



Make Me A Channel Of Your Peace

Make me a channel of your peace
Where there is hatred let me bring your love
Where there is injury, your pardon Lord
And where there is doubt true faith in You

Make ma a channel of your peace
Where there is despair in life let me bring hope
Where there is darkness only light
And where there's sadness ever joy

Oh, Master grant that I may never seek
So much to be consoled as to console
To be understood as to understand
To be loved as to love with all my soul

Make me a channel of your peace
It is in pardoning that we are pardoned
It is in giving to all man that we receive
And in dying that we are born to eternal life

Obituary - A Loving Tribute

"To live in hearts we leave behind, is not to die."



Reverend Sister Theophin



Mother Aloysia Vaz

We grieve the sad demise of our mother Aloysia Vaz, one of the pillars of UMI and Reverend Sister Theophin whose life was an inspiration to all.

We pray to the lord Almighty to grant them eternal rest.

Your end, which is endless is a snowflake dissolving in the pure air.

Our Foundress

Mother Brigida



"Confidence, Confidence! A large heart! God is a father and he will never abandon us."

MESSAGE



Sr. Rittie Mattathil
Provincial Superior
Nirmala Province

It gives immense joy that Ursuline Senior Secondary School, Greater Noida is bringing out its annual magazine.

Children are the future citizens, someone who will pave the path to success and prosperity for the entire nation. Education plays an important role in their all-round development and enables them to follow their dreams and aspirations. Parents and teachers influence their personality and enhance the quality of their life. Children learn best when the significant persons in their lives like parents, teachers, and other family members work together to encourage and support them.

Academic excellence along with co-curricular and extra-curricular activities complete the process of education. As the years go by Ursuline Convent Sr. Sec. School is progressing step by step in its noble task of educating the young minds with knowledge and life skills and thus orienting them to become good citizens contributing their best.

The school magazine is a platform for the students to express their creativity and imagination. Their expressions develop in them originality of thought and insight. These creative expressions open to them the magic door to self-confidence and inner freedom.

I wish success to the principal, staff and students of Ursuline Sr. Sec. School, Greater Noida in all their endeavors.

MESSAGE



Sr. Marilyn (Manager)

It gives me immense joy and happiness to extend my hearty congratulations to the principal, teachers and students for their marvelous and outstanding performance during this scholastic year. The students had a lot of opportunities in various co-curricular and extra-curricular activities which enabled them in their all-round development. They also attended orientation courses, seminars conducted by experts in the school. The school has a counselor who gives counselling and personal guidance to the students for their emotional and psychological growth.

Teachers are important pillars on which the school rests. Apart from class room teaching they are behind the success of all school activities. Their commitment in nurturing values and innovative ways inspire and guide the students. Their devotion, dedication and hard work makes a difference to the school and to the society at large. May they never fail in their endeavors of moulding new generation deeply rooted in values of love and tolerance, brotherhood and sharing, compassion and self-denial.

Students are here not only to study but to be trained to become men and women of character. On this process they imbibe the values of hard work, integrity, humility, spirit of tolerance and respect for one another. I wish that they utilize their time productively and creatively. Time is a gem that people throw away thoughtlessly. Many waste their youth and realize it only towards the end of their lives. Time is one of the important components of achievement. Everyone is equally and equitably endowed with time. One can be more efficient only when one is capable of utilizing one's time fruitfully for the achievement of one's goals and objectives.

I congratulate the parents who care, value, encourage their children, and provide a positive climate at home for their all round growth and development.

I thank the Almighty for his abundant graces and blessings upon each one of us and pray that we may be continually blessed in all our endeavors.



**Sr. Nirupa
Principal**

MESSAGE

In the words of Walt Disney, "If you can dream it, you can do it."

T rue to his words, the students of Ursuline are taught to explore, dream and discover. The whole purpose of education is to make children confident and courageous to reach their dream. And every school is an excellent example where everyone strives indefatigably for making his dream a reality. Moreover, the missionary culture enterprise to map academic excellence with a healthy value system.

We are grateful to the parents for the undying support and confidence with which they entrust their children to us to mould them into worthy citizens of the society. We accept this challenge to instill in them the lesson of life. One such great lesson of life we learn from one of the smallest creatures of God.

A writer writes that one day he watched a tiny ant carrying a huge feather across his terrace. Several times it was confronted by obstacles in its path and after a momentary pause, it would again continue. At one point, the ant had to negotiate a crack in the concrete about 10 mm wide. After brief contemplation, the ant laid the feather over the crack, walked across it and picked up the feather on the outer side, then continued on its way. The writer was fascinated by one of these God's smallest creatures. It was such a minute insect, lacking in size yet equipped with a brain to reason, explore discover and overcome. Like all other co-residents of this planet, this ant too had to face obstacles and struggles. But with its perseverance it finally reached its destination.

Let me conclude this by entrusting my faith into the serene hands of Mother Mary, our patroness and invoke blessings of Lord Jesus. I am sure this year's release of school magazine will leave happy memories for all of us.

Bless us lord with a year full of you !



Sr. JESSIE
Vice Principal

MESSAGE

"MY GRACE IS SUFFICIENT FOR YOU" (2 cor.2:9)

Every morning I wake up with an unknown and unexplainable joy of life. Today I am alive. Today is mine !!start again if I get lost in the beauty of morning and all the magnificence that surrounded me. I am Blessed . I am the luckiest of today! Fortunate enough to be awakened "LORD, YOUR GRACES ARE SUFFICIENT FOR ME" 'with grateful heart I begin. The conditioned human nature began to creep in with "MINE and MY OWN' where 'equanimity' start diminishing and narrowing down the circle of love, compartmentalizing and killing the innocent life by our own selfish motive. We live our lives through a roller coaster ride of emotions around us in our families , communities and globally, a never ending cycle of conflict and turmoil. Can we all live in harmony with oneself and with one another ? .The waves keep coming, but you don't get swept away by them. As Swami Satchidananda often said, "You can't stop the waves, but you can learn to surf!" This ability to remain balanced amidst ever-changing conditions is the balance of equanimity.

We encounter daily the pleasant, unpleasant or neutral moments of life. If I let go a little I will have a little. If I let go a lot I will have a lot of peace. If I let go completely I will have complete peace and freedom. Every happening in life has a meaning, no matter how insignificant they are, they teach us to face joy and sorrow with equanimity.! It is the inner condition of a person of wisdom. There's an old story that illustrates the wisdom of this state of mind. A farmer's most valuable asset is the one horse he owns. One day it runs away. All his townspeople empathize with him, "Oh, what terrible luck! You've fallen into poverty now, with no way to pull the plow or move your goods!" The farmer merely responds, "I don't know if it's unfortunate or not; all I know is that my horse is gone."

A few days later, the horse returns, and following it are six more horses. The townspeople say "Oh! You've struck it rich! Now you have seven horses to your name!" Again, the farmer says, "I don't know if I'm fortunate or not; all that I can say is that I now have seven horses in my stable."

A few days later, while the farmer's son is trying to break in one of the wild stallions, he's thrown

from the horse and breaks his leg and shoulder. All the townspeople mourn his fate: "Oh, how terrible! Your son has been so badly injured, he'll not be able to help you with the harvest. What a misfortune!" The farmer responds, "I don't know if it's a misfortune or not; what I know is that my son has been injured."

Less than a week later, the army sweeps through town, conscript all the young men to fight in a war...all except for the farmer's son, who is unable to fight because of his injury.

Equanimity with inner dignity is the nature of the man of true wisdom. He stands firm in loss and gain. Equanimity allows us to open our hearts and offer love, kindness, compassion, and rejoicing, while letting go of our expectations and attachment to results. Equanimity endows the other three values patience, persistence, and forbearance. So, we can keep our hearts open, even if the kindness, compassion and appreciative joy we offer to others is not returned.

Let us not blame others for our unhappiness. Our happiness or unhappiness depends on our actions, not on my wishes for you and for me. Equanimity that ultimately allows us to truly expand our capacity to experience this kind of boundless love for those beyond our immediate circle of friends and family, opening to the infinite capacity of our heart to embrace all beings. (Sr.Jessy Augustine U M I)

CBSE has issued a circular stating that the students who have not completed a regular course of study and have not completed 75 percent of the attendance in Classes IX, X, XI & XII are not eligible to appear for the Board Examination of class X & XII. It has further been asserted by CBSE that shortage upto 15 percent of attendance only will be condoned by the CBSE Chairman on the recommendation of the Principal of the School.





Sr. Daisy George UMI
Nirmala Provincialate

MESSAGE

A beautiful garden is the pride of its grower for it captures the mind of everyone passes by. The gardener tills the ground, fertilises it, sows the seeds, plants the sapling orderly, waters it and tenderly takes care of each plant to his satisfaction. Thus the plants grow healthy, steady, deeply rooted and yields flowers and fruits in due season. The nature is beautified in this manner.

Comparing the family to the garden is apt; parents are the gardeners, flowers their children, and society the nature. The environment in which the child is brought up plays a prominent role in the process of his/her personality development. Children learn the lessons of cooperation, tolerance, self-sacrifice, love and affection for the first time in the family environment and this learning circumstances influence their growth. In a way speaking, a person is the total product of the family with one's qualities and setbacks.

One's experience in the family as a child accompanies one like a shadow influencing directly or indirectly his entire life. The expressions of one's parents - the affection shown, gentle reminders, corrections with love, the norms of discipline put forward for orderly life, directions given with life witness – give expression to one's personality and consequently governs his/her life positively. Vice versa, if the family environment is vicious or bad, there is a possibility of the predominance of negative influence in one's life that gradually leads to decline of morale. In this status one even can get into crimes, and become a cause of unrest in the society.

The school is the second family for one as one's socialization continues from family to school and gets the education in moulding his/her concepts and attitudes. One is deeply touched by the love, affection, character, competence, and moral commitment of one's teachers especially in the early stages of education and continues to remain open to them sharing one's future plans and aims. The school prepares one to develop the personality already started forming at home, and helps to become good citizens, contributing to the progress of the country. Educa-

tion widens the horizons of one's knowledge and extends the boundaries of societal life, how ever a healthy family remains the secure and cosy place for one to grow as it continues to nurture one with physical, emotional, psychological, spiritual and moral support till the end of his/ her life.

Therefore the role of parents in moulding their children with right values, right attitudes and right perceptions is dynamics every possible step and effort parents take in shaping the future of their children affects them significantly at varied stages of their lives. Children learn from their parents to respect one another, let go of certain comforts for the sake of the other, and the attitude of give and take. Parents are the role model for their children. Every child has an innate tendency to imitate his/ her parents in everything they do like style of walking, eating, talking, listening, laughing, interacting and even the way they think. One picks up very fast the sense of discipline and mannerisms of one's parents. Therefore parents are to be cautious to enhance their parental skills by experience and observation and to be positive examples to their children.

As the gardener tenderly takes care of the young saplings, parents are to take care of their children with much love, affection, appreciation, tenderness, and acceptance. The positive strokes children receive at home enables them to build self-esteem, to become self-confident and to move forward in life with conviction, determination, and courage. What one decides to become in life is the choice of one's own and not of the parents. Of course parents are instrumental to lead and guide them to arrive at that choice in freedom with responsibility and commitment.

Healthy and growth promoting family atmosphere contributes to the wellbeing of society. When society is healed of its vices, the nation will be vibrant with positive energy assuring of a happy and prosperous future to its people.

TREND SETTERS

Principal, teachers and students of Ursuline school, Greater Noida have a special place in Universal Solidarity Movement of Value Education for Peace! The trend setting decision of the teachers of the school to travel to USM community at Indore to spend three days of reflection on their mission of mentoring the students was the first of its kind. This initiative has inspired many other schools and started making exposure for their teachers in groups to USM community for special orientation on mentoring the students.

Similarly Ursuline school is one of the schools which never fail to send their student leaders for special leadership training in USM community at Indore.

Both the teachers and students have been part of all major events organized by the Universal Solidarity Movement of Value Education for Peace.

The principal, teachers and students deserve special appreciation for their efforts to promote practical value education.

With best wishes
Varghese Alengaden

*Founder and National co ordinator
Universal Solidarity Movement of Value Education for Peace, Indore*





Sr. Anjali UMI

MESSAGE

“What we collectively do, works”



A lot of people think about changing the world and making it a better place for people to live. The idea of changing the world can be daunting and this desire to change the world sounds very noble and heroic. But is it really possible, to make a huge difference on a global level?

Helen Keller said, “I am only one, but still I am one; I cannot do everything, but still I can do something; and just because I cannot do everything, I will not refuse to do the something that I can do.”

Everybody understands that it is almost impossible for one person to change the world. Of course, there are small ways to make the world a better place. We can make positive changes for some individuals or even groups of people. Some of us can even make changes in whole communities and societies. But we cannot change the world outright. Everything that we have in the world today has been created by many generations of people over a long period of time. A single person or a few people simply cannot make global changes. Most important is this: if we want to change the world, we need to change ourselves first. If you change how you think then you will change how you feel and what actions you take. And so the world around you will change. Not only because you are now viewing your environment through new lenses of thoughts and emotions but also because the change within can allow you to take action in ways you wouldn't have – or maybe even have thought about – while stuck in your old thought patterns.

