when we had to chase you with your thousand excuses to get you to the shower.
When you see our ignorance of new technologies,
Help us navigate our way through those worldwide webs,
We taught you how to do so many things.
To eat the right food, to dress appropriately, to fight for your rights.
When at some moments we lose the memory of the thread of our conversation,
Let us have the necessary time to remember.
And if we cannot, so don't become nervous,

As the most important thing is not our conversation,
But surely to be with you and to have you listening to us.
When our tired legs give way,
Do not allow us to walk without a cane,
Lend us your hand the same way we did when you first tried your falling steps.
And when someday we say to you, that we don't want to live anymore,
Do not get angry,
Someday you will understand.
Try to understand that our age is not only lived but, Survived!
Someday you will realize that despite your mistakes,
We always wanted the best for you and we tried to prepare the way for you.
You must not feel sad, angry or ashamed for having us near you,
Instead, try to understand us and help us like we did when you were young.
Help us to walk help us to live the rest of our lives with love and dignity.
We hope you will always pray for us.
We will always pray for you with a smile.
We love you my dear child...!

Dad and Mom.

Mrs. Gloria Marston

LET YOUR LIGHT SHINE



'Let your light shine' - our school motto, clearly defines the moral values imparted by our school. It is a wonderful institution that believes in bringing out the best in everybody. It provides a platform to everyone to express their talent. It truly satisfies the conditions of an ideal school. Endowed with a friendly environment, the school helps students to imbibe in them a flotilla of ethics and values. I find great pride in being the part of Ursuline family for last 8 years. I pray to God that infinite feathers keep adding to the URSULINE HAT.

Mrs. Ritu Bajaj

True Meaning of Education



Values are roots, success our wings. The combination of both factors means achieving value – based success in life. This is called true education. The dilemma we face is not because our morals are not clearly defined, but because we succumb to weaknesses. It takes clarity of values, wisdom and finally courage, to be secure in the feeling that one has done ones best under all circumstances.

We believe in the development of the overall personality of a child by making him realize the necessity of proper co ordination among various faculties of body mind and soul. It is very impor-

tant for an individual to be a good human being first and then a wise and capable person, distinguished in all brands of knowledge.

We are trying to inculcate good values in the children which would awaken their sense of morality and which would go a long way in making their life worthwhile and meaningful.

Since we all are aware that there is tough competition in every sphere, we cannot allow academics to take back seat. We are therefore also training our students to excel in all fields of education and bring glory to the institution.

Mrs. Sangeeta Razdan



MENTAL OBESITY: The Invisible Disease

Click! Share! Upload! Tag! Not tagged!!! Comments! These are preliminary symptoms of the disease. The causes are remarkably similar to the physical obesity, remedies...amazingly the same!

Hooked on and wired for distraction and loneliness. A complex disease it is! heart yearns for temptation, redemption and true love seems beyond eternity.

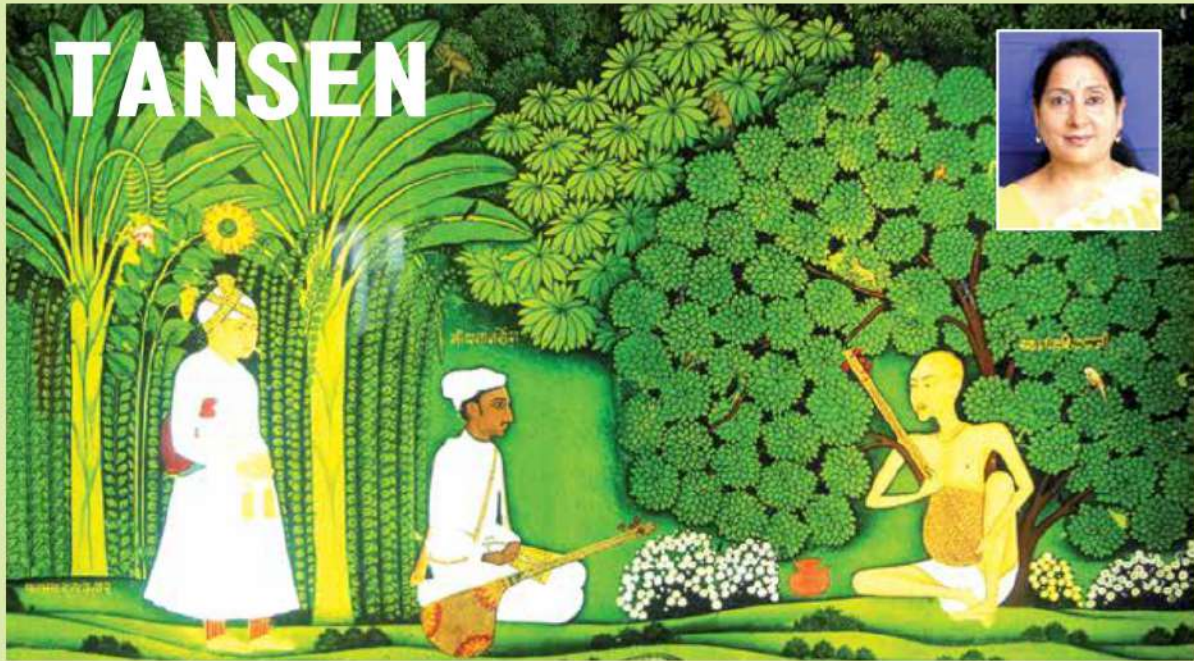
The obvious then... How to untangle this thread? Where would it stop? When does it end?

