

579ARK Let Your Light Shine

#### Toundress of Ursalines of Mary Immaculate of Pracenza



#### Mother Brigida Morello

1610 - 1679

It was the middle of the 17th century when the Ursuline family took its shape. The inspiration behind the foundation, expressed in the goal of the Institute is, "God's glory and the good of the neighbor". At the very start, she was struck by a malignant illness which confined her completely to bed. She guided the Congregation from her bed of pain for 24 years.

Brigida wrote down the rules and regulations for her dear Congregation. Two weeks before her death she gathered her loving sisters and spoke to them her last words of instructions. She commended herself into the hands of the Almighty on September 3rd, 1679. She could say with St. Paul – "I have run the race, I am ready Lord." Death is a beautiful experience for those who live close to God.

## Congratulations on your

50 Years of Religious Life



#### **REV. SR. ELVIRA MATTAPPALLY UMI**

Sr. Elvira is the present Superior General of the Congregation of the Ursulines of Mary Immaculate. She resides at the Ursuline Generalate, Rome. She hails from Kerala and is a very committed, insightful and visionary leader. Ursuline Convent Sr. Sec. School, Gr. Noida is also the product of her visionary insight and efforts.

#### LIFE IS A JOURNEY, NOT A DESTINATION



Principal's Message

Life can't be described by only one or two words. It is the mixture of everything. The mixture of happiness and sadness, success and failures, comfort and pain, encouragement and frustration, love and hatred, relief and sorrow and struggle and giving up. Yet life is beautiful through not perfect.

Dear Parents, Teachers and Students,

Life is a Journey, not a destination. Everyone takes every step in a very unique way. This journey may take you down by great storms and bumpy road but it does not matter, what matter the most is how many times you stand-up to continue. Each moment on journey of life you are presented with an opportunity in react differently. It is up to you if you will grab it or you will let it pass. Sometimes there are opportunities that are not really meant for you. Keep in mind that the failure you once experienced is not the end of everything.

Finally I would say, Life is a lifetime challenge. Everyone-has his/her burden, but what counts is how you carry it. It doesn't matter if you win or lose. The important thing is how you made it and, what you feel about it. It is just a test given to us to make us stronger, successful and contented persons.

May the almighty crown all your genuine efforts with success!

Sr. Sneha UMI Principal

#### NIRMALA PROVINCIALATE

Sector 36, RHO – 1, Plot No. 1, Pocket – A, GurjinderVihar P.O., Greater Noida, Gautam Budh Nagar Distt., U.P. 201 315, India



It gives immense joy that Ursuline Convent Senior Secondary School is bringing forth its annual issue of the school magazine. On this propitious occasion I take pride in acknowledging and appreciating the hard labour put in by the management and staff in imparting relevant, qualitative, and value based education to its students.

School magazine is a platform for the students to give expression to their concepts, views, ideas, dreams and aspirations, to spread their wings and soar high. Reassurance from parents and teachers will enhance their enthusiasm to hover tirelessly steering their destination.

We are living in an age of accelerating changes, an era of globalization. It is an electronic era and we are the contemporaries of a net-age. It offers a great challenge to us, the modern educators. The type of education that is required today is one that enhances the ability of learners to assess, adopt, apply knowledge, think independently, to decide, and collaborate with others. This

has been possible with the dedicated and strenuous efforts of the able management and hard work of the administrative team of Ursuline Convent Senior Secondary School along with its experienced educators, the whole hearted cooperation of the well-wishers and parents. The school continues imparting systematic value based education to its students in the changing scenario of the country where media and technology play a prominent role.

My best wishes to the Principal, Staff and Students for this collaborative process of teaching and learning. May you be led always in the true spirit of goodness, brotherhood and peace!

I invoke the continued assistance of the Almighty to lead and guide everyone involved in educating the minds and hearts of the young for life

> Sr. Nirupa Puthenpurackal Provincial Superior, Nirmala Province







#### **LET YOUR** LIGHT SHINE

Dear Friends.

It is a privilege for me to be a part of this magnificent Institution, a temple of knowledge. I do gratefully acknowledge the yeomen service rendered by the visionary predecessors, dedicated teachers, and ever supporting parents who have worked selflessly to bring glory to God and honor to Ursuline convent Sr. Sec. School of Greater Noida, May God reward them all with blessings beyond measure.

I wish and pray that the students of Ursuline School imbibe human values and become socially conscious, intellectually competent, culturally vivacious, morally upright, religiously vibrant and emotionally strong and resilient citizens who uphold and cherish the plural fabric and harmony of India. The motto of the school is "LET YOUR LIGHT SHINE" Let this guiding light shine on all our children so that they use this potential to bloom and prosper where ever they are.

Education is a shared commitment of dedicated teachers who motivate students and enthusiastic parents with high expectations. The effective 'Mantra' of any successful school is the co-operation among students, staff and parents. Education is a joint venture between school and home. A society grows strong in goodness and beauty. It truly grows if it is built on the foundation of the family.