And the problem with changing your outer world without changing yourself is that you will still be you when you reach that change you have strived for. You will still have your flaws, anger, negativity, self-sabotaging tendencies etc. intact. And so in this new situation you will still not find what you hoped for since your mind is still seeping with that negative stuff. Try being generous with your time, money and resources and see how your life changes. Think about it, if you want to change the world, for the good of society, put effort into your life. As human beings, our greatness lies not so much in being able to remake the world but as in being able to remake ourselves.”

Together we can make a positive change. we can do meaningful deeds and make a positive impact on other people. You need a group of people to change the world for team work makes the dream work. You need supporters and people to advocate your message. Changes does not happen when circumstances improve but changes happens when we decide to improve our circumstances. Millions of people have changed the world. I mean like... Nelson Mandela, Adolf Hitler, who both changed the world, but in different ways. Mandela changed the world for the better, while Hitler did the complete opposite. Other people that have changed the world include Martin Luther King, Abraham Lincoln, Gandhiji, Mother Teresa and many more, who worked for justice and wanted to clear the world of evil! Challenges makes you more

responsible. One reason Gandhi was so successful with his method of non-violence was because he and his followers were so persistent. They just didn't give up. Success or victory will seldom come as quickly as you would have liked it to. I think one of the reasons people don't get what they want is simply because they give up too soon.

when I think about our country India and everything that needs I simply just get paralyzed. There is an old joke that goes, 'How do you eat an elephant? One bite at a time.' The point it makes is pretty valid. None of us can change the entire world all by ourselves, but by making small amendments in our own lives and encouraging others to do the same, a snowball effect occurs that can affect the entire planet in time. Here are a few simple ways that you can help bring about positive change in the world:

1. **Build Character & discipline in you:** The saying goes "Charisma opens door for you, but character keeps you in". The one thing which determines a high achiever from an ordinary one is his/her character and discipline. It's not an easily bought commodity but your daily agenda will showcase who you will become tomorrow.
2. **Start Small:** You don't have to take on everything at once, in fact, Start small and just take the first step and continue to build on it, empowering others to improve their own situations and successfully leading several other initiatives to help the poor and the less privileged .
3. **Be a Good Neighbor:** You don't have to travel the world to make an impact. You actually have the greatest knowledge and influence in your own backyard. Make an immediate difference by reaching out to your neighbors. "Choose your corner, pick away at it carefully, intensely and to the best of your ability and that way you might change the world." -Charles Eames
4. **Highlight an Issue:** Do you feel strongly about an issue that doesn't get enough attention, or where change is slow? Become educated on the issue and highlight it, advocate for change, share information through modern social media, Working on an issue like this, can create a huge impact.
5. **Practice Acts of Kindness:** "I alone cannot change the world, but I can cast a stone across the waters to create many ripples." -Mother Teresa

A small act of kindness creates a ripple effect that can carry from person to person, brightening many lives. From giving someone a smile to holding a door open for someone, doing chores for other people, donating to charity, or buying lunch for a friend, it doesn't take a lot to make someone's day a little bit better. Performing these simple acts of kindness increases feelings of happiness and positivity and above all acts of kindness create an emotional warmth.

6. **Be Authentic in Everything You Do:** "You must be the change you want to see in the world." Gandhi .You have a unique value and perspective on life and that makes you inherently beautiful and amazing. No one else in the universe is like you. Bring your true, authentic self to every situation for authenticity creates higher levels of empowerment, creativity, and overall well-being .

Now what is one thing we can start doing toward that goal within the next 24 hours? Big goals can be daunting, but focusing only the next action allows us to make progress without feeling overwhelmed. Don't wait - "Now it's our turn". Begin with just one small step and keep it up. Before we know it, we will have moved mountains for team work occurs when diverse abilities and insights join together to work toward a common goal..



Prisca Julie Franshaw
School Counsellor

MESSAGE

Mind has no limits.....

*"While the individual man is an insolvable puzzle,
in the aggregate he becomes
a mathematical certainty. You can
for example, never force what any one man
will do, but you can say
with precision what an average
number will be up to"*

Everywhere in the world today, formal education attempts to impart knowledge, which leads to earning capacity at higher and higher levels. Such a capacity caters only to physical survival needs. It leaves many other equally vital concerns of human life untouched. For these areas people need to look elsewhere: while great emphasis is laid on learning the mechanics of the physical work (including the human body) there is no importance in our systems of formal education for grasping the mechanics of the human mind, especially of one's own mind. Students learn the mechanics of marketing or accounting and the strategies to deal with situations arising in these areas, but there is no effort to understand the functioning of the mind; no technology to explore the mysteries of this area. How are human beings wired? Which inner mechanism prompts us to action, what makes us angry, what are the roots of stress, what prompts us to action, what lies behind the choices we make? All such are left untouched, unasked and unanswered. The human mind is the wildest of all animals. Uncontrolled, it runs in all directions. It can build or break a life. Your mind can make hell out of heaven, and heaven out of hell. While animals are programmed to live in a fixed way and have no choices, human beings are always at a fork and must constantly choose the direction in which to go. They must, therefore, learn to distinguish right from wrong, and not be swayed impulsive into actions which, more often than not, lead to disaster. The two principal mechanisms of the real (inner) personality of man are the mind and the intellect, and the right choices and actions emerge when there is balance and harmony between the two.

While the intellect involves thinking, discrimination, judgement and reason, the mind is the repository of feelings, emotions, impulses, likes and dislikes. The mind has no limits, no direction and it can harbor endless desires. A mind uncontrolled by the intellect runs riot: it is inconsistent and cannot lead to meaningful living. The root of success is creative imagination, which involves both the mind and the intelligence. Generations of imaginative ideas call for feelings and emotions as much as discrimination and reason. The creative process requires more than reason. Most original thinking is not even verbal. It requires a groping experimentation with ideas, governed by intuitive hunches and inspired by the subconscious. The majority of businessmen are incapable of original thinking, because they are unable to escape from the tyranny of reason. Their imaginations are blocked.

At another plane, it is not difficult to see that the real source of all human energy – be it mental, imaginative, intellectual or even physical – is the mind and not the body. A mountaineer climbs a high peak not by the muscle power or stamina, but essentially by his will power. Gritty soldiers who dislodged the enemy from

the high peaks of Kargil war were driven by their spirit, the so - called morale in army language. What is the root of will power? Is it inborn or a product of circumstances? Can we do anything to strengthen it?

On the other side, it can be easily a small percentage of the enormous waste of human energies arises from the physical state of the body. The main cause is the debilitating mood induced by the mind: anger, jealousy, upsets, disappointment, stress, problem in relationships, regrets and grief. The mind has a tendency to ramble on in a negative manner on worries of the past and anxieties of the future. This leads to constant complaints, which sap energy. There is a loss of efficiency, productivity and concentration. The truth is that rather than events it is the interpretation of events by the mind which make us either happy or depressed. The same events and happenings of life produce different responses in different persons because interpretations are entirely a creation of the inner personality, which is a combination of the individual's mind and intellect. Any good doctor or analyst will confirm that the sex act – with all its ecstasies and joys and frustrations, even the physical aspects – is entirely an act of the mind.

If we see the truth of an incident as an interpretation by the mind, it is easy to understand the ancient statement: 'the universe is inside you', or we can say 'all that you are is the result of what you have thought'. A logical analysis would easily establish that the real source of stress is the internal interpretation of an external event. The word is as it is and other people are what they are. Their actions have a logic and rhythm of their own, none of which is subject to our hopes and desires, and stress is nothing but mental agitation caused by our unfulfilled desires. The mind has a tendency to develop endless desires. It links present happiness to future achievements, which keep multiplying, and move happiness and peace of mind farther and farther away.

The truth also is that life sustains itself by desires; without desires there is no life. Desires are the motivating force of action. But, uncontrolled and undisciplined desires lead to obsessions and all kinds of negative attitudes (craving, greed, lust, and avarice); when controlled, they create a zest for life. They become an aim, a positively directed ambition, an aspiration, a goal, an ideal to work for. When there is no discipline, one fails to assess the world (people, environment, opportunities) realistically and builds unreasonable expectations. One wishes the world to fit into the pattern of his hopes. This inevitably leads to disappointments and stress. The real problem is that one fails to analyze the internal and external situation he or she is in.

Controlling the Mind

Religion, in its essence, means controlling one's mind. All rituals of religion, when not reduced to sheer mechanical motions or twisted by blind beliefs propagated by the self-seeking clergy, are steps in that direction, especially for those who lack the mental and intellectual equipment for an enquiry into their inner self. For the better endowed, the question is not of quibbling about the biological location or nature of the mind; what they need to aim for is the source of will, lack of will or anti-will. We need to go beyond clinical knowledge, beyond the plentiful such information our academics bodies have. We should enquire into what makes us the way we are, what makes our will weak or strong, what purpose we seek from our lives beyond merely catering to the physical necessities.

Our managerial – intellectual – classes must explore the sources of power to sprint, the power to endure. Such power is rooted in the deeper, non-rational layers, which can neither be ignored nor treated disrespectfully. It must be recognized that the conceptual 'day-time' intelligence is not all in all. If the first winds of youth are to make our bright students good professionals, they must be exposed to an educational technology, which makes them conscious that without launching an enquiry into the mechanics of their own mind, they must be exposed to an educational technology, which makes them conscious that without launching an enquiry into the mechanics of their own mind, they will not travel far along the wide avenues of opportunity, which open out to them from the intellectual – academic knowledge acquired by them.

If you fail, never give up because F.A.I.L. means "First Attempt in Learning". End is not the end, in fact E.N.D. means "Effort Never Dies". If you get No as an answer; remember N.O. means "Next Opportunity".

So, let's be positive – A.P.J. Abdul Kalam

EDITORIAL MESSAGE

Dear Readers

World is full of amazing talents and we are proud that in Ursuline we nourish such talents and create a future full of optimism and enthusiasm. I feel delighted to acclaim that we are ready with the second issue of our magazine, which is an effort to capture all the precious moments of 2016-17, studied in the ambience of Ursuline like shining stars. I am really thankful to our Principal Rev Sr. Nirupa for entrusting me with the responsibility of being a part of the editorial board.

I am also thankful to all the blooming writers who have penned their ideas for this magazine, also my sincere thanks to the editorial team without whose support, the task of editing this magazine would have not been possible. Finally, I wish all the readers a happy reading.



Dr. Anshul Jain

Dear all,

In the words of Margaret Mead, "Children must be taught how to think, not what to think" In this concrete world, with the changing challenges of everyday life, it is time for us to



Shruti Aneja

recognise, appreciate, applaud and foster the sensibilities in every child. We pride ourselves to provide a quality education with an effort to instill the virtue to think. This magazine is a launch pad of the innovative genius and creativity of our students. It would not be wrong to say that their hard work compounded with teamwork of our staff played a strong role in envisioning the layout of this magazine. My sincere thanks are due to the Ursuline management, our dear principal Rev. Sr. Nirupa and my editorial panel who have extended a helping hand in breathing life into these pages Happy Reading!.

प्रिय पाठक

मानवीय संवेदनाएँ ही श्रेष्ठतम समाज की रचना करती हैं। संवेदनाएँ अनुभूति को जगाती हैं, और यह अनुभूति ही सृजन की प्रेरणा देती है। हम आशा करते हैं प्रस्तुत पत्रिका आपको सृजन के विभिन्न रूप दिखाने में सक्षम होगी।

सृजन की अपार क्षमता लिए, कल्पना की असीमित उड़ान लिए, संतरंगी स्वपनों का कोष लिए, मन में दृढ़ संकल्प लिए, यह पत्रिका सप्रेम समर्पित है।



सिन्धु थोमस

Message from Parents

It has been a great experience with Ursuline convent. The students and the teachers have a very good bonding which helps the mental growth of the students. The school plays an important role in widening the outlook of students' virtues such as discipline, sincerity and truthfulness. And it provides all the curriculum activities to the student for their overall growth. In short this school is a perfect place for one's child's complete education.



Meghasree Burman



B.N.V Subramanyam

I am extremely obliged to the school management as my children have got a peaceful environment. They have learnt good manners, discipline and secured quality education. I am very thankful for these kinds of extreme facilities such as smart class and OBTO concepts. Messaging system has ensured their performance in classes. I am also happy with the concept of conducting rallies for Swach Bharat Mission and voting Awareness Campaigns.

“We are like TEA BAGS – we don't know our strengths until we are in hot water”

URSULINE CONVENT SR. SEC. SCHOOL is the same hot water that had recognized, appreciated and had foster the fine blend of sensibilities in my children thus providing them a platform to outshine in the crowd with the exceptional qualities. The institution presented a homely atmosphere with the disciplinary and behavioral teachings. The interaction between teachers and parents is recommendable. I, as a parent, view this school as a neat platter serving the best of knowledge, skills and virtues, gifting my girl an identity.



MR. MUKESH RAJPUT



SANTHOSH KUMAR V.N.

A School is a temple of learning. As a parent, I too, want children to instill ethical values along with academic excellence. Ursuline leaves no stone unturned to provide a culture that aids them to nurture virtues to become a better human being and a fruitful resource for the country.