The first step to eliminate mental obesity is to become aware of it. Once aware, we have a tenden-

cy to archive it. In actuality we need to shrink the needs and shrivel the desires (reduce the calorie intake). Eventually, we can shed off the extra kilos we have put on our minds.

It will begin with a silent moment, contemplating the people around us, becoming aware and demarcating the world. Our lives might not be the replica of the people around us but definitely similar. So perceive and peruse. Each one of us has to commence our very own quest, our own combat against the silent disease. It's only we who usher in the epoch of our life.

Mrs. Disha Gupta (PGT English)



“Tansen” considered as the greatest musician in India. Tansen (1506-1589) is vocal and instrumental in the creation of the Indian classical music that dominates India. He was considered one of the best “ratnas” (nine gems) in the court of emperor Akbar.

Tansen was born in a hindu brahmin family in a place called Gwalior (mp).his father Mukund Mishra was a famous poet. Tansen was named ‘Tanna Mishra’ when he was born. to know about the facinating life history of this great musician , go through this biography of ,Mian Tansen. he received the prefix ‘Miyan Tansen’ from emperor Akbar. a young boy Tansen was motivated by his guru ‘Swami Haridas’ to learn music who was known as a legendry teacher of that time. his passion for music that he is said to have performed astomishing miracles merely by singing he could lening rain by singing ‘Megh Malhar’ rag similarly he could start a fire by singing in rag Deepak. he had composed several ragas that have been the foundation of classical music such was the power of his music that when he used to sing in the court of emperor Akbar candles used to light up automatically even today Tansen is to be the best of all considered and there is no comparison when it comes to his style of singing. his contribution to the world of music is priceless and still worshipped by leading singers and composers of the world.

The best example of teacher and student is of Swami Haridas and Tansen during the older times the dedication and devotion with which Tansen learnt music from Swami Haridas is unparalleled and also the way Swami Haridas taught Tansen is unexamplery.

Dr Mrs Shubha Sharma
(Music Deptt.)



THE BURDEN OF EXPECTATIONS

“Blessed is he who expects nothing, for he shall never be disappointed.”



Mrs. Deepika Talukdar
(PGT English)

This word expectations came into existence in the year 1540. Expectations are disappointments in the making. Expectations aren't a guarantee of bad performance and poor results but increases the chances of mental turmoil drastically. It creates a host of unpleasant emotions including fear, anxiety, anger etc.

Recently the C.E.O of oracle died young because he had sleep disorder. The desire to be accepted in the real world is the biggest challenge for the youth today. This notion is created in the young minds on the threshold of childhood lines, like in this era "it is the survival of the fittest." We grow up listening to the same tag line "what you give, that's what you get". This theory works against us many a times. The best way to live your life is to toss your expectations into the ocean and then breathe freely. Think about it "Can a rainbow look beautiful if it has specific dimension".?