While academic excellence is our major thrust, the school is dedicated to prepare the students for life. Groom them to face the challenges of life of tomorrow and encourage them to be socially relevant.

Ever since this school has started, it has earned great appreciation for providing values based education for imparting academic excellence, sense of discipline and a high ethical values that shaped the careers of thousands of children as they have woven the narrative of this country for the last so many years.

I congratulate the principal Sr. Gracy, Vice principal Sr. Sneha and the educational board and other young minds for their tireless effort in bringing out this magazine. Best wishes and May God bless you.

> Sr. Rinalda Manager



#### SHAKE IT OFF AND STEP UP

Life always seems to present us with innumerable challenges and problems on a daily basis. It throws left hooks when we were expecting right ones; it gives us apples when we desire oranges; it even presents us with seemingly awful surprises that we weren't expecting, and it bloats us with unresourceful emotions that tend to tie us down to a life of unhappiness.

Despite all this, it is not so much what happens to us that actually makes a difference, it is rather what we do with what happens to us that determines where we will end up, what we will have, and how we will be transformed by our experiences. The reason most people never achieve their dreams is because they simply give up. Life was never meant to be easy it's a constant struggle, with extreme lows and amazing highs. Remember that the times when it's most important to persevere are the times that you will be most tested. To help us in our quest to stay strong and persevere through adversity, here is a familiar story.

Once upon a time, there was a farmer who had an old donkey. One day the donkey fell into a dry well. The farmer tried hard to pull the donkey up, but the well was deep and the walls were slippery. He called some of his friends to help him. All of them tried but in vain. At last they decided to be merciful on the donkey by burying it alive in the well. They thought it's better to bury the animal than to leave it there to die

So the farmer and his friends started putting mud into the well. At first the donkey got scared and started screaming. After some time he calmed down and started shaking off all the mud over him. He realised that he can now step over the mud present beneath him. Each time the farmer and his friends throw a shovel full of mud on his back he could shake it off and step up. Eventually the mound of dirt inside the well had piled so high, the donkey was able to reach the surface and step out of the well

The donkey could have thought he was doomed and accepted his fate. He could have given up at any time and become buried under the dirt. Instead, he kept shaking it off and rising up under the challenge until he had overcome his dilemma and stepped out into freedom. When the donkey calmed down, stopped crying and got focused, he could then see that what was meant for his harm could actually be used for his good. What looks like a frightening nightmare turn it into a sunny day. What seemed like would bury him, had actually blessed him. All because of the manner in which he handled his adversity.

Shake it off and step up. A great attitude! A great way to approach life. Too often we hold on to what has happened to us. We hold on to it for a week, a month, even years. We cannot shake it loose from our memory. Whatever it is: a rude comment, a past mistake, being ignored, not treated well, and not appreciated enough and so forth.



Manager's Message

We keep allowing these emotions to be thrown on our backs and if we do nothing, we will be buried deep in the well. Walls will be built in our relationships. We will avoid each other and the cold war begins. Too often we nurse hurts, and we rehearse hurts, we keep them alive inside and go over them time and time again; chewing them over and over until it gets us sick. The cure is to accept what has happened, try to make sense out of it, learn from it, then shake it off and step up. When you let it go you feel free and you are no longer buried in the well. Once you are on your feet again, you decide where you want to grow in life, the direction you want your life to take. You decide whether you will allow the hurt to make you a bitter or a better person.

Life treats us the same way. It gives us challenges and hard situations and leaves upto us to make those challenges into opportunity or adversity. Sometimes it becomes very gloomy and seems there is no way out of the current situation. That is the time we need to find the silver lining and very possible way out. Each of our troubles is a stepping stone. We can get out of the deepest wells just by not stopping, but never giving up! To be successful you must learn how to effectively manage your failures and setbacks

Like the donkey, at home, in the school life, in the business and professional world we often find ourselves deep in a "well" of difficulties, with people shoveling dirt on us, trying to cover us up. This leaves us with a choice: We can either become buried by the adverse circumstances, or keep stepping up to confront the new challenge. If we face our problems and respond to them positively and refuse to give in

to panic, bitterness or self-pity, the adversities that come along to bury us usually have within them the potential to benefit and bless us!

One could say that we are never completely out of the "well" as long as we are alive. Remember that God has provided everything you need right in the midst of your desperation. We need the eyes of understanding, and the wisdom to shake off doubt and fears, and gain the courage to take a step up, getting closer and closer until we achieve our goals. What deep "well" do you find vourself stuck in at this moment? Is there a situation in your life that makes you feel as if you're being buried alive, where you feel out of control and hopeless? Whatever has happened in your life and whatever is going on right now. try to shake it off and step up.

When doubt shows up, I will shake it off and take a step up!

When fear strikes, I will shake it off and take a

When failures occur. I will shake it off and take a step up!