Nice looking big beautiful building, reasonable fees, good transport facilities. The students are also deeply committed to the protection and conservation of the environment.

An excellent place for QUALITY and INTEGRAL EDUCATION.



P R SINHA

Message from Ex Students

Fortunate are those who experience a blissful school life and by the God's grace, I have been one of them. My school days have been the most cherishable time period of my life. A school is a holy garden where teachers play a vital role of a good gardener and nurture the students to blossom into colourful flowers. And so I express my deep gratitude to my school & my teachers for their immense love and support as the personality that I possess today is only due to their valuable guidance.

My school and my teachers have contributed to my all over development as a human being. In this era of competition and race of success, the foremost aim of my school has been to up bring the students who are good as person, to acquire all the traits of a good human being.

And so I shall remain thankful to my school.



Niharika Mishra

Reminiscing old memories

Somebody has rightly said, "Memories warm you up from the inside, but they also tear you apart." I find myself fortunate enough to be a part of Ursuline convent school. Not only has it molded me into a better person, but has also imbibed in me moral values that always help me in times of need. Those days in Ursuline have left an indelible imprint on my mind and I just can't happen to forget those good old days. From morning prayers in the assembly to the school anthem at the end of school hours, each day was a new experience. Participating in a variety of events and competitions helped me grow better as an individual allowing me to unleash my true potential. Ursuline is an ocean of talent which gives students ample opportunities allowing them to discover their hidden talents and it is the same place where I got to discover mine. Different classes used to get a chance to perform something for the morning assembly and I waited for time when my class would get to perform on stage. Another time of the year everybody eagerly waited for was when Christmas was near. The atmosphere at that time was so cheerful and happening and it used to be so much fun. I still remember Sr. Rekha guiding us all the way for skits and plays during that time. It indeed was a wonderful experience where teachers have always been of great help to me, and I offer a deep sense of gratitude to all of them. I do wish somebody discovers a time machine soon, and I can grow back into a child again to experience those wonderful years of my life. Thank you ursuline for showering so much love and making me a better person.



Shiwani Rawat.
(2013-2014 Batch)

"There are memories that the time doesn't erase."

Being a part of the institution at its infant stage I feel elated, proud and nostalgic, all at the same time. I joined Ursuline in the year 2000 and even after passing out, I continue to see Ursuline soaring high and spreading its magnificence, principles & beliefs & shining brighter with every passing year. The teachers, the staff and the administration are highly qualified, not only professionally but also morally. The teachers put their souls and guide the children, preparing them for all that they are to face in the future. It is due to their efforts that the students triumph in their lives and stand for what they truly believe in.

Thank you for shaping up children who possess individuality, morals and values.

MAY YOU ALWAYS SHINE!



shiwani singh

Message from Ex Students

On this 27 march, when I was going to college, and around 7 AM. I was in auto waiting for co-passengers and suddenly I saw my school bus waiting for kids and saw students running to catch their bus, that particular scene was enough for me to go in flashback for that entire day. I had beautiful and exciting school days. And most probably when we are out of school, then we realise the importance of those golden days in our life. I have spent my life's 11 years in Ursuline convent and though it had been only three years that i had completed my school and maybe there are many good things that life may offer me but i can proudly say the amount of guidance, care, corrections, appreciations, I have received in my school i wont receive it anywhere. It is said school is a institution where you learn skills and acquire knowledge but for me it was a place where i have learnt my basic lessons of life. For me it's a life time memory, the beautiful bond I had with my teachers and their focus was always to make us a beautiful human being. I think bookish knowledge and syllabus is completed in every school but the focus to a develop an over all personality and be a beautiful human being is something specially taught in this school. The time spent in school is crucial time as the lessons we learn here, contributes in developing our personality. The guidance, the scolding, the care and knowledge to do right things at right time have played a major role in developing the personality I have today. If today I find myself at good place or if I get appreciation for the way I am, I would totally give its credit to my teachers and school. I would like to express my heartfelt thanks to wonderful teachers and sisters in Ursuline for making my life little easier and better by guiding me through all these years. Thank you for making me good leader, initiator and above all a good human being. Though I know it would be never enough to thank all the wonderful teachers there who work so hard to guide and nurture students like me, thank you so much dear teachers. I feel proud to say that I m ex-student of Ursuline convent. At last I would conclude by saying, Let the light of Ursuline always shine and illuminate the life of thousand s of students studying there and may their life be a successful one.



Akansha Rai...

"Ursuline is a place where I developed during my formative years. It gives individual attention to students due to small class sizes and fosters creativity. I benefited hugely from the same and Ursuline proved to be a stepping stone for me to achieve greater things in life. The school inculcates a spirit of competition with wholesome development and I don't think the 13 years I spent here could have been any better. I hope everyone gets to witness this first hand and see for themselves the wonders a personalized convent school education can bring in their children."



Gurmeet

The life at Ursuline is multidimensional, with immense opportunities to learn and grow. Learning is clubbed with fun which produces amazing results. The teachers, staff and the environment at school are great and make you push your limits in every domain. I have experienced almost everything at school from Excelling in academics, national level competitions to forming a rock band, getting rid of my stage fear, bunking classes, mimicking teachers on the last benches and what not.

When you are out of the school you suddenly realize the importance of the things you learnt at the school. I am grateful to my school for helping me to reach where I am right now and I am proud to represent my school here at IIT Roorkee.



(Ayush Maheshwari)

School is said to be second home but in my case I got a second family in Ursuline. Obviously, only family can take such pain to look after you at every step. Frankly speaking when I entered this school I never knew what I was but my school has given me every thing in abundance, be it knowledge or love. Whenever I have been praised for anything, be it my fearless attitude, my leadership qualities or even the way of talking, I have always thanked my parents as well as my Ursuline teachers for making me what I am. Let me say they have groomed me into beautiful person, in and out.

I would like to share an instance when I was nominated as a school pupil leader, one of my teachers came out of the staff room and said, "Ankita, I am proud of you. You know almost every teacher took your name for school pupil leader. Be the way you are." And that moment of my life I can say was one of my best moments because getting love and respect from your teacher is the best thing that can ever happen to anyone. I have not only learnt few lessons from the books but my teachers have made me to read and analyze the life lessons. The bond I share with this school is eternal and priceless.

What is best thing about ursuline is that their priority was always making a student a better person for the long run. I often say to my friends when someone drag their feet and walk, that if they would have been in my school they would never walk like this because we got scolded for this. At that time it was just scolding but now I thank God and my teachers for every gentle thrashings because that had played a vital role in making me a beautiful person. I don't have enough words to thank my school Sisters, teachers and even the non-teaching staff who have always been loving and caring towards me.

I can say I have beautiful school memories which I am going to cherish for my whole life. The way Ursuline has nurtured me into a beautiful person I wish they keep on spreading their divine light in life of other students with the help of Almighty and making them proficient enough to be proud of our school Ursuline.



Ankita Rai.

TEARS -Journey to Farewell

Just as the same old lame starter, A tiny tot stepping into the academic phase of his life just as the title states TEARS ,Yep! Tears ,the beginning was just an outburst of tears,not willing to enter the zone which is so much to be missed after the end of this phase.

I remember entering into the class with too many people around ,giving each other a gazing look,new faces, new smiles, new emotions and most importantly new folks to deal with .

Not just as a stepping stone to the beginning of my life' Ursuline' gave me an opportunity to nurture those steps , not just the environment. I had been into but the curriculum which we were subjected to. Every school provides education but education up to the level of satisfaction which could be realised when your parents can refer the school to other acquaintances, and that was the day I realised that not even me but my parents too were satisfied by the level of education service which Ursuline provided.

Basically ,targeted areas of interest of mine were taken in consideration ,building my basics strong enough to cope up with the upcoming challenges was dealt by the faculty or should i state them as Friends indeed. Yes friends even today when I contact them feels like they are still the same as I met them the days as I used to .

Though sweet memories may be good enough for a child to attend school but oh life, a monotonous mind to be frank needs a break ,eventually summer break was the eventful phase as it served as the basketball session with friends at dawn. Though the friendship was not defined up till the school but the reality was up in front of us when the eyeball was enlayered with tear drops in consideration to the fact that ,may be the farewell day is the last when you meet every folk for the last day i guess .

Agonisingly days went by every single one parted away but the memory that stuck the mind of every individual to the essence of nostalgic emotions was the school which we passed by "URSULINE".



Anshul kulshrstha

Achievements

“A Trophy carries dust, Memories last Forever”

Over the last year, sports and recreation has continued to play a vital role in the lives of Ursuliners. From a casual games class to an inter-school competition, hundreds of students participated in different events and enriched themselves with physical, mental and emotional benefits.

Our school leaves no stone unturned to encourage participation in sports which helps the students to grow enormously. Discipline teamed with the spirit to win is our motto and champions prove it right by adding on the glittering trophies to the school's priceless collection



Event name : 8th Inter school Athletic Meet
venue : J. B. M Global School, Noida
Date : 19th Nov, 2016

Description : 8th Inter school Athletic meet, which was organized in J. B. M Global School. Noida on 19th Nov,16. In This competition our students won 38 medals(15 Gold, 16 Silver, 7 Bronze) with Championship trophy.



Event name : Roller skating competition
venue : Pragyan School, Greater Noida
Date : 28th Oct, 2016
Description : Roller skating competition for U-6, U-8 & U-10 categories was held on 28th Oct,16 at Pragyan School, Greater Noida. In This competition Tanvi Chaudhary(UKG-C) and Aditya Prasad(V-C) got Gold medals.
Participants are : 1. Tanvi Chaudhary (UKG-C)
 2. Aditya Prasad(V-C)



Event name : Management fest (2016)
venue : RMBI Institute
Date : 16th Nov, 2016
Description : Students from Ursuline Convent Senior Secondary school Greater Noida participated in Management fest(2016) held at RMBI Institute. 14 students from our school participated in various events and won 10 gold & 8 bronze medals. We are proud of them.



Event name : CBSE Cluster – 19th
venue : Blue Bird International School
 Dhanaura
Date : 24th – 26th Nov, 2016
Description : CBSE Cluster – 19th was organized by Blue Bird International School Dhanaura from 24th – 26th Nov, 2016.
Participants are : 1) Aman Tiwari - bronze in 100 Mtr race. 2) Chetna – Bronze in 100 Mtr race. 3) Saloni Bhati – Bronze in Long Jump Under – 14.



Event name : 8th Inter school Athletic Meet
venue : J. B. M Global School, Noida
Date : 27th Nov, 2016
Description : 8th Inter school Athletic meet, which was organized in J. B. M Global School. Noida on 27th Nov, 16. In This competition our student Siddharth Attri of IV D won Gold Medal in 100 Mtr. Race under – 10 Category



Event name : Winners of spelethon competition from Classes 1 & 2
venue : UCSSS, Grater Noida
Date : 4th Jan, 2017



Event name : Football Championship
venue : J.B.M. Global school, Noida
Date : 27th Nov, 2016
Description : J.B.M. Global school, Noida organized U-10 Football Championship on 27th Nov, 2016. In this tournaments our school team got "Championship Trophy."



Event name : Inter School Football Tournament

venue : Jesus and Mary convent school,
Greater Noida

Date : 1st Feb – 6th Feb, 2017

Description : Inter school football tournament was held in Jesus and Mary convent school, Greater Noida from 1st Feb – 6th Feb, 2017. In this tournament most of the NCR teams participated and Ursuline Sub Jr. team got the winning trophy. Shivam Rawat was declared as best “Goal-Keeper” of the tournament.



Event name : Under 16 cricket tournament

venue : Rabupura

Date : 25th January, 2017

Description : Under 16 cricket tournament was conducted in Rabupura. In this tournament Ursuline School Team won the First Prize. Man of the match won by Lalit Kumar for scoring 75 Runs in 58 Balls & took 2 wickets in that match.

Participants are: IX B - Lalit Kumar(C), Arun Kumar, Nishant Verma, Mandeep Rawal, Prabal Pratap, Aniket Pal IX C – Sumit Rawal, Rahul Rawal, Priyanshu Nagar



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Event name : CBSE National Roller Skating
Championship

venue : Amritsar

Date : 29th Dec, 16 – 1st Jan, 17

Description : In this tournament two students from Ursuline Convent Sr. Sec. School, Gr. Noida participated. The two little champs Aditya Prasad of class V and Shrey Teotia of class VI brought laurels to the city. Shrey Teotia also won Gold Medal in 1000 mtr. inline.”