The search to discover what one wants to pursue in life is now complicated by the difficulty of being able to reach the pinnacle of success. Waiting in the queue, that never ceases the youth of today has got used to such circumstance.

The bottom line is unless you do something to change your perspective on expectations you have very little chance of doing your best and getting the result as per your fantasies. The key to get away from it is to distance yourself from the negatives of it.

The youth today becomes a victim of it. They can't beat the peer pressure and hence it results in unwanted suicides. Today's generation is vulnerable, with the growing usage of technology and the strong bend towards the western culture, Indian value system seems to be hollow. This thought seems to solidify day by day.

We being the modern educators of today have a moral responsibility to strengthen the young minds by bestowing in them the power of values. The seeds of such dramatic transformation needs to be planted. We just can't be the benevolent dictators of the classroom but the support system of the young minds

As quoted by F.Scott Fitzgerald "youth is a dream a chemical madness". Their natural impatience and ebullience can be channelized. The burden of expectations have created a flux in the society that we need to work on.

प्रार्थना और जीवन

प्रार्थना और जीवन का अटूट सम्बन्ध है ! जीवन को सुखमय बनाने के लिए आज मनुष्य अनेक प्रकार के कार्यों में उलझा हुआ है ! किन्तु बिना प्रार्थना के मनुष्य न तो जीवन को सुखी बना पाता और न ही शांति का अनुभव करता है ! प्रार्थना वह संचार है जो मनुष्य को परमेश्वर से जोड़ देती है ! इस तरह वह अनेक प्रकार के अनुग्रह और वरदान से जीवन को परिपूर्ण करने में सक्षम हो जाता है !

प्रार्थना मनुष्य को सामर्थ्यवान और आत्मविश्वासी बनाती है ! किन्तु प्रार्थना आत्मकेंद्रित तथा स्वार्थ भाव से ऊपर उठ कर परोपकार की भावना से भरी होनी चाहिए ! प्रार्थना इंटरनेट की तरह बड़ी तीव्रता से दूर - दराज के उन स्थानों तक पहुँच जाती है जहाँ पहुँचना कठिन है ! प्रार्थना के द्वारा हम किसी अस्पताल में पड़े रोगी को छूकर उसे सांत्वना प्रदान कर सकते हैं ! प्रार्थना के द्वारा हम किसी असहाय के आँसू पोंछ सकते हैं, प्रार्थना के द्वारा हम किसी दुर्घटना को होने से रोक सकते हैं ! प्रार्थना के द्वारा सम्पूर्ण संसार में शांति स्थापित कर सकते हैं !

दूसरों के लिए की गयी प्रार्थना हमें आत्मिक तौर पर इतना सम्पन्न बना देती है कि हमारा जीवन परमेश्वर और मनुष्य दो कि दृष्टि में अमूल्य बन जाता है !

हमारी नयी पीढ़ी आज आस्था और विश्वास को एक पुरानी सोच बता कर इस भौतिक संसार की सुख सुविधा को सर्वस्व समझ रहे हैं ! लेकिन यह मानसिकता उसे धीरे - धीरे अंधकार की ओर ले जाती है ! ईश्वर प्रकाश है और इस प्रकाश को पाने के लिए विश्वास से भरी प्रार्थना की आवश्यकता है ! यह प्रार्थना उसे जीवन के हर स्तर पर विजयी बनती है !

विश्वास के सागर को भरना है,

चिंता और विषमताओं को हरना है !

प्रार्थनामय जीवन को अपनाकर

हर चेहरे पर मुस्कान लाना है !

अध्यापिका

श्रीमति सिंधु थॉमस

क्षणिक

ए पथिक मत हो व्यथित
संसार में सब कुछ है क्षणिक
ये दुख भी है क्षण भर का
और रात्री कुछ पहर का
फिर प्रभात को आना ही है
संघ प्रकाश लाना ही है
यही है सृष्टि का विधान
प्रकृति में है क्रम प्रधान
इसलिए ए पथिक
सुख में रह तू
दुख के लिए तैयार
और दुख में धैर्य धर
सुख - दुख दोनों मिल
सृजन करते संघर्ष
इस सत्य को स्वीकार ले तू सहर्ष
बिन संघर्ष रस कहाँ जीवन में
योद्धा बन उतर आ तू रण में
दुख से ना करना तू भय
न सुख को समझ अंतिम विजय !!!