When uncertainties knockaround. I will shake it off and take a step up, Getting closer and closer to the goals that have been reserved for me.

"Shake it off and step up... Shake it off and step up!" be the repeated mantra over and over to encourage ourselves in the journey of life. With God's strength and guidance, we can overcome them. Keep stepping up!

> Sr. Anjali Jacob UMI Nirmala Provincialate



#### Greetings!

his magazine serves like a Year Booklet for the students as well as the School faculty. The witty articles, random photoshoots, loaded exeriences, creative sketches and empowering competition reviews are a part n parcel of this magazine.

We truly believe that writing is everybody's cup of tea but it is the urge to write that a few of us cherish. We have tried our level best to pen down the pages with some everlasting impressions. Our exteme gratitude lies with the Ursuline Management, Staff and Students for loaning their time and support to create and publish this worthy work.

> Happy Reading! Editorial





Prisca Julie Franshaw School counselor

"BUT THE MERCY OF THE LORD IS FROM **EVERLASTING TO EVERLASTING UPON THEM** THAT FEAR HIM. AND HIS RIGHTEOUSNESS UNTO CHILDREN'S CHILDREN."

Psalms: 103:17

ear is a kind of emotion being has at some point of time in their life. When you are in a threatening or a scary situation, fear is what your body will feel. It is the ability to identify risk and make a choice to either confront that fear or flee from the situation. Scientists call it the fight-orflight instinct. Fear is handled differently by every individual, but it is a common emotion that everyone feels. Some seek out

to overcome their fears while others flee the situation and don't think twice about trying to overcome their fear. In worst case scenarios people freeze up and go into shock due to the situation. Fear can result in great inspiration, causing people to rise up to oppressive situations. It can be the iron shackle of apprehension too, making people live in denial and cowardice. Every organism that is sentient and feels the need to preserve itself, the

ability to feel damage and restriction - it is subject to fears unique to its existence and general fears. I believe it is only the human being, an evolved consciousness that has the ability to overcome fears and combat them.

During times of crisis and pandemic situations, it is predictable for people to be overcome by fear.

The Coronavirus Pandemic is just such a situation, that has the world on edge.

The outbreak of the Coronavirus COVID-19 is now a global pandemic, with several people infected and many of them dead. And the

numbers keep climbing.

Coast to coast, large public gatherings and major events have been canceled. Employees have been told to work from home, universities have moved all classes online and schools have been closed for sanitizing. The stock market has seen meteoric crashes. Declarations of emergency are being proclaimed in each and every affected region and country.

As the number of confirmed cases of illness grows, so too does the nation's collective uncertainty. Psychologists and public health experts say public anxiety is high, and it's largely fueled by a feeling of powerlessness. Yes, here there is a fear factor engulfing the people at large who are keeping themselves isolated as a precautionary measure and stay away from gatherings and other occasions.

"When we feel, 'Oh my God, there's a new boogeyman out there,' it comes with extra fear," said David Ropeik, an expert on risk communication. "When we don't understand something that leaves us feeling like we don't know everything we need to know to protect ourselves ... that equates to powerlessness, vulnerability."

As we all are seeing that the world is facing an epidemic like situation and now, every single person is forced to understand their priorities of life for their families, friends, country and the world. And. I believe, it's the correct time that the world stands as one.

It's quite natural that fear and nervousness can keep going on for a brief period however it would not last for a longer duration. We should always be ready to fight against fear and be strong.

A few people get overpowered by fear and they need to stay away from circumstances that may make them scared. It tends to be difficult to break this cycle, yet there are lots of approaches to do it. You can figure out how to feel less frightful and to adapt to fear with the goal that it doesn't prevent you from living.

Since so many decades. our generations are fighting with different viruses like hatred and jealousy which is harming the world and its culture. Now is the time to be in prayer and patience.

NOW WHAT NEXT! Just start fighting with fear.

"BE AN ANTI-VIRUS TO PROTECT YOURSELF AND THE WORLD"



Rita Sud **Examination Co-ordinator** 

#### SELF WORTH

naction breeds doubt & fear. Self appreciation & appraised imbibes confidence & courage. If you want to conquer fear.do not sit & think about it but go beyond the limits & accept the challenges. Let me corelate this to an incidence. A speaker started off his seminar by showing a 2000 rupees note to the public. He asked the people "Who wants this". There was no surprise to see that all of them lifted their hands up. He then crumpled it & again showed it to the public. He repeated his question, still the response remain the same. He then dropped it to the ground & stepped on it & offered it to the public. The People

still showed the same interest. So, he told no matter whatever happens to money you all wanted it because of its value. Similarly we need to realize our self worth & start valuing ourselves despite the adversities in life. Believe in yourself & start working hard without wasting your energy in day to day temporary setbacks in your life. Accept who you are completely. & make the changes as you feel is important to make you more methodical & organized. You can't control how other people receive your energy but you can always radiate your energy with as much integrity and love as possible.