Participants are: Aditya Prasad of class V and Shrey Teotia of class VI

URSULINE CONVENT SR. SEC. SCHOOL GREATER NOIDA
CBSE - SECONDARY SCHOOL EXAMINATION 2016
X CLASS

SR. NO	ROLL NO.	STUDENT NAME	CGPA
1	5378537	AMRITHA MADHU	10
2	5378538	SANDIPAN DEBNATH	10
3	5378543	AKHIL SHARMA	10
4	5375554	KUMARI SANSKRITI SINGH	10
5	5378556	RAJNI KUMARI	10
6	5378564	VANDANA	10
7	5378569	RIJO RAJU	10
8	5378572	ANSHUMAN KUMAR SINGH	10
9	5378581	ANANYA BHATTACHARIEE	10
10	5378582	MANVI TIWARI	10
11	5378592	PRIYANKA SAINI	10
12	5378599	NAYAN JAIN	10
13	5378602	ADITYA RANA	10
14	5378608	NEHA RAWAT	10
15	5378610	SAKSHI VERMA	10
16	5378614	SHERSTH VYAS	10
17	5378618	AMARJEET SINGH CHANUHAN	10
18	5378636	SHARANYA DUBEY	10
19	5378637	SHRUTI	10
20	5378641	NAINEE CHAUHAN	10
21	5378645	TUSHAR	10
22	5378654	NISHANT SINGH	10
23	5378657	ASHUTOSH PRADHAN	10
24	5378648	ASHUTOSH TIWARI	9.8
25	5378613	ESHA JENA	9.6

URSULINE CONVENT SR. SEC. SCHOOL GREATER NOIDA
CBSE - S ENIOR SCHOOL CERTIFICATE EXAMINATION 2

Our Toppers (Four Subjects)
Class XII

Science

SR. NO	STUDENT'S NAME	%
1	Nandini Vashishth	95
2	Vaibhav Sharma	93.2
3	Tanuja Pant	92.2
4	Harshit Singh Jodon	92.2

Commerce

SR. NO	STUDENT'S NAME	%
1	Rashi Gupta	93.2
2	Ayesha Chauhan	88.2
3	Arushi Awasthi	87.7

Events and Celebrations

BLOOMING FIESTA - ANNUAL CONCERT 2016

A complete in house production combining art, music, dance, oration and multimedia presentation, BLOOMING FIESTA, Annual concert 2016 was a success, our chief guest, His Majesty, Mr. Nagendr Pratap Singh, D.M Greater Noida added grace to the occasion with his presence. He inspired the students with his galvanizing words. Mrs. Sujata Singh S.P, Greater Noida was the Guest of honour. The audience were left spell bound to see the charismatic and mesmerising talent. Everyone was swelled with pride to see them striding beyond expectation. This eventful day left everyone awe-struck.

Annual function



Annual function



FESTIVITIES

"Life is a festival only to the wise." When you are looking to have fun, you really don't have to look too hard. All you need to do is round up a few of your most fun loving pals and head to a carnival or celebrate a festival with the utmost zeal. Festivals are a time for bonding; a time for cross- Cultural exchange, a time to forgive and forget. Whether it is Lohri in north or Pongal in the south, our Ursuline family makes it all the more exuberant by staging special assemblies on most of them. The students put forth dance - dramas, songs and dances to teach us to forget enmity & narrowness and join hands with each other to strengthen the sense of purity and sanctity.

Christmas Celebration

The festival of Christmas celebrates the birth of Jesus Christ, the wonderful gift that god bestowed on mankind in the form of his beloved son . Christmas is the most awaited festival. The cold month of December brings warm enthusiasm to celebrate the advent of Jesus Christ with gaily. In Ursuline on 22nd December Christmas was celebrated with great fervour. In the beginning of the programme ,the whole school was echoed with holy hymns recited by UMI candidates. A beautiful poem describing all the hardships faced by mother Mary in the birth of Jesus Christ was presented by Hindi teacher Sindhu Thomas. This poem was recited along with a heart touching skit comprising a group of teachers: Anil Sharma, Virendra kumar Manish Bhati, Naresh kumar, Ved Prakash, Pinki Messy and Marykutty .Some songs were presented by teachers' choir group. The festive spirit was witnessed among the teaching staff and students throughout the programme.. Students celebrated Christmas by distributing eatables to the needy people.

The programme ended with an enlightening speech by Sr. Nirupa showing us the path of righteousness, forgiveness and benevolence.

The most astonishing feature of the programme was Santa Claus, who came among staff members and students ,danced with them, distributed sweets and disappeared mysteriously.



Charitable Attitude

Our Charitable attitude dose not merely highlight our fundamental belief in the virtue of giving but it reflects and glorifies the very nature of God, and so is considered to be the all time perfection of human spirit. The other name of Christianity is charity. St. Mother Teresa's inspirational personality is one of many best examples in this regard. She has been entitled as 'Saint' not only due to her saintly works, but due to her 'Saintly Soul'. Her healing touch has revived many and reaffirmed our faith in humanity. Bible verse will help remind us why we need to make being charitable a priority.

Isaiah 58:10 "And if you spend yourselves on behalf of the hungry and satisfy the needs of the oppressed, then your light will rise in the darkness and your night will become like the noonday." In ursuline we nourish our hearts with the virtue of giving and flourish under the benevolent guidance of our Ursuline management and our principal, Sr. Nirupa, sowing the seeds of charity in Ursuline students and preparing them to come ahead altruistically in the various charitable events held during the session 2016-17

Glimpses



GO GREEN Earth Day

A drive towards 'Clean India' green India' was pledged by our school where they volunteered themselves to carry forward this mission, started by our Prime minister, Shree Narendra Modi. The quality of the environment needs to be monitored regularly and our students focussed on environmental assessment, awareness advocacy and action. They were captured planting saplings, watering the green patches and making the people aware of these responsibility towards the ailing environment.



FETE

The Ursuline Staff and Students Organized a colorful fete on the last day before the winter- break. The atmosphere became electric and exciting when the students and the parents enthusiastically stepped in the arena to participate in various fun-filled games. There were many food counters too with delicious mouth watering cuisines to serve the taste buds. It was indeed a nostalgically memorable day which ended with cheers and smiles on every face.



Janmashtmi



Children's day



Investiture Ceremony



Tiny Tots

Our Primary Section of kids - whose minds are the windows where only the pleasant things tumble in to make the room beautiful, to have imprints of infinite zeal and tumble out again to soar high in the sky spreading happiness all over the world is the most enthusiastic one. Every Morning these kids stuff their satchel not with books but with dreams and set out on their joinery to fulfill them by getting indulged in miscellaneous activities. Their zealous world finds no bounds of caste, creed, status and physical appearance. Their enthusiastic indulgence seems to impart an unspeakable message that matches with that of Ralph Waldo Emerson, a radical thinker.

"Never lose an opportunity of seeing anything that is beautiful; for beauty is God's handwriting welcome it in every fair face, in every fair sky, in every fair flower, and thank God for it as a cup of blessing."

JUICE AND BALLOON DAY CELEBRATION



EARTH DAY CELEBRATION



SPECIAL ASSEMBLY BY UKG-A



ASSEMBLY BY UKG



CHRISTMAS CELEBRATION BY UKG



PICNIC BY LKG



PAINTING COMPETITION



Principal's Birthday



Teachers' day



Adventure camp



Life skill workshop



Debate competition



Independence day celebration



fashion show competition



LA inauguration



Poster making competition



Republic day celebration



Labour day



ASSEMBLY ON RAKSHA BANDHAN



ASSEMBLY ON ID



Have a Vision? Make the Right Decisions! Vote!

Voting is not like choosing what to eat off a restaurant's menu. If a person makes bad choices at a restaurant, at least only she bears the consequences of her actions. Yet when voters make bad choices at the polls, everyone suffers. To make people aware of the ethics of voting, students of Ursuline participated in various activities to celebrate **Ethical Voting Week**. They showed their talent in different competitions organised in the school campus like rangoli-making, poster-making & declamation. To revive the spirit of voting among people, the students of classes VII to IX rallied with inspirational slogans and staged a Nukkad Natak. The actual meaning of Ethical voting was conveyed in the most simple ways via brain- storming ideas and presentations of our students.



ECO QUIZ

The Eco Club of Ursuline convent school conducted an inter class Eco quiz to bring awareness about environment issues among school students. The Students participated whole heartedly and came out as winners



Teachers' Seminar



EDUCATIONAL TOUR

An Educational tour to Shimla, Chail, Kufri and Chandigarh was organized for students in the month of October. It was an experience of a life time.



Students' Creativity

A NEW RAY OF HOPE FOR HUMANITY – USM



Life would have been an ordinary one for me if I wouldn't have boarded the train to Indore with my friends last summer..... I had it all pictured in my mind from the tidbits of info I had from my friends the usm building where we would stay the prayer hall the people we would interact with the serene and peaceful environment there BUT the moment I got there I knew I was wrong the place was totally different from what I had imagined and once and for all I was happy to be wrong.

The 7-days training programme wasn't just a seminar for me it made me realize my potentials and what I could do for others From making my bed to completing the projects each and every task came with something to learn and provided me an opportunity to explore and guide myself through the right and wrong.. interacting with people and learning through experience was the best part though.

I learned the difference between an ambitious and visionary person I was ambitious but with the help and guidance of usm I made a vision for everyone I always wanted to bring changes bring improvement in my country.. but I wasn't aware of "how" and I did broaden my dimensions of thinking and applying with the help of everything I discovered from usm.

I was all wrapped up in a bubble with little or no contact with the harsh realities of life but i was soon face to face with the miseries of thousands of people I thought to myself," how can I enjoy lavishly when lakhs of people don't even get something to eat at least once a day?" I felt it my duty to help anyone who craves for help to protect anyone who feels insecure.

I thank usm for showing me the right path to take. I thank usm for giving me a chance to do something for humanity. I thank usm for helping me decide my mission and purpose of life.

Thank you USM!!

Why not me..?

God blessed us with many talents. Small or great but he has done it .They could be as small as having nice presence of mind or it could be as big as having a capability to be a billionaire. But have you ever thought with which specialty you are extremely blessed ? Well if you have done it. It's pretty good but if you haven't known it for so long, you are missing out something really very important. Do you know what is it? They are mesmerizing opportunities and do you know that they come to you with an alert. They come to you every second and every minute ...but how? Often wondered why your friends, parents, relative, siblings or anyone one else always force you to do common things such as to sing a song, to dance or to recite poem??and after you have done it they get overwhelmed. It fills disgust to us but actually they are your so called opportunities. Think over it and one day you may find your true path ..Maybe singing a song can gives you opportunities to be a singer or reciting a poem could be your way towards positive orator. So next time if somebody tells you to do a good thing... Never miss it!! Grab your opportunity and give your best...think as if – 'why not me?' and give your best because the real opportunity for success lies within the person and not in the job.



B. Manjusha
IX-B

I'VE GOT VALLEYS TO CROSS

I walk alone with my dreams
With hope in my heart and head held high
With a very descent prospectus
And have got new wings to fly
I walk alone with my life
With love as strength to make great strides
With the purest faith in god
And have got some rules to abide
I walk alone with my passion
Like arrows to shoot to the destination
With aspirations just like fire
And got to go up higher
I've got my dreams, I've got my life
I've got that power within me
Just to fly like an albatross
As I've got valleys to cross

Anjali Girish
XI- C

KALYUG AND SATYUG

"Satya ka yug tha satyug, Kaal ka yug tha kalyug."

Two different theories on either side, kalyug and the satyug. Kalyug is regarded as the present time, the time where we are living. Kalyug is the yug or era of destruction, injustice, sorrows, crimes, theft and many other nasty things. Satyug on the other hand was our past, the era of lord Rama, where love, peace, justice, care, and happiness prevailed on Earth.

There can be many reasons for this total transformation from satyug to kalyug, such as development of hate rate, competitions among the people, discrimination on the basis cast and gender, poverty and lack of happiness. If we step back to our past, in the era of satyug, we would be able to observe and identify the beautiful bond of love among people, the bond of care, peace and respect of every relationship. But later today, we find a drastic change where one can find only wars and hardly a single penny of love, peace and care among ourselves.

Today we the people living on Earth in the present era of kalyug have a jet black heart and a hurricane underneath it to keep each and every person apart from each other without any actions.

Dear readers it is still in our hands to develop the era of satyug in this era of kalyug if we join hands together and develop love, care and affection for everyone in our hearts.



Anjali Girish
XI- C



Enjoy every moment of every day,
Take your time and go out and play,
Enjoy the time when all goes well,
And when it's bad, do not dwell.
Enjoy every heartbeat your heart is willing to give,
Make it count for as long as you live.
Enjoy the things you like,
Endure the things you not,
Count your blessings,
They are a lot.



Enjoy the love of the people around you,
Pick yourself up, when you are feeling blue.
Enjoy every smile, each splinter of fun,

Enjoy your life, you will only get one. Ashutosh Pradhan
Enjoy your life, you will only get one. Class XI-C

LIFE – "Road to Hill Station"

Life is actually like a road to a hill station. The roads are topsy-turvy and a lot curvy, that are like several twists and turns in our life.

The scenic beauty along with the curvy roads explains us that how many complications our life might carry, but it has a refinement along side, it has a lot of happiness and joy which merely leaves us throughout the way.

It is full of surprises as we never know what is there after the next turn or in the next valley.

The narrow roads depicts the critical moments of our life where a single mistake or a pinch of carelessness can prove costly. But on the positive side they also prove that there is a way out of every critical moment if crossed or faced with patience and care.

It also show that life isn't a race, as over speeding is prohibited in the hill sides, if rushed it might generate negativity, but if moved smoothly, the journey becomes easy going.

The hill station is the ultimate goal where we would have wished to reach, where we find peace, pacification, unanimity for ourselves.

This small journey to the hill station shows our whole life, which is full of surprises on every turn, full of critical moments, full of twists and turns, but it will ultimately end when we reach our desired place where we find peace.