अध्यापिका
सिन्धु थॉमस

क्या खोया क्या पाया

सभ्यता की दौड़ में मानव आज काफी आगे निकल आया है। एक लम्बा संघर्षमय रास्ता भी पार किया। अनेक प्रकार की कुरीतियों और रूढ़ियों से छुटाकरा भी पा लिया लेकिन प्रश्न यही उठता है कि इतने संघर्ष के बाद क्या हम सभ्य हो पाए हैं? अपनी महान विरासत और संस्कृति को भूलकर आज हम आधुनिक होने का दावा कर रहे हैं। लेकिन यह कैसी सभ्यता है कि आज भी हम अपनी बेटियों को सम्मान नहीं दे पाए आज भी हम धर्म के नाम पर दंगा फसाद करते हैं, प्रकृति का शोषण करने में हमने कोई कसर बाकी नहीं रखी। आधुनिकता के नाम पर हमने अपने आपको अत्याधुनिक तकनीकी से बने उपकरणों को समर्पित कर दिया है। हमारा बहुमूल्य समय अब टी.वी. कम्प्यूटर, मोबाइल आदि उपकरणों के लिए है। रिश्ते नाते निभाने के लिए भी वक्त नहीं है। परोपकार, मानव कल्याण जैसी बातें हमें बेमानी लगती हैं। आज संकुचित दायरों में सिमटता मनुष्य क्या वास्तव में सभ्य हुआ है, यह चिंता का विषय है। हमें सभ्यता का वास्तविक अर्थ दृढ़ता होगा और यह समझना होगा कि ईश्वर से दूर होकर हम जितना भी सभ्य होने का प्रयास कर लें, हम एक असभ्य समाज की रचना ही करेंगे। अभी भी वक्त है कि हम यह सोचें कि सभ्य बनने की राह में हमने क्या खोया और क्या पाया।



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“They inspire you they entertain you, and you end up learning a ton even when you don’t know it”

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“ There is nothing more beautiful than someone who goes out of their way to make life beautiful for others. ”



LKG - A



LKG - B

There is nothing more beautiful than the life of a student.



LKG - C



UKG - A

Your future is created by what you do today not tomorrow.



UKG - B



UKG - C

Success seems to be connected with action. Successful people keep moving.
They make mistakes, but they don't quit.



I - A



I - B

Always desire to learn something useful.



I - C



I - D

Do it now. Sometimes 'Later' becomes 'Never'.



II - A



II - B

In life, NO ONE and NOTHING will help you until
you start helping YOURSELF.



II - C



II - D

Life is all about CHANCES and OPPORTUNITIES. Never leave anything to CHANCE and never let an OPPORTUNITY to get away.



III - A



III - B

Give up on your frustration but never on your hopes. Give up thinking about your setbacks but never on your goals. Give up worrying about your past but never on your future.



III - C



III - D

“Sometimes one creates a dynamic impression by saying something, and sometimes one creates as significant an impression by remaining silent.”



IV - A



IV - B

Winners from all walks of life have their own strategies and plans but they all have one thing in common – they TRY. Keep trying.



IV - C



IV - D

Everyone has a talent and so do you. Let it shine out, is all you have to do. Expecting to get a good job without studying hard is like expecting to win a marathon without running it.



V - A



V - B

You will meet a lot of people in your life who will give you advice and tell you what's best for you. Listen to them but at the end of the day, do only what your heart tells you to.



V - C



V - D

Stop thinking about WHAT WILL HAPPEN and start thinking about
WHAT YOU CAN DO.



VI - A



VI - B

Good thoughts precede great deeds. Great deeds precede success.



VI - C



VII - A

Life is perishable – the quicker you consume it,
the better it feels. Stop thinking and start living.



VII - B



VII - C

Time can be your Best Friend or your worst enemy depending on whether you use it or waste it.



VIII - A



VIII - B

Some people succeed because they are destined
but most because they are determined.



VIII - C



IX - A

Life is less complicated than it seems.
Good habits and hard work are all it takes to succeed and win.



IX - B



IX - C

If you can't figure out your purpose, figure out your passion.
For your passion will lead you right into your purpose.