Mrs. Marvkuttv Skariah Staff Co-ordinator

#### Jearning from life

"Education is the passport to the future, for tomorrow belongs to those who prepare for it today." -Malcolm X

e have always seen education as a key to a better future; A key to earn more and live a happy life. As teachers, we have advised students to study hard for a better future. But is learning found only in classrooms? What is education?

This brings to mind a quote by Albert Einstein, "Education is what remains after one has forgotten what one has learnt in school." So what should we learn? Does it mean there is no point in going to school? What we should learn in school is not just facts that will help in future. What we should learn in school is that knowledge is everywhere: in school, in books, in people and most importantly in life itself. What one should learn is how to learn from everywhere. "The only person who is educated is the one who has learned how to learn ... and change." Carl Rogers

So, let us open ourselves to learn not just from books but from everything including life. After all, we all know that the greatest of lessons are taught by life itself.

#### Hall of Fame CLASS X TOPPERS 2019-20 STUDENT SCORE ABOVE 90%

I have a desire · A dream · A vision · I am Champion!!



KUSHAGRA JAIN 96.8%



HARSHIT CHAUHAN SURBHI VASHISHTHA 96.6%



95.8%



NUPUR CHAUHAN 95%



ASHISH CHAUHAN 94.8%



94.8%



ASHISH CHAUHAN AMRITHA SREE NAMBIAR 94%



HITESH VATS 93.2%



VIBHA JAIN 93.2%



ADITI RAJ TIWARI 93%



ASTHA BANSAL 93%



SHUBHRA RAI 92.8%



PRIYANSHU SAINI 92.6%



92.4%



ANUSHKA YADAV AYUSH KUMAR SAINI 92.2%



VANSHAJ RAWAT 92.2%



KHUSHI MISHRA 92%



SIDDHANT SINGH 92%



ANUBHAV DWIVEDI 91.8%



CHARVI VASHISHT 91.6%



KHUSHI MALIK 91.6%



POOJA MISHRA 91.2%



AGRITA WAHI 91.2%



KHUSHI JHA 91.2%



DIVYANSHI PAL 90.8%



TANMAY TIWARI 90.4%



**DIVYA GAUR** 90.2%

#### CLASS XII TOPPERS - 2019-20 STUDENT SCORE ABOVE 90%



LAKSHAY SAMANIYA (PCB) 97.6%



ANKUSH KUMAR SAINI (HUM) 97%



PRARTHAK VERMA (COMM) 95.4%



ANANYA SINGH (PCB) 95.4%



PAYAL CHAUHAN (PCB) 95.4%



TANISHA MAHESHWARI (HUM) 95.4%



DEBROTO MANDAL (COM) 94.8%



TANUJA SAHANI (HUM) 94%



ANANYA TYAGI (PCM) 93.6%



HIMANSHU RAJ (PCB) 93.4%



SAKSHI NAGAR (HUM) 92.8%



SHUBHANSHU SINGH (PCM) 92.6%



ANSH SHANKAR (PCM) 91.4%



SAKSHI IHA (PCM) 91%



ASHUTOSH KUMAR SINGH APOORV TRIPATHI (PCM) 90.2%



(PCM) 90%



CHANDNI ROHILA (PCB) 90%

#### ANNUAL SPORTS DAY

ports Day 2019-20 Ursuline Convent Sr. Sec. School witnessed its Grand Red Letter Day i.e. Annual Sports Day 2019-20. The event was marked by the benign presence of very eminent Chief Guests like Mrs. Gunja Singh (S.D.M Jewar, Gr. Noida) Mr. Gajanan Mali (Founder parichowk.

com) and Guest of Honour Rev. Sr. Nirupa (Provincial Superior, President of Education Society of UMI). It was concluded in two days, Both the days had an array of different field events followed by the radiance of multi cultural events like Yoga, Martial Arts & different regional dances.













































There are no goodbyes for us.

Wherever you are, you will always be in our hearts.









Here's to new Beginnings!











#### Let's never stop making memories together

Birthday Celebration of Rev. Sr. Mirupa & Rev. Sr. Gracy



















Together is our Favorite place to be.

Birlhday Celebralion of Rev. Sr. Rinalda & Rev. Sr. Sneha









#### NEW ADDITIONS IN THE SCHOOL INFRASTRUCTURE









**RAMP SLOPES** 





**COMPOST MACHINE** 





**GREENHOUSE** 



The Strength of the team is each individual member. The strength of each member is the team.

























# Krishna IANMASHTAMI 22 **SPARK** Let your Light Shine

# Independence Day Celebrations

rsuline Convent Senior Secondary School Greater Noida celebrated the grand occasion of 73rd Independence day. It started with flag hoisting by our Principal Rev. Sr. Gracy and Vice Principal Sr. Sneha. This red letter day was made remarkable by a grand salute by Ursuline staff and students to our National Flag. A brief cultural program along with tree plantation added gems to the grandeur of the occasion.



