The plot for this article was taken from our school excursion to Shimla during September 2016.



Ashutosh Pradhan
XI-C

we salute them all, who became martyr in those wars and fights

Far away from their families
Fighting for, us to be safe, they live a miserable life
in tents, huts and carves

They are our brave soldiers
alert day and night
we salute them all,
who become martyr in these wars and fights

A father who never saw his 6 months old daughter
A son, who promised to come
home this diwali.

A brother who did not see his sister in the bridal
getup and a husband, who last saw his wife the day
he got married

yes he is one of our brave soldiers
alert day and night
we salute them all who become
martyr in those wars and fights.

Vaishnavi Shukla

TIME

Time, Time ,Time
To waste it is a crime
You can only shine
If you value time
You cannot shine
If you waste time
Time can be yours or mine
If we use time
It is the holiest shrine
To make proper use of time
So, friends do not waste time
Then you will be fit and fine
Time,Time,Time
To waste time is a crime



Shivangi Pal
6-A

PARENTS

In our life, there are two important persons
Guess who? Yes, the Parents
The Parents who loves us the most
The Parents who shows us the way in our life
In my life, you both are the one who nurture and
Taught me with great care, And when I needed you,
You were always there, I'll never forget the sacrifice
you have made For that I will never loose them in vain
When I fell down, you were there to rise me up You
have helped me in many tribulations For that I hope
you know,
I love you the best

Payal Chauhan
IX - A

Still Alive

The scars which are buried deep down
Never fading into the void
Eternal wound that's tearing apart
Feelings now destroyed
Gushing down the wasted cheeks
The tears now fall
Wrecked from every edge
Debris is what's all
Reaching out into the dark
For sun rays to tan
This is what i signify now
This is what i am
But before a stand
a downfall is needed
And i'll have to scream
If i am to be heeded
Even though I'm refused
I am not weeping
Because I'm still breathing
Life is worth living
That I know
That's why I'm standing
Despite all the blows.



Ananya Tyagi
IX-A

Tick n Tock

Tick and Tock it chants along'
All through the day and night along'
Welcoming the dawn' till dusk it chants,
Without a stop, without a break
So religious a pilgrimage i have never seen,
Chanting Tick and tack
It waits for none Nor bothers anyone
It ticks along and ex hots to be quick
Man is a slave to time
It decides when you start and when you step
Emperors may rise and torrent behind'
Centuries may walk in & walk out
But the transient nature of time corrades none
Tick and Tock it chants along
Yesterday has ebbed, tomorrow is yet to come
But now i can perceive the clock's thick
Makes me feel i should be quick

Time is precious
a pearl in my hand, but it shall slide
and slip down one along
giving a chance to all & warns....
tick tock, tick tock, tick tock



Rijo Raju - XI B

PASS ON

Pass on the bridge of goal
That you want to give to your soul
Pass on the bridge of fire
If you want to fulfill your dreams and desire
Pass on the bridge of tier
If you want happiness and cheer
Pass on the bridge of nervousness and shy
Be confident like a present sunny sky
Pass on the bridge of darkness and light
Come on the path of peace and right
Pass on the bridge of fall
The statue of evil is very tall
Pass on the bridge of deep sleep
Come in the reality of belief
Pass on the bridge of blame
Ask yourself if you are also having a good name.

Shivangi singh
VII-B

OUR DEFENDERS

It is a troop of soldiers
Who fight on border
In a disciplined order
They all are Indian Supporters
They do not celebrate any occasion
They do not enjoy like us any vacations
Commanders command the military
And they shoot enemy who are hidden in tree
They miss the love of their mother
They just have tension of us
and fight with others
They always remember the
scolding of their dad
When they die on border their
families don't full sad
B.S.T is a paramilitary force
For fighting they have training course so respect
the Soldiers and give love to them

Sneha Kaushik
VI-B

My India

My India is best to me,
How small or big it would be
Our fashion is not old,
But we have respect for old is gold
However it is, it's best of all,
Here no one is afraid of each other
They treat them as their sister or brother It's the
seventh largest country with seven other countries
at its boundry. It has many beautiful monuments
and many remarkable moments In our country chil-
dren are god. The true image of lord. East or west
our India is the best.

Aaliya Parveen
VI-B

THIS YEAR

As the days passed by
And many people said bye
Festivals have come and gone
And the next year is yet to come
The joy we had this year
Is better than any other year
People we met this year
We forgot many and many we remember
Is the year bad or good
I was thinking and shocking I stood
Because the things happened
this year
Were both bad and good
We left some and some left us
Hope the next year is better than this year
Better than this year

Mihir Tiwari
VIII-B

KEY TO SUCCESS

Read but rite more, Talk but think more,
Play but study more, I promise,
You will success for sure
Eat but chew more, Weep but laugh more,
Sleep but work more, I promise,
You will be healthy for sure
Hate but love more, Order but
obey more, Argue but agree more,
I promise, People will love you
for sure, Punish but forgive more,
Spend but stay more, Consume but
produce more, I promise
People will respect you for sure
.....



Chandani Rohilla
IX- A

Effects of playing Computer games, And Ways to reduce addiction.

Most of the students misuse the modern technology invested. Just to have fun. Many students are using computer to play games. And very often get addicted to it. There are many bad affects about playing computer games for students. Those student addicted to computer games always spend less time to study. They neglect their school homework and are left behind in their studies. Lack of revision cause them to perform Poorly in their examination. Too much computer games. have limited their time from exercising or taking part in games. As a result, most of the students face the



problem of obesity. Some of them also suffer poor health condition. We can notice that most of the youngsters lock the mselves in their room and play computer

games. This act show us that there is an interaction gap among family members. Parents should take some drastic step to curb this situation. Firstly they monitor their children's activities from time to time. It help them to organise their time effectively and prepare a proper study timetable. This can help student to achieve good academic results. Secondly, parents could encourage student to spend more time with family. Besides, taking part in co-curricular activities can divert students' attention from computer games. All of us must realise that morden techonologies are invented to reduce our work load and we should always be in control of it all time and never allow it to control us.



Ravina
XI-C

Most respectable position

Mothers hold the most respectable position in everybody's life. They are the creator of this world. They are mild, understanding, and caring. They have a very soft heart, full of kindness and mercy. A mother is miled in her never ending household work. She does everything to please her family and makes them happy. Unfortunately in the process her need for rest, holiday and love gets awfully neglected. Everyone in the family gets depended on her, give her orders and take her for granted. A mother has very respectable position in our life but then also she craves for respect. This is because of our changing mentality. We think as our mother will do everything for us and we can give her orders without thinking



that she is also a human being, not a machine and she has also a life and has the right to enjoy it. We should spent quality time with her, give her love and respect which she deserves. We should do our things ourselves and should never give her orders

so that she gets rest and enjoys her life and recovers the joy of being a fulfilled mother. Now its high time to respect our mothers and show humane behavior to our mothers or else time will come when our children will treat us in the same way we treat our mothers now.



Esha Jena
XI-C

बुरे काम का बुरे नतीजा (कहानी)

एक बार की बात है, मोहन ने अपने घर के बगीचे में अंगूर की एक बेल लगाई। वह उसकी बहुत देख भाल करता था। सही वक़्त पर पानी देना, खाद मिलाना, उसका रोज़ का काम थे। वह स्कूल से आते ही उन्हें निहारता था। धीरे-धीरे बेल की शाखाएँ बढ़ती गई और वो बेल उसकी छत तक पहुँच गई। वह छोटे-छोटे, -सींठे अंगूर तोड़कर रोज़ बड़े चाव से खाता था। एक दिन उसने अपनी छत से देखा तोह वह दंग रह गया। उसने देखा की उसके पड़ोस की छत पर उसकी छत से ज्यादा अंगूर थे। वह रात में चाकू ले कर आया और अपने पड़ोसी की बेल काट दी। अचानक गुच्छों के कारण उसका पैर फिसल गया और खूब चोटे आईं ठीक होने पर वह छत पर गया और उसने देखा कि उसकी बेल सूखी हुई थी और उसके पड़ोस की बेल अंगूरों से भरी हुई थी और पता चला कि अँधेरे के कारण उसने अपनी ही छत की बेल काट दी।



स्मृति - VIII A

LIFE

Life is the name of purpose, struggle, love, dedication and a member of feelings and emotions. It's a magic that shows brights and true colors with time.

It's rightly said the darker how of night comes just before the dawn. Life takes a in of them and is full of twists during its whole span. There are fought times which really test your courage and your capabilities of loving unlovable situations. How well you take there adverse conditions form your credibility. People who just face them with their eyes closed and avoid facing the hardship and have no courage and stamina to stand from in front of the demon of life for them this life is coward, But one should relies that these incidents in life improved approach towards destroy and so if these were to theirs in life it would be quite going and moreover, life tastes difficult all time "Life is different from a teacher because teacher teaches a lesson and takes the exam but life takes exam first and than teacher a lesson . Anothergrateful part when you are in love, life changes its meanings.

Priorities and requirements it seems to be confined within the kingdom of your loved one's heart. Love is the best feeling in the whole universe which has no parallel . it's said by Paulo cloche. "When you want something the enter universe conspires in helping you achieve it". Keep on trying to get your goals and don't lose hope identify your aim, head towards your destiny spend your whole life in achieving your goals as time wait for no one, once its spent its gone. Hope is the key element which never lets you down. Life is worthless without hope. The inspiration of life is to serve mankind, spread happiness and you'll be blessed.



Marvi Tyagi
Class - 9 B

FRIEND

A friend is a person who never judges you
A Friend is who accepts you at your worst
A Friend is person with whom
you can share everything.
A Friend is person who celebrates
your happiness
A Friend is who always
sees at your positive side
A Friend is who always
corrects your mistakes
A Friend is a person who is
always takes you to good side.

Jahnvi
VI-B

Struggle! Smile! Stay!

Ursuline has instilled in me the qualities of discipline, self-confidence, and most prominent-leadership values that I shall forever hold dear to my heart. During 10 ten years of schooling at Ursuline, I Have experienced many opportunities and am truly indebted, for it has given me so many things through out, an education, an identity and me the person of substance that I'm today. "Being a Leader is in itself a challenge."

Driving the post of the SPL is not easy but a rough one down the lane. What kept me motivated was the cooperation and support of my dearest teachers, Sister Principal, faithful cabinet and school mates, the boat sailed the stormy sea without a wreck. As a leader I learnt to extract the best out of team members and to think before I act or speak because my action would affect others. My experience as SPL has taught me to make better decision, embrace new challenges in my path and contribute positive methods to ensure success in my life.

Many challenges arise when going through the journey of life. Our attitude towards challenges should not be "Why me" but "Why not me". The school's curriculum and its teaching of humanity, peace at mind and love guides every day of my life and helped me to overcome the obstacles I faced. Every guiding spirit of this temple has evoked a leader in me to bring about a positive change in the environment.

**"With great power, comes
great responsibilities
And I'm continuously striving
to add more
laurels to our school's
name."**



Rajni Chaturvedi
School Pupil
Leader
2016-2017

The Value of Principles and Virtues

At times there have been instances when the social interactions of a person have not gone down well; however, it is a well-accepted fact that the most important strength of a human being is the ability to develop lessons from his or her life to enroot principles and virtues gained from these experiences leading the person to mature over time.

Altruistic individuals are not very commonplace nowadays. In fact this points to a dangerous trend and that is the rise of selfish mindedness and looking out for oneself which are the very anti-thesis to the principles and virtues which one must mature over a lifetime. It is a common degenerate attitude that nobody can afford the time to develop relationships with others which are long lasting and extending beyond the common idea of friendship being a mutual transaction. In fact, the ideals called virtues are an integral part of our lives which must be cultivated early in the life of an individual so as to perfect the individual into being beneficial for the society.

The age of paramount importance where these attributes can be cultivated is at one's youth. The various experiences when laced with the rectitude of selflessness allow man to gain a sense of unity and harmony with others which is direly needed to prevent major dismantling of the society as we know it. The various activities encouraging teamwork and belongingness helps to foster a will to reach out to those who need help without even remembering oneself. The sense of brotherhood with all creations of God must grow in an individual because it is only then that the virtues and principles are sown in the garden of a person's heart which take root and sprout into a fully grown tree based on the motto of giving without receiving. This would then enable mankind to unite in the sense of belongingness which the habit of being kind to others imparts. It never hurts to forgive and forget and all the more pays both the oppressor and the oppressed.

A tree is known by its fruit; a man by his deeds. A good deed is never lost; he who sows courtesy reaps friendship, and he who plants kindness gathers love.
"Saint Basil"



JATHIN

"CHANGING ERA"

Today we see hundreds of Changes in around the world especially in INDIA.. With the arrival of 21st century world has seen changes around. In India some changes were in air, water we drink and food we eat.

More than enough we can say that India has revolutionized itself. Changes related to sociality is broader term which has implied changes in infrastructure facilities and its distribution, change in thought, attitude and behaviour of people, change in faith and tradition.

The change of making India clean and green."SWACCH BHARAT ABHIYAN" resulted in making India one of the major countries in recycling the waste. All the social community and NGO's took over to make india a Clean Country. Economical changes around India with DEMONETISATION has brought the fair and free people to a unique reputation and the black and fraud to shame. It made census of Indian economy rise and GDP resulted the maximum buisness via Internet. And even India turned 2% cashless economy in the world.