X - A



X - B

Don't place your mistakes on your head, Bcoz its weight may crush you down, place them under your feet & use it as a platform to view new horizons of life.



X - C



XI - A

Future is not what we plan for tomorrow,
Actually it is the result of what we do today. So do the best in present.
You will definately enjoy the future.



XI - B



XI - C

Winning provides happiness. Losing provides wisdom.

SCIENCE STREAM



XII - A

COMMERCE STREAM



XII - B

Education is not a safety net. It is the rocket which will propel you towards success. All you have to do is have an aim and work on everything that takes to get a lift-off.

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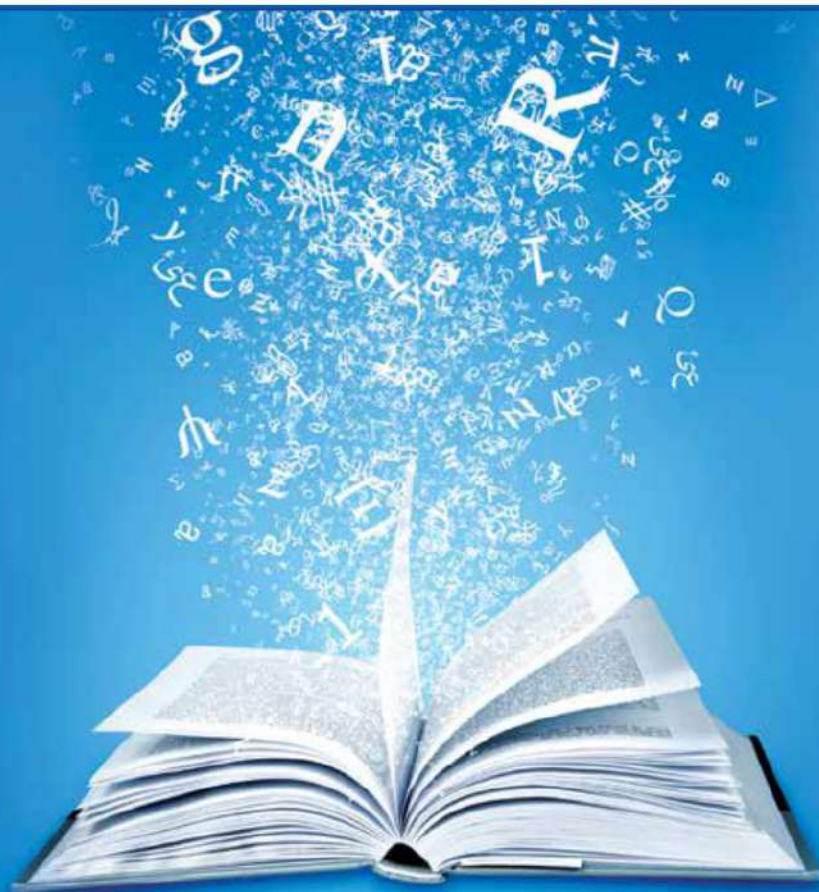
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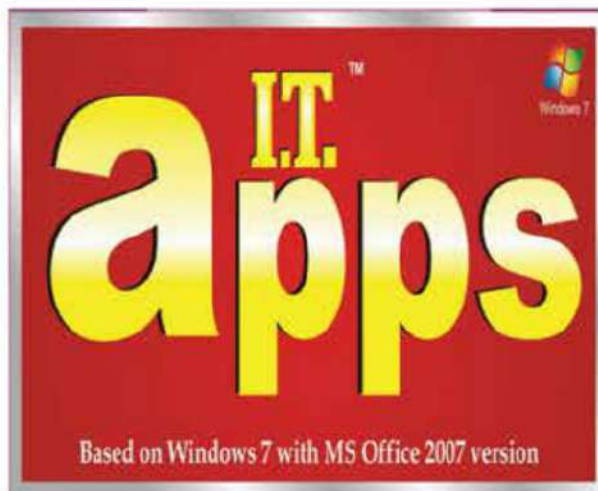
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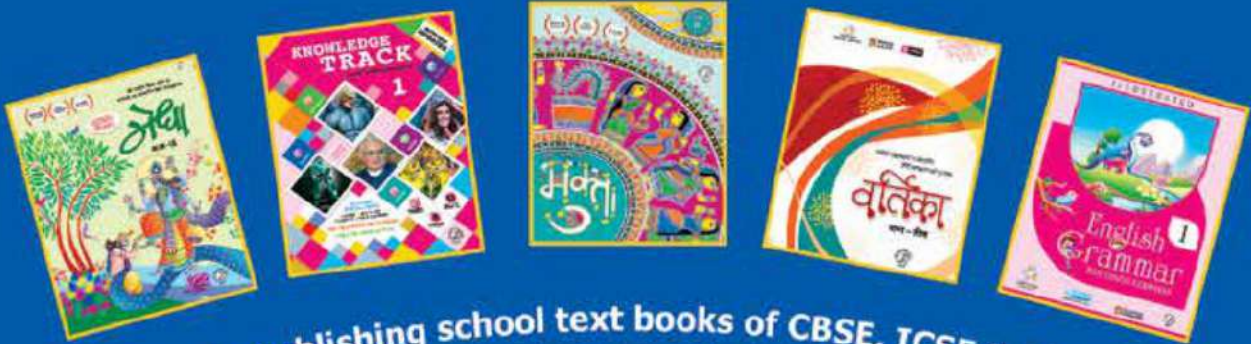