## Gnadhi 150th Jayanti

#### FIT INDIA MOVEMENT

FIT INDIA MOVEMENT The Hon'ble PM of India launched a Fit India Movement on 29th August 2019. This day became a red letter day in our history as a great hockey player Major Dhyan Chand was born. He was impersonification of fitness & stamina. Ursuline Convent Sr. Sec School projected event in the school auditorium. The Hon'ble PM appealed to every citizen to remain healthy and fit. The PM emphasized that technology has contributed to a sedentary life style. The students were motivated by his strong & amp; influencing words.





















#### KHELO INDIA MOVEMENT



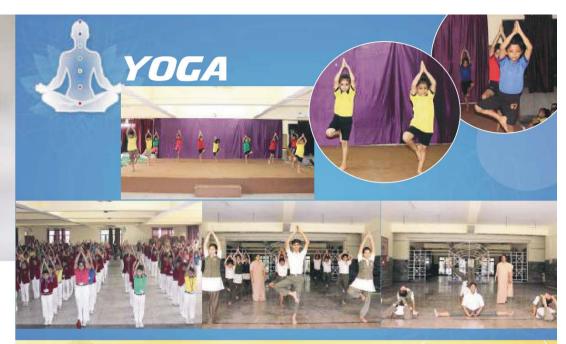


#### Water Conservation













































# Orientation Programmes

Cyber Security...



#### **Oreintation for Parents**



#### Teacher's Seminar



#### Teacher's Orientation







### Joy of Giving....

rsuline convent senior secondary school celebrated the true essence of Christmas donating things to the underprivileged. The students of Hindi medium were taken care by the education society of U.M.I. Mr. Kailash Bhati was the chief guest of the show. The president of the education society of U.M.I Sr. Nirupa initiated the event by her motivating words. The manager of the school Sr. Rinalda gave a message to the students. The education society of U.M.I strongly spreads the message of sharing and caring among the underprivileged. The spirit of giving and sharing was inculcated among the tiny tots as they exchanged exquisitely packed gifts with each other and played games. The management of ursuline presented gifts and small token of love to one and all who were a part of the show. The Principal Sr. Gracy addressed the students and spread the fragrance of the festivity.



# Students Activities

#### Assembly by Students













#### Best out of waste







Calligraphy Comeptition





#### Class - III LA Activity





Class - IX Role Play Competition



Class III, IV & V Drawing



Class-I Solo Singing Competition



#### Class-V Solo Dance





Class-VIII GK. Competition





Clay competition







Clay competition



#### Cooking food without Fire



#### Dance Drama



#### Debate competition



#### **Drawing Competition**



**English Recitation Competition** 



Fancy Dress Competition





#### Inter House Competition



Kavi Sammelan



**Modern Art Competition** 



#### **Quiz Competition**



Show and Tell Activity



World Unity Day



Volcano



#### Literary Activity



#### Rakhi Making Competition



#### **Prize Distribution**























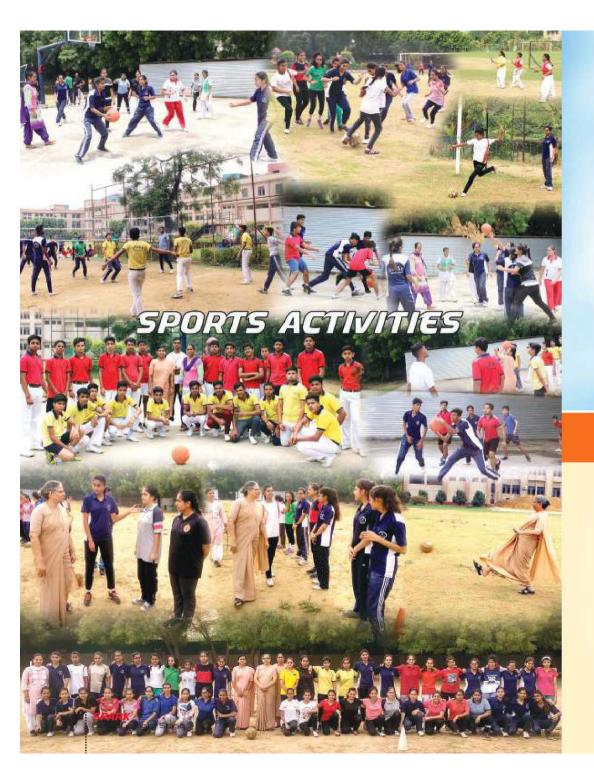












#### FACING THE COVID CRISIS

rsuline Convent Senior Secondary school stands tall in upholding its values and empathising with the pain of others. As the nation is under lockdown to combat the deadly COVID-19 outbreak, several people are facing difficulties to cope up with the same. The poor and destitute with disabilities are among the worst hit. They suffer due to lack of accessibility, availability of basic services so Ursuline Convent Senior Secondary School and Nirmala Sadan society's sisters of sector 36. Greater Noida distributed 5200 food packets to daily wages workers with the help of local administration and Police officials. Ursuline Sisters distributed dry ration, which includes 10kg rice, 5kg sugar, 2kg dal and Chana, 1 litre oil along with hand made masks to 1100 families from Aichhar village. Nat madia village and sector 36. The U.M.I sisters made sure that all the families could get their share under their supervision. They also gave hand made masks to vendors in B-block (fruit and vegetable sellers) from Tughalpur. We believe 'Alone we can do so little: together we can do so much.'