All of the buisness turned up through PAYTM..NET BANKING.. And of course we cannot forget MAKE IN INDIA, the developemt strata of India where it showed to entire world where it stood in Development and what it can do to prove that it is more than what people say DEVELOPING. In a short space of time, the obsolete and obstructive frameworks of the past have been dismantled and replaced with a transparent and user friendly system that is helping drive investment, foster innovation, develop skills, protect IP and build best in class manufacturing infrastructure. So Ask YourselfAre You A Part Of CHANGING ERA???



SHRESHTHA

मेरे प्यारे दादू

मेरे दादू मेरे दादू
सबसे प्यारे सबसे न्यारे
उसूलों और इरादों के हैं वो पक्के
दुश्मनों के भी खूब छुड़ाए छक्के
मौका है मैंने आज ये पाया
चलो दिखाए तुम्हें उनकी द्वाया
बचपन में ही उन्होंने निश्चय किया
देश के लिए कुछ करने का मन बनाया
पिता जी की न थी मरजी
कि बेटा दे फ़ौज में अर्जी
पिता जी को समझाया
देश की रक्षा को अपना धर्म बताया
पारा कमान्डो का परीक्षण लिया
ऑपरेशन ब्लू स्टार में हिस्सा लिया
एन. एस. जी. कमान्डो बनकर
अपने शौर्य का परिचय दिया
किस्मत दादू ने ऐसी पाई
१९६५ और ७१ की जंग में
अपनी टुकड़ी की करी अगुवाई
देश प्रेम ने उन्हें ऐसा सेवक बनाया
बेटे को भी फ़ौज में भर्ती करवाया
मेरे तो वे सदा आदर्श हैं
उन पर मुझे सदा गर्व है
मेरे दादू मेरे दादू
सबसे प्यारे सबसे न्यारे



वन्दना
(XI A)

तू भारत का युवा

तू भारत का युवा है
हर गुण तेरे अन्दर छिपा है,
तू देश का पहरी है
तू अगला संदीप महेश्वरी
तू रनों का सम्राट
तू ही आने वाला विराट ।
दुनिया में ऐसा कुछ नहीं
अपने कलम की जादू से
और अपने उच्च विचारों से
तू विवेकानन्द बन सकता है
मातृभूमि की सेवा में
तू भगतसिंह बन सकता है।
तू सर्वश्रेष्ठ तू सर्वोत्तम है
तू भारत का युवा
तू ही सर्वोपरि है



अंकिता झा
X A

It's all in the game

"It's your attitude, not your aptitude, that determines your future". But where do teens of today have the time to develop their attitude towards life. Teens today are struggling tirelessly to match the world's expectations. So here I am a teen myself, just sharing a few problems and buried desires.

'It is the early bird that catches the worm.' Here we are up and about at the first rays of the sun to warm through the challenges of the day. Revision, packing up, hunting for shoes and socks, gobbling down breakfast and then running off to catch the bus so as to finish the race on time and reach the school.

School is all about lengthy classes, encyclopedia of home work, piles of project and the list goes on. Teacher after teacher land up in class ready to keep us so busy that I wonder whether it will finish before I finish. It is sad because they often forget that we at the receiving end 'are only one'.

After the last gong rings, it's off for tuitions. Half dead one returns home. There again our parents are waiting for us, not to spend a little time with us, but to know our marks and if we have done well, tell us to work harder. Teenage, the fleeting moments of joy, music, youth enjoyment, carefree days are not for us. We have no time to make friends, listen to music, go out for a picnic, enjoy the sunset, play or read. It is tough to be a teenager all agree.

We definitely can't stop the advancing world. We have to accept there is no short cut to success. Facts are stranger than fiction. We can't wait for the world to change, by that time we would be 'resting in the peace'. We have to change, so as to enjoy life the way it's given to us. Be content as you can't change everything, simply change your attitude. Be confident, determined and bold. Forget brooding and enjoy schooling. 'Shoot for the moon, even if you miss, you'll land among the stars.'

Life has its challenges, let's make the world happier.



Renil Thomas
X A



प्रदूषण की मार

प्रदूषण की मार
झेल रहा है मानव कितना
प्रदूषण की मार,
गरमी बस बढ़ती जाए
बंद हुए सब द्वार।

लालच में ऐसा हुआ
मानव का अब हाल
खुद ही उसमें फँस गया
जो फैलाया था जाल।

गर अपना अस्तित्व बचाना है
मिलकर निर्णय लेना है
वृक्ष न काटेंगे कभी
अब धरती को सजाना है।



टीना भाटी
VII - A

गौरेया

गौरेया एक छोटी चिड़िया है। इसे इन्सान के आसपास रहना अच्छा लगता है। यह लोगों के घरों के आसपास ही अपना घोंसला बनाती है। आज चिंता का विषय यह है कि गौरेया की प्रजाति अब लुप्त होती जा रही है। चारों तरफ बढ़ता प्रदूषण, इसका एक कारण है। अगर हम इस प्यारी चिड़िया को बचाना चाहते हैं, तो जल्दी ही कुछ कदम उठाने चाहिए। हम अपने घरों में नकली घोंसले बनाकर एक सुरक्षित जगह पर लगा दे, तो गौरेया उसे अपना घर बना सकती है। आइए हम मिलकर गौरेयों की हिफाजत की तैयारी करें।



श्रेय तिवेतिया
VII - C

मेरा विद्यालय

मेरा विद्यालय
अर्सलाइन मेरा विद्यालय
मुझे बहुत है प्रिय
मंदिर है ये ज्ञान का
अनगिनत वरदान का।

गुरुजन प्रेम से शिक्षा देते
छात्रों का भविष्य बनाते
हमें अच्छा इन्सान बनाते
जीना हमको सिखलाते।

होते हैं अनेक कार्यक्रम
सभी करते परिश्रम
में भी भाग लेती हूँ
प्रशंसा सबकी पाती हूँ।

मेरी है यही प्रार्थना
पूरी हो यह कामना
मेरा विद्यालय आगे बढ़ता जाए
ग्रेटर नोएडा में मिसाल बन जाए।



पायल मेहता
VI - C

हिंदी भाषा

सभ्य देश था, सभ्य वेश था,
सभ्य हमारी भाषा थी।
बनी रहे अपनी यह पूँजी,
मेरी यही अभिलाषा है।

कहाँ गई अब अपनी भाषा,
कहाँ हमारा वेष है,
भूल गए क्या भारतवासी,
बापू का यह देश है।

खान पान व्यवहार सभी कुछ,
अब अपना नहीं पराया है,
पश्चिमी सभ्यता ने अपना,
रंग बहुत जमाया है।

आओ जगाए आत्मगौरव,
हम हिंदी को अपनाएँगे
अपनी संस्कृति की पहचान,
हम हिंदी को बनाएँगे।



रुचिका रावल
10 - A

Life is hard, Life is Different

My Message today is titled that life is hard and its about how to live a great life despite the fact that life is difficult! Everybody wants to be happy in life. We all want to live a perfect life. We want great jobs, friends that stick by us, come rain on shine. We want to have all the pleasures "Life can be complicated, it can be simple. It can happy or sad!". There are different levels and meanings to what a good life is but whatever you define it, there is perhaps one thing that you may have common with other people. You want a good life, that is stress free, you would like to have it without having to work so hard or struggle. That's what a normal human desire is. Nobody likes to struggle through life. Unfortunately that is also, what may be stopping you from having that great life. The thought of all that war, all that planning, once coming hurdles and resistance is enough to make a lot of people, give up, before, they even start. Life throw challenges and every challenge comes with rainbow and light to conquer it. If it doesn't challenge you, It doesn't change you. "If life hands you a lemon, make lemonade"....

Preeti Patwa - 10th A

यह कौन जानता है

किस हद तक जाना है, ये कौन जानता है?
किस मंजिल को पाना है, ये कौन जानता है?
किस रात बिछड़ जाना है, ये कौन जानता है?
किस दिन फिर मिल जाना है ये कौन जानता है?
हर पल जी भर जी लो दोस्तों, किस वक्त अलविदा कहना,
ये कौन जानता है?

सरल लोहिया
VII-A

मेरी बिल्ली

मेरी मित्र, बड़ी विचित्र
मूँछ है उसकी बड़ी-बड़ी
पूँछ है जिसकी खड़ी-खड़ी
जब वह आ जाए
चूहे डर कर भाग जाए
म्याऊँ-म्याऊँ वह गुनगुनाए
दूध का प्याला उसे लुभाए
आँखें उसकी जैसे मोती
घंटों वह मजे से सोती
मेरे मन में हरदम रहती
बड़ी गहरी अपनी दोस्ती



वंदिता बलोधी
VIII-A

मेरी माँ

मेरी माँ है प्यारी माँ सबसे निराली मेरी माँ थोड़ी सी है
भोली माँ जीवन देने वाली माँ मेरी माँ मेरी माँ है प्यारी माँ
मन को मोह लेती माँ कभी वह हँसती है कभी वह
रोती है हर पल प्यार लुटाती माँ



आशीष भाटी
VIII - A

शिकायत

मुझे शिकायत है उन लोगों से जो समय व्यर्थ
गंवाते हैं और सारा समय बातें करने में बिताते हैं।

नुरुर
VII-A

मुझे शिकायत है उन लोगों से जो स्वस्थ और जवान होने
पर भी भीख मॉंगते हैं।
मुझे शिकायत है उन लोगों से जो चुगलखोर हैं और आपस
में लड़ाई करवाते रहते हैं।
मुझे शिकायत है उन लोगों से जो औरतों का सम्मान नहीं
करते।

हिमांशी बंसल VI-C

मुझे शिकायत है उन लोगों से जो बच्चों से बाल मजदूरी
करवाते हैं।
मुझे शिकायत है उन लोगों से जो भ्रष्टाचार करते हैं और
हमारे देश का नाम बदनाम करते हैं।

श्रेयस VII-C

प्राची VII-C

मुझे शिकायत है उन छात्रों से जो दूसरे छात्रों पर व्यंग्य
कसते हैं और चिढ़ाते रहते हैं।
मुझे शिकायत है मंत्रियों से जो वादा करते हैं पर कभी पूरा
नहीं करते।

प्रगति VII-B

न्यासा VI-C

मुझे उन लोगों से शिकायत है जो घर का कूड़ा-करकट
सड़को पर फेकते हैं।

वंषिका पनवर VI-C

मुझे उन लोगों से शिकायत है जो नियमों के अनुसार नहीं
चलते और कानून अपने हाथ में ले लेते हैं।

सुरभी VII-A

मुझे शिकायत है जो पेड़ों को काटते हैं और नदियों को
गन्दा करते हैं।

नंदनी VII-B

WAY TO SUCCESS

Don't be jealous of those who succeed,
its your mistake,
Because its your mistake,
earlier you have not sown the seeds.
If you fail, you are a failure, accept it.
You cannot hide this truth, admit it.

Don't be afraid, don't take stress,
As it is a way, that leads to success.
Still you have time, come on the line,
Or in the future, you have to pay the fine.

Change yourself, make your personality new,
That is why success only comes to few.
Its not too late, move your hand
Don't let the time slip like the sand.