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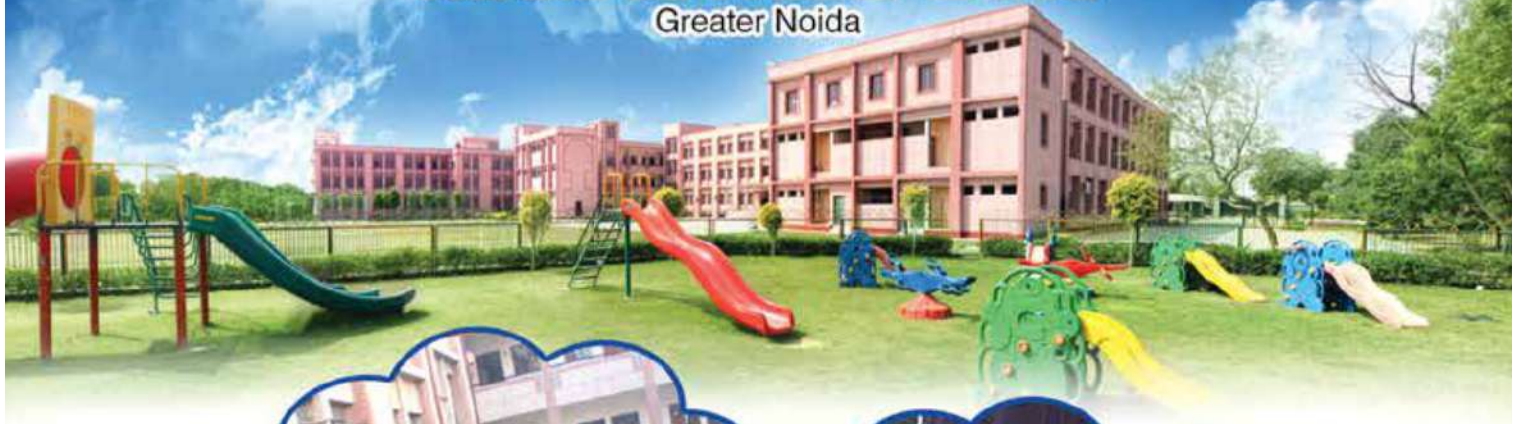
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Don't Quit!

When things go wrong, as they sometimes will,
When the road you're trudging seems all uphill,
When the funds are low and the debts are high,
And you want to smile, but you have to sigh,
When care is pressing you down a bit,
Rest, if you must, but don't you quit.

Life is queer with its twists and turns,
As every one of us sometimes learns,
And many a failure turns about,
When he might have won had he stuck it out;
Don't give up though the pace seems slow-
You may succeed with another blow.

Often the goal is nearer than,
It seems to a faint and faltering man,
Often the struggler has given up,
When he might have captured the victor's cup,
And he learned too late when the night slipped down,
How close he was to the golden crown.

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