#### EVERYONE IS UNIQUE AND NECESSARY LOVE YOURSELF YOU ARE IMPORTANT

Student's Article

#### LOVING YOURSELF ISN'T VANITY, IT IS SANITY. -Andre Gide

Love yourself? What kind of egocentric luxury is that? Well, when I say "love yourself," I don't mean marry a cardboard cutout of yourself. No, it's a different kind of love.

Now close your eyes for a second and imagine your best friend. Imagine what that person did to earn the supreme title of "Best Friend." Did that person forgive you even though you acted regrettably? Did your best friend cheer you on when you were power slapped down? Did that person make you believe for a second that life was actually enjoyable and bright? Hopefully, if you said yes to all of the above, then you know what it's like to be loved. Now just apply what your best friend did to you to yourself.

This means being forgiving to yourself, remaining confident in yourself and being hopeful by yourself. This is what it means to love yourself. In order to be

yourself, you must grow a backbone and have thick skin. No one knows what makes you truly need to be happy other than yourself.

This is an important concept to realize because you will never please yourself if you are constantly trying to please other people instead. You need to stand up for what you believe in and show the world the beauty of what makes you unique.

There will always be those who will try to look down on you, yet what they are really upset about is their failure to make you conform to their demands. Besides, these people are most likely already miserable because they lack the strength to showcase their individual differences like you can.

Ayushika Singh, XI - A

# Student's Circle Walking With Pa I like walking with Pa His steps are short like mine He doesn't say "Now hurry up" He always takes his time. I like to walk with Pa His eyes see things like mine do We pebbles bright a funny cloud

Most people have to hurry

They don't stop to see
I am glad that God made Pa

Unrushed and young like me!

Half hidden drops of dew

Divisha Sachdeva

#### LIFE AS AN ARMY KID



Being raised as an army kid is pretty amusing. An army kid gets to experience and learn a lot of new things than any other kids do. An army brat don't really belong to one place. I started

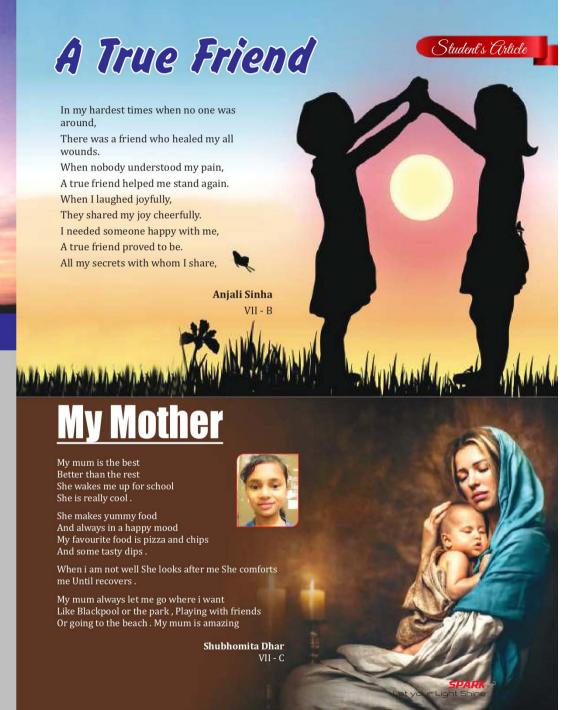
travelling to different places since I was 5-months-old. I got to travel many places: I have almost covered more than half of India because of my dad's postings. I get accustomed to different cultures, traditions, people and their way of living. It has been a panoramic experience for me. An army kid grows up in a very disciplined environment. We ought to greet every elder we meet or see whether we know them or not, which later on becomes a habit. When you are an army kid you are expected to have table etiquette and a polite way of talking too. An army kid's life is not a bed of roses. We never live at one place for more than 2 years. The most difficult challenge I dealt with was constantly changing schools after every 2-3 years and making new friends. Making new friends in a new environment was extremely hard to break into their social groups. There were times where my dad and we lived separately because of his field postings. My friends used to ask why my father wasn't there during my birthdays, PTMs, school functions and when I was sick. I would proudly say he was doing his duty and it comes above his family and I respect it. An army kid would never trade his/her life as army kid for anything else. I know I never will.