SHREYAS JAIN
VII- C

ROAD TO SUCCESS

Along the way of success;
I faced many difficulties
Which helped me to know
About my abilities

I really worked hard indeed
But sometimes I failed
And sometimes I succeed

I was often scolded a lot
But I ignored them and,
Understood my fault

I came up with some
Really true friends
Who helped me when,
I really needed them

At last I want to quote
If you fail don't lose the hope

KUSHAGRA JAIN
VII-C



एक कथा

नारी तुम एक कथा कहती हो,
मंगल मेखला सी
सदियों से बहती हो,
कंटक विकीर्ण राहों पर,
पुष्प सी खिल जाती हो।
मुस्कान औरों को दे,
मौन अश्रु पी जाती हो,
मृत्यु से लड़, निज देह से,
नव जीवन रच देती हो।
अखंडित है तेरा,
अटल विश्वास नारी,
धरती की तरह,
जाने कितना कुछ सहती हो।
बेटी, बहन, पत्नी, माँ,
चाहे रूप हो कोई तेरा,
हर किरदार में तुम,
अद्वितीय बन जाती हो।



सिन्धु थोमस
अध्यापिका

शिमला दूर

सैर कर दुनिया की गाफिल, जिन्दगानी फिर कहाँ जिन्दगानी
गर रही तो नौजवानी फिर कहाँ। यात्रा शिक्षा का एक
अनिवार्य अंग है। पर्यटन स्थलों की यात्रा के माध्यम से
छात्रों को अपने देश के बारे में बहुत कुछ सीखने को मिलता
है। भ्रमण से प्राप्त अनुभव विद्यार्थी में व्यवहारिक कुशलता
जागृत करती है। छात्रों के व्यक्तित्व में कुशलता और दृढ़ता
का समावेश होता है।

मैं अपनी प्रधानाचार्या को धन्यवाद देना चाहती हूँ
जिन्होंने संचालिका के रूप में मेरा चयन कर मुझे
छात्रों को निकट से जानने का अवसर दिया।
अर्धवार्षिक परीक्षाएँ समाप्त होते ही हम सब अपनी
प्रधानाचार्या के साथ पाँच दिन की शिमला यात्रा पर निकल
गए। चंडीगढ़ होते हुए शिमला और कोटि के वो सुहावने
पल मन को हर्षोल्लास की तरंगों से भर देता है। प्रकृति
अपने सुन्दरतम रूप में शिमला में दिखाई पड़ी। प्रकृति से
दूर शहरी जीवन में हम कितना कुछ खो देते हैं, इसे वहाँ
पहुँच कर हम सबने महसूस किया। नाचते गाते वो पाँच
दिन कैसे बीत गए पता ही नहीं चला। कक्षाओं में बैठे छात्रों
को हम शायद इतने निकट से नहीं जान पाते जितना इस यात्रा के दौरान
हम जान गए। यह यात्रा मेरे लिए सदा
अविस्मरणीय रहेगी। जब वापस दिल्ली
रेलवे स्टेशन पर पहुँचे तो ऐसा लगा
कि मैं एक खूबसूरत सपना देख रही
थी, और किसी ने जगा दिया।



मधूलिका व्यास
अध्यापिका

करुणा की वह मूरत है

करुणा की वह मूरत है,
धैर्य का रूप निराला है,
कोई नहीं वह नारी है,
जिसने हर युग को संभाला है।
जब बेटी बनकर वह आई,
खुशियाँ घर में है छाई,
उसकी नन्ही किलकारी से,
गूँजा घर का आला है।
भाई की कलाई सूनी थी,
बाँधी रेशम जोरी उसने,
रक्षा का वचन लेकर,
गौरवशाली भाई को बना डाला है।
संगिनी बनाकर उसने,
साथी का जीवन सुखमय किया,
अपने प्रेम अनुराग से,
बन गई वह मधुशाला है।
कन्या भी वही, दुर्गा भी वही,
धरणी भी वही, सीता भी वही,
चाहे रूप तेरे कितने भी,
तूने ही सृष्टि को पाला है।



अनुराधा सक्सेना
अध्यापिका

मेरे जीवन की कहानी

हसीन बचपन की वह दुनिया
एक हाथ में किताब, एक में गुड़िया
सुखद स्मृतियों से भरा जीवन
फिर पाना चाहता मन।
बीते जब बचपन के दिन
ईश्वर में रम गया मन
बुलाहट को मैंने सुन लिया
प्रभु को ये जीवन दिया।
मोह सारा निरर्थक हो गया
जीवन मेरा सार्थक हो गया
अपने सब पीछे छूट गए
सामाजिक बंधन अटूट हुए।
रहा मेरा एक ही उद्देश्य
छात्रों का हो उज्ज्वल भविष्य
अनुपम है अर्सलाइन परिवार
करती हूँ मैं इससे प्यार।
छोटी सी ये मेरे जीवन की कहानी
बढ़ती रहे लहरों की रवानी
मैं हूँ नारी शक्ति स्वरूपा
आप सबकी सिस्टर निरूपा।
सिस्टर निरूपा को सप्रेम समर्पित



सिन्धु थोमस
अध्यापिका

Social Science is the backbone of all Sciences

“You go into the humanities to pursue your intellectual passion and it just so happens, as a by-product, that you emerge as a desired commodity for industry”

Social Sciences is basically the study of human behaviour in the past as well as present. Human experience adds to our knowledge about our world. Through humanities we learn about the values of different cultures, about how history is made, about people and ideas in context of power and decision making, about human psychology and their attitude that are important and useful for every individual in the society to understand the world we live in, and give us tools to imagine the future.

Social Science is compartmentalized into various subjects such as History, Geography, Political Science, Philosophy, Sociology, etc. which work together for the upliftment and betterment of all sections of the society and the humanity as a whole. It brings various elements of the society together and brings in them as urge to work for human betterment and development.

It is this urge to betterment of human life in its totality which is the mother of all discoveries, inventions and development of various branches of science that have taken place through the centuries.



Suprit Kaur (Teacher)

Social Science

Social Science is a very special subject. To appreciate the subject fully one has to be very creative and open minded. If the person is an ardent admirer of nature then he will really be in love with the subject.

The study is very interesting, intriguing and full of beauty in its diversity. Look up and see the stars arrayed like sentinels of the sky and how awesome is the mystery of the formation of the clouds, rainbows, lightning, thunder and rain. Look upon the Earth in its splendour and unparalleled beauty in its colourful display. As if a beautiful damsel dressed in multi-coloured finery, dancing to the tune of the flute of seasons around her master, the sun holding hands of her maid, the blushing moon. The waters that surround it obey their boundaries.

“As for the earth out of it cometh bread; and under it is turned up as it were fire

The stones of it are the places of sapphires: and it hath of gold” (Job 28 :5,6 ; The Holy Bible)

The more we learn about nature and our habitation, it becomes more fascinating and poetic. Then the study of human behaviour in his environment and his struggle to live and survive in the oddest of circumstances and situations. The meaningful understanding of life, as it should be lived to transform a beast like man into a gentle civilized and better human being.

The study of history improves the mindset of humans in such a way that he becomes careful in accepting or believing things without finding out the truth. He can learn from the follies of his ancestors in the past. He becomes less ignorant. It also gives him a sense of identity and makes him tolerant and open- minded towards other people and cultures. We need to know our past to know are present. Every individual has a right and is entitled to live with dignity and freedom. But ‘Freedom’ has a heavy cost. We have learnt it from our past.

When we travel along the lanes of our past way back behind the times, when the first humans were discovering their potential in speech and actions and their interaction with nature. We marvel at the pace and progress of humans.

It is strange and very mysterious that even after thousands of years our past has been preserved in relics and stones buried deep in the bosom of the earth. She has kept all the secrets of power, betrayals, wars, intrigues, rise and fall of great people, kings and queens, inside the depth of her heart. We have to dig deep to learn them. There are millions of stories and mysteries hidden inside those stones of the past under the earth.

Therefore, as we turn the pages of this subject our imagination soar. Young minds are known to be very imaginative. An imaginative mind has creativity. Creativity leads to confidence which is essential part of development - mental and physical.



Naina Kacker

Life is now and here

It's beautiful that Life is now and here.

It's not only in perfect presentation day after;
Not only in a high brow meeting next week;
Not only in a lovely date, rumbustious party,
due on weekend;
Not only in a huge mansion, swanky car,
yacht or plane, exotic holidays;
Not only in a fat salary cheque or
ovation from audience.

Life is as much in aimless walk on grass;
Playing with kids,
Munching a pack of peanuts;
Taking bath, sipping everyday cup of tea;
Sweet nothings shared with partner;
Thinking through a problem;
brooding over a failure;
Running a race, rushing to reach in time.

Sand glass of life is emptying out,
Grain by grain every waking &
sleeping moment.
Its emptying is relentless, unstoppable;
During day & night, during sickness,
coma or feverish activity;
During high of wine or wealth;
While making love or quibbling over big & small.
So live to your hearts' content now,
Let the music in you play out,
While the opportunity exists;
For you never know when
Infirmity of age will restrict you,
Icy hands of death stop you in your tracks;
Friends & fellow travelers fall away.
It's beautiful that life is now & here.

Everything is trivial:
Kingdom or slavery, Height or depth;
Profit or loss, disease or health,
sense or nonsense.

Excellence in action is the
only abiding source of joy.
Whether high or low,
successful or failed,
sharp witted or slow witted .
Just do your best now & here.
That's all there is to fun in life;
life in our existence.



Dr. Anshul Jain

FAILURE IS THE STEPPING STONE TO SUCCESS

Not every legend is a miracle.. some r flesh and blood, some walk amongst us, but they are not born, they are built.

Life is full of success and failures. In my understanding the worst failures are better than the regret, of not having tried to achieve what we have hoped to conquer. countless examples from the past prove that 'FAILURE IS THE STEPPING STONE TO SUCCESS'.

From Thomas Edison to Oprah Winfrey who failed miserably and repeatedly before finding success.

Another one- KFC founder Colonel Sanders was rejected 1009 times before finding a taker for his chicken recipe!! Today, who doesn't like the 'finger-licking' chicken of KFC? It is one of the highest turnover food outlet throughout the world. Also, we would have never lived in a free India if our leaders would have given up the hope of a free India when the unprecedented violence and trauma was unleashed on the subcontinent! It was only after 'n' number of failures that India was guilded with the bird- independence.

So the sum and subsatnce of all these luminous illustrations is that each time u fail, there is an echo that stops u from repeating the same mistake again n u move on and on with a new spirit! The special ingredient which fortifies the spice of success in our life is to get up and strike back against all odds! Never curse failures, thank them n move ahead.



Shalini



Importance of music education in schools

“Music alone has the power to bring down violence. It discourages wandering mind and helps in focusing one’s thoughts”

-Ilayaraja (music maestro)



By T. J. John

Music is a very powerful subject – It has been used since the Greek times for healing, communication, relaxation and for enjoyment. Even before birth we are aware of our mother’s heart beat and during infancy are relaxed by the song of lullaby. Everyday everybody hears some form of musical pitch or rhythm and it can ever be found in nature such as how birds communicate through a song- like speech.

Music is such a powerful force, it creates deep emotions in humans. It provides relaxation, relief from stress and is used as health therapy. The connection between music, body and soul has even been shown to improve physical and mental health.

Music is a part of our society and a part of all communities – every human culture uses music to carry forward it’s ideas and ideals. A study of the arts provides children with an internal glimpse of other cultures and teaches them to be empathetic towards the people of these cultures. This development of compassion and empathy, as opposed to developing greed and a selfish attitude, provides bridges across different cultures that lead to a respect of other cultures at an early age.

Music study develops skills that are necessary in the workplace such as teamwork skills and discipline during musical performances. All members must work together to create the sounds they wish to achieve and for this, regular practice is also required.

Because of music’s ability to relax, calm and heal, and it’s optimal platform for emotions, the involvement with music helps to carve brighter attitudes – more optimism towards the future, and productive activities and desire to develop individual abilities.

Music requires study skills, communication skills, and cognitive skills and as these are learnt and developed they expand the student’s abilities in other academic areas and help them become better students.

The discipline of music, particularly through participation in ensembles, helps students learn to work effectively in the school environment without resorting to violent or inappropriate behaviour. Many studies have been conducted on the effects of music in the brain. Scientists say that children who are exposed to music or those who play an instrument do better in school than those who don’t. Recent research suggests exposure to music may benefit a child’s reading, IQ and the development of certain part of brain.

Music is a powerful tool and as seen can dramatically improve and enrich everybody. It makes sense to push music education and to allow young generations to gain these wonderful benefits – higher intelligence through increased creative thinking, problem solving and physically stronger brains, a higher perception of life including better attitudes, strong desire to achieve and fulfil and higher self esteem, better developed self esteem, better developed discipline, study skills, concentration, communication and team skills which transfer from education and a better understanding of communities and societies.

“Music is a higher revelation than all wisdom and philosophy.”—Ludwig Van Beethoven

UNIVERSAL SOLIDARITY MOVEMENT



A small seed sprouted in the city of Indore on 16th July 1993 and grew into a magnificent tree, spreading its branches across not only India but also beyond. Within a short span of 20 years, Indore based Universal Solidarity Movement (U.S.M) has reached out to 800 schools and colleges all over India communicating the message of peace and promoting the values of justice, true democracy and solidarity to teachers, students, parents and other groups

Though the original idea of 'Universal Solidarity Movement of Value Education for Peace' was conceived by Father Varghese Alengaden, when he spent two months with in the community of Taize in France in 1989; the movement was born on July 16, 1993 in Indore. It was a pro-active response to the traumatized atmosphere that existed in the country due to the increasing corruption, violence, terrorism, discrimination and communalism. Several peace loving citizens supported this venture.

The movement with its broad, inclusive and lasting vision of building a civilization of love in world of hatred and violence, promotes a pluralistic spirituality focusing on acceptance, appreciation and promotion of diversity in all its dimensions. Its core principle 'Transform the World by Self Transformation' is achieved through living the 'Five Paths' which results in reducing the distance between our words and actions.

The Five Paths of personal transformation are:

1. Pray daily for Peace.
2. Skip a meal once a week to express solidarity with the needy.
3. Do a good deed a day.
4. Honor parents, teachers and all human beings.
5. Respect the earth and save its resources.

POSITIVE AND PROACTIVE APPROACH

The Universal Solidarity Movement stresses personal transformation prior to all social activities. Fr. Varghese Alengaden, the founder and the national co-ordinator of the movement, always inspires the members saying, "Each one should believe that nothing is impossible; the more the problems the greater should be our determination; the more the darkness the greater the need for us to be the light; the more the indifference, the greater should be our sensitivity. Each citizen needs constant alertness to nurture and develop positive thoughts and attitude to create a better world; a world of universal solidarity and peace."



Teachers' achievements



Mrs. Sindhu thomas
got first prize in
essay writing
competition,
organized by Agra
diocese, and got
second prize in
bible logos quiz.



Mr. Santosh
got first position in
SARGOTSAVAM , DELHI 2016 (IN
REGIONAL LANGUAGE- MALAYALAM)

Words are Powerful

Words. So powerful. They can be so full of strength that they need no aid to exercise their influence. They can crush a sensitive heart into pieces or heal it. They can shame a soul or liberate it. They can let a person built castles in the air or shatter dreams. They can boost a bournvita-kinda energy to someone or can demoralize. They can obstruct connection or invite it. They can create defences or melt them.

Children are exposed in their formative years most to their parents and teachers, who have a tremendous responsibility of inculcating in their young mind a sense of value and discipline. Words when used incorrectly, can lead to destructive outcomes. A robust and quality-oriented education system can fill our students with towering ambitions. Words are power. We must use them wisely in front of others, particularly our children who keep all ears to us and try to ape what we say. We must take up this challenge to use words at the correct order place and time.

The time is now!



Mrs. Shruti Aneja
(HOD English)

"मानव मूल्य एवं शिक्षा" निशा गुप्ता

ब्रह्माण्ड की सभी इकाइयों में, मानव ही ज्ञान अवस्था का पूर्ण दर्शन है। ज्ञान को शिक्षा के माध्यम से प्राप्त किया जा सकता है। शिक्षा का आधार है "मानव मूल्य" (Human Values). मेरी समझ से, शिक्षा पर विचार-विमर्श करने से पहले, शिक्षा के लक्ष्य को समझना अति आवश्यक है। शिक्षा का एकमात्र लक्ष्य मानव में निरंतर उभय सुख (Mutual Happiness) एवं उभय समृद्धि (Mutual Prosperity) सुनिश्चित करना है। दुर्भाग्यवश आजकल, शिक्षण एवं प्रशिक्षण केवल भौतिक सुविधाओं (Physical Facilities) को अधिकतम प्राप्त करने की योग्यता प्रदान करने पर अधिक ध्यान दे रहा है। जिसका एक बड़ा कारण, पढ़े लिखे या अनपढ़, अल्पशिक्षित या अशिक्षित, धन की लालसा रखने वाले लोगों का शिक्षा व्यवस्था में परोक्ष या अपरोक्ष रूप से बढ़ता हुआ हस्तक्षेप है। फलस्वरूप शिक्षा व्यवस्था में मानव मूल्यों के अभाव के कारण शिक्षा का मूल स्वरूप मानव तक नहीं पहुँच पा रहा है इस तरह की शिक्षा के कारण, मानव जीवन में मानमानी होने की आशंका से इनकार नहीं किया जा सकता है फलस्वरूप मानव लक्ष्यविहीन अथवा अपने मूल स्वभाव (प्राकृतिक स्वभाव) से विचलित हो सकता है। जबकि मानव पूर्णता के साथ ही जन्म लेता है।

अतः एक ऐसी निश्चित शिक्षा व्यवस्था की आवश्यकता है जो मानव में तकनीकी प्रशिक्षण के साथ-साथ मानवीय मूल्यों को भी सुनिश्चित कर सके। तत्पश्चात मानव विशेष न बनकर श्रेष्ठ बने और मानवीय मूल्यों को सर्वोपरि रखते हुए शिक्षा के परम लक्ष्य को प्राप्त करे।



Nisha Gupta

Karma

The word “karma” means “action,” not “fate.” In Buddhism, karma is an energy created by willful action, through thoughts, words and deeds. We are all creating karma every minute, and the karma we create affects us every minute. The word “karma” means “action,” not “fate.” In Buddhism, karma is an energy created by willful action, through thoughts, words and deeds. We are all creating karma every minute, and the karma we create affects us every minute.

There is a famous saying “the miles of god grind slow but they grind exceedingly well.” So every action is accounted for sooner or later. Our karma will find us among the millions of people in the planet. Think about it thousands of people walk on the road but only one meets with accident.

Why are you acting like that? Don't you want to go to heaven? Chances are so strong that we might have heard something like this in some point of time. The logic is good karma comes from good deeds and vice-versa. It's also talked about as if this currency stays with you until things are “evened out”. That is, negative karma stays with you no matter how much good you do until it takes its full effect.

Most of you might have read our epic Mahabharata . Every human being has Arjuna and Shakuni in his own self. It all depends which character your soul feeds. The seeds are there inside it depends on you whether to water it or let it wither. Upbringing can nurture your character to some extent but basic instincts can't be changed.

From the pages of Mahabharata, a story with the same message .After the kurukshetra war ,Dhritarastra asked Krishna,”I had hundred sons and all of them were killed in the war .”why?

Krishna replied,”Fifty lifetimes ago,you were a hunter,while hunting you tried to shoot a male bird,but it flew away. In anger you ruthlessly slaughtered the hundred baby birds that were there in the nest. The father bird watched the whole site in helpless agony. As you caused that father bird the pain of seeing the death of his hundred sons you too had to bear the pain of your hundred son dying helplessly.

By living with the knowledge of karma we can let go of the mental baggage and worries that we think are assigned to us. The choice of thoughts and intentions remains ours.



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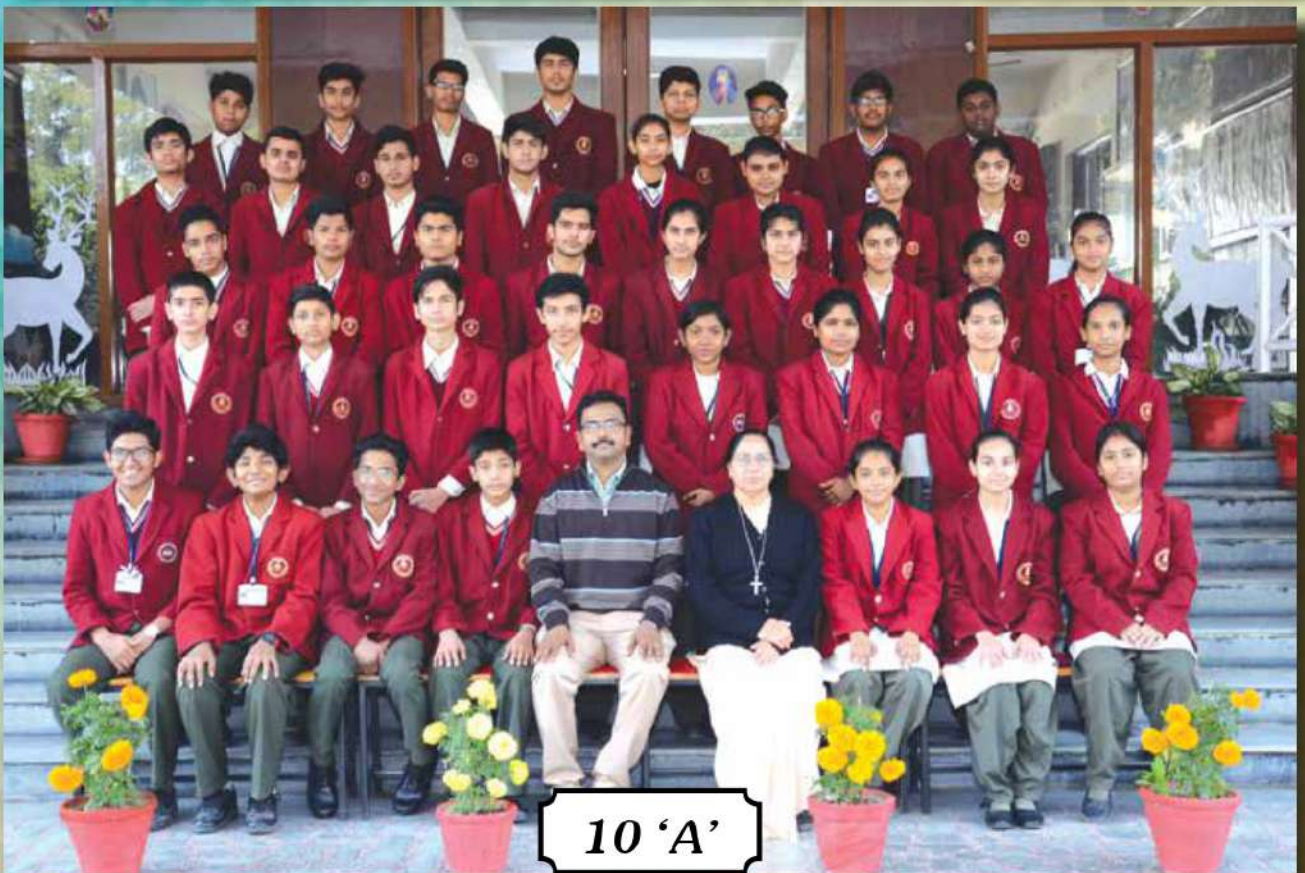






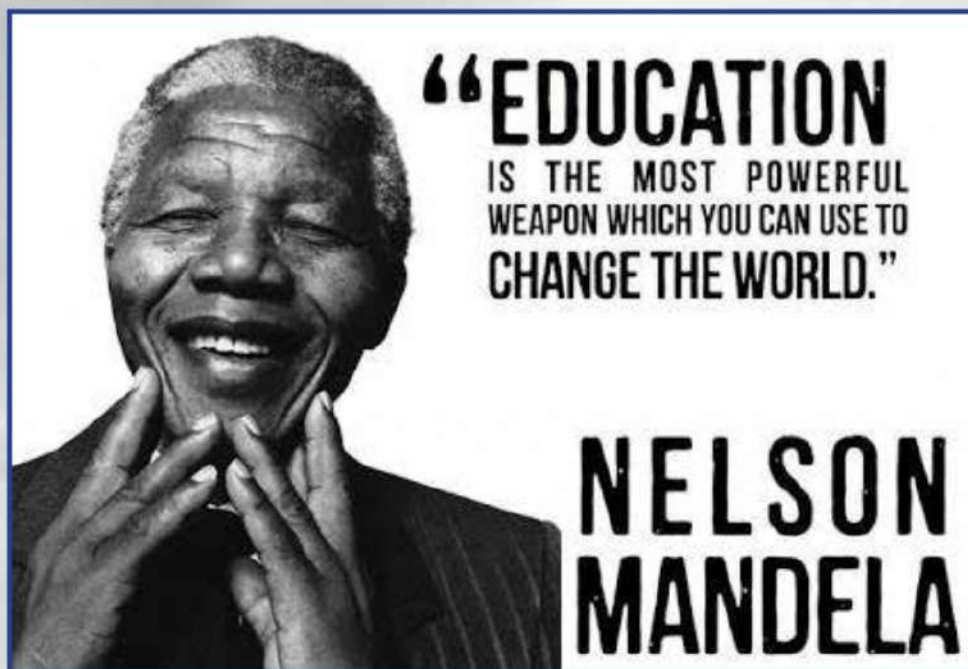












Art and Craft



Ayana (VI-A)



Aysha Noor 2 (X-A)



Aysha Noor (X-A)



Bhuvesh (IX-B)



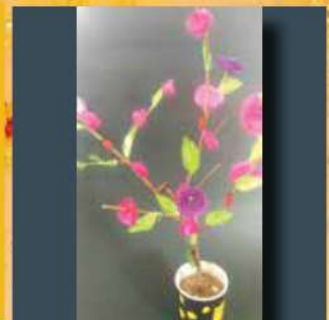
Charvi Vashisth (VII-C)



Charvi Vashisth (VII-C)



Deeksha Sirohi (VI-A)



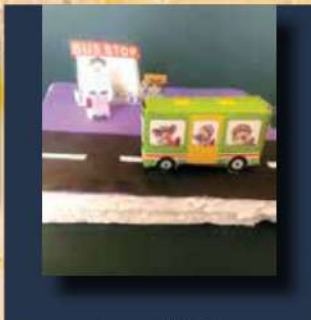
Deepti Sharma (VI-C)



Esha Jena (XI-C)



fabin Shalom (X-A)



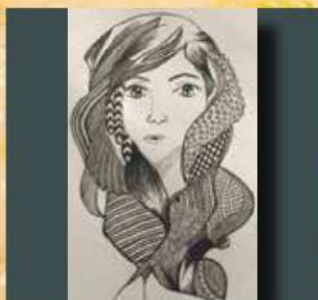
Gauri (IV-C)



Harsh Nagar (V-D)



hiten dubey (IV-C)



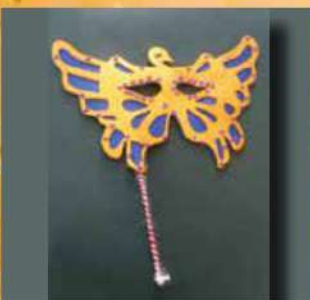
Ishita (XI-A)



kirti Latwal (VII-C)



Nikita.S (XI-C)



Nirbhaya Lohiya (VI-A)



Nitin (VIII-C)



Rajni Chaturvedi XI-B



Ruchika (X-A)



Aarav Pradhan (VI-A)



Aayush Bakade (IX-B)



Abhinu Yadav (IX-B)



Adhiraj (V-A)



Aditya Prasad (VI-B)



Akanksha Gautam (VI-A)



Akanksha Gautam (VI-A)



Akshat Srivastava (VII-C)



Akshat Srivastava (VII-C)



Anshika Lohiya (XI-C)



Archeesha (IV -B)



Arya III-D, Vinayak (VII-C),
Prachi (VII-C)



Shailja Srivastava



Yogita Vashisth