Some dads wear suits Mine wears Combat Boots

PROUD TO BE AN ARMY KID!

Aneesha Catherine Mathews

XI - D





It is truly said by an unknown author that 'A Friend is one who overlooks your broken fence and admires the flowers in your garden'. Many of us find friendship quite easy & so. many among us find the huge essays or biographies quite boring based on friendship. That's because we don't know the real meaning of friendship. Is it a link with someone for one's selfish purposes or link with a person who is very frank with you, always want to stay with you, but, with a condition-in times of joy and happiness. See guys, finding a True Friend feels like a gift that keeps on giving, even when they are thousands of miles away. Whenever we're celebrating life or happen

to experience an unexpected tragedy, we can always rely on our friends to be there for us. A listening ear, a shoulder to cry on, or finding a soul full of positivity in a less than ideal situation- all it means is that our buddies are supporting us every step of the way. Really, having those friends who love and care for you not only in times of joy but also in sorrow, are your true besties. Ah, that looks quite similar with those friends who can come to your house on one call even at 12 midnight to help you solve your problem, which even a family member can't solve. There are some people who think negative of a person, but friends are those who appreciate the good values

in someone and help in becoming a flawless person. We have seen tonnes of movies like Sholay, 3 idiots, where true friendship keeps lurching all the obstacles and testifies its strong rapport. As in this era, it is very difficult to find a true lover, so is the case with friendship which is selfless, full of positivity, happiness and improvement with strictness. And this is not what I am writing hypothetically but I too have a practical, live experience with TRUE FRIENDSHIP. It's not just that your friends will make you study and study but they will also make you BUNK classes yet, all blame they would take on their head and stand with you even in punishment. Ya Guys, this is friendship. Laughter, loads of joy, happiness, sympathy and love. My personal experience with friendship gives me delight and hope that a selfless friendship exists. I think that I am the most fortunate person who never had any best friend till now because this year I am surrounded with so many of them that everyday I feel it's my birthday today and I got my besties, my stars as my birthday gift. Thanks to all for making my life so jubilant, jovial and quintessential one, that I never need Stalwarts like Khali or Bruce Lee to protect me. I have my own army of 'MY FRIENDS'.



Every man wants to become something GREAT in his life. Who wants to become a beggar?? Obviously. no one. We have heard a lot of people expressing about their goals, what they want to become, why and how? One thing that remains common in conversation is that for achieving their dreams. some sacrifices have to be made. Sacrifices act as a triggering force that for achieving something, we lost something, something very precious to us. Like for fulfilling our aim, we keep away all the physical distractions like mobile phones, virtual gadgets and social media and the mental distractions like relationships, infatuation, breakups, etc. Guys, in school life, how can we become so mature that in such a low age, we end up with breakups or whatever. It's the high time for all of us to set priorities in our lives since at this age, it is we who is either going to DESIGN or

DESTROY our future. For better future of our nation, we have to set the priorities and work accordingly. If we study at this age, approximately nine/ten years also, undoubtedly the 52 years will pass easily

and we don't have to do so much of toil and hardwork. But if we don't study now, there is no hope that in future that our life will go smoothly. Due to this, not only the family's hope in us will end, but also the country will lose one man who could have changed the country and the mindset of all the citizens. Our country's development and progress is absolutely in OUR HANDS. We have been studying that

'INDIA is a DEVELOPING NATION' since centuries, but we can make it. We can turn it into a modern and developed country. And we can do that by making some sacrifices for our goals, for our ultimate destinations. Certainly, the results will be the expected ones for which we have lost something crucial and valuable. No one can become something GREAT with all the facilities-ACs. Cars. Houses and Money. Something needs to be sacrificed and this is the ultimate reality which we must accept!!!

> Smriti XI-D



#### MAJOR ISSUES IN THE INDIAN SOCIETY

Many Indians live with the 'chalta hai' attitude today. So, anything wrong does not matter to us perhaps from corruption to crime. There are a few issues in India today which need to be dealt with urgency. The biggest of all is corruption. The Indian economy suffers a huge loss due to this giant endemic. Though most of us are concerned with this fact, we are found lacking when it is time to act.



The education system of India comes next which has undergone a lot of criticism from experts. It is found to be more theoretical than practical and skill based. It focuses more on rote learning. However, there are changes coming up in our education system trying to accommodate this issue of theory based learning. Talking about poverty, a third of world's poor live in India. The high level of illiteracy, lack of healthcare facilities, and limited access to resources are probably the reasons responsible for the rising poverty.

As far as safety of women and their freedom is concerned, we know how common crimes against women are today. Unfortunately, there are many cases which also go unreported. More than the government, the patriarchal society is to be blamed for these crimes.

Lastly, another common issue being faced today, especially in cities, is pollution. Though India is working hard to combat it, there is a long way to go.

India is definitely a country very different and unique in itself. We can be a major superpower in the future if we try resolving these issues, bringing about a change in our attitude towards the things happening around us and put pressure on the government to look into these issues.

> Shivam Chauhan. XI - A

#### The Great Gift of God

She is no other than my grandmother, who is my lord. She cooks delicious food for me. And keeps my room neat and clean. Not just for cooking great food for me, But also for loving and caring me, She loves me the most in this world, She is the best grandmother in this world. Sometimes, I too help her in her things, When I do so, she calls me her "King" She is the head of our family, With her, We all live happily.

I have gotthe great gift of god,



# A True Wish

My true wish, what it is?? my true wish to god, to save the frog, to protect the dogs, to protect the cats, small tiny insects including rats. protect them from trouble. protect them from thunder. because they didn't have a roof. like us to live under. they are cute....but the sorrow for me is. they are at mute. they are innocent, we humans are rude...., humans can't just ever understand their centiments. my last and least wish to god .... protect amphibians, reptiles and mammals ...,,, if one's they are gone .. you can't ever create such cute animal..

> Ekta Parashar VIII - A



# 52 SPARK Let your Light Shine

#### TREES

They are home for many creatures, like squarrel, birds and bees .., they are the part of our lives , the eco friendly green trees. they provide wood for making furniture, they also provides oxygen for us and for the nature. their life cycle is just like ours , protect them because they are only on earth , not on mars . by giving us oxygen they save our lives , so instead of cutting them, cant we plant four or five???

Ekta Parashar VIII - A

# Student's Article प्राकृति की सुन्दरता।

प्रकृति हमारे चारों ओर सबसे सुंदर और आकर्षक है जो हमें खुश करती है और हमें स्वस्थ रहने के लिए प्राकृतिक वातावरण प्रदान करती है। हमारी प्रकृति हमें विभिन्न प्रकार के सुंदर फल, आकर्षक पक्षी, पशु, हरे पोधों, नीला आकाश, भूमि, बहती निदयाँ, समुद्र, जंगल, हवा, पहाड़, घाटियाँ और बहुत सी अनिगनत चीज़ें प्रदान करती हैं। हमारे ईश्वर ने हमें स्वस्थ रहने के लिए एक सुंदर प्रकृति का निर्माण किया है। हमारे जीवन यापन के लिए हमारे द्वारा उपयोग की जाने वाली सभी चीजें प्रकृति की संपत्ति है जिन्हें हमें खराब नहीं करना और नुकसान नहीं उठाना चाहिए।

हमारी प्रकृति हमें जीने और आनंद देने के लिए सुंदर वातावरण प्रदान करती है इसलिए इसे साफ रखने और सभी नुकसानों से दूर रखना हमारी जिम्मेदारी है। हमें सभी को अपनी प्रकृति की सुंदरता बनाए रखने की कोशिश करनी चाहिए।

धन्यवाद

अनम आफरीन,

VI - C

#### मेरी माँ

मेरी माँ है सबसे प्यारी
सारे जग से है निराली
उँगली पकड़कर चलना सिखाया
नहीं किसी से उरना बताया।।
व्यंजन अनेक बनाती रहती
साथ मुझे खिलाती रहती
साक्षात अन्नपूर्णा का रूप है।
घर की बचत में माँ तो मेरी
लक्ष्मी का स्वरूप है।
माँ का प्यार लगता जैसे
गरमी में बरसात है।
यही कामना करती हूँ कि
माँ का प्यार सबके पास हों।



#### क्लास मॉनीटर

जो क्लास में बने मॉनीटर कोरी शान दिखाते हैं। आता–जाता कुछ भी नहीं, पर हम पर रोब जमाते हैं। जब क्लास में टीचर नहीं तो खुद टीचर बन जाते हैं। कॉपी पैन लेकर. बस नाम लिखने लग जाते हैं। खद तो हमेशा बातें करें. हमें चूप करवाते हैं। अभी तो बस गलती माफ. हमें बलि चढाते हैं। क्लास वो सम्भाल पाते नहीं. बस चीखते और चिल्लाते हैं। भगवान बचाए इन मॉनीटर से इन्हें हम नहीं चाहते हैं।

सक्षम गोयल VII - B धन्यवाद!

मेरा प्यारा स्कूल

यह मेरा प्यारा स्कूल, नहीं सकता मैं इसको भल। माँ ने मुझको जन्म दिया, और दिया ढेर सारा प्यार। स्कूल ने, मेरा ज्ञान बढाकर. मेरा जीवन दिया संवार, "खब खेलो और पढो तम" कहती यह हमारी टीचर। बडे होकर प्रण तुम करना, देश की सेवा करेंगे मिलकर। कोई वकील और देश का नेता, कोई डॉक्टर, इंजीनियर होगा। भारत विश्व में करेगा अव्वल. हर कोई जब शिक्षित होगा। यह मेरा प्यारा स्कूल, नहीं सकता मैं इसको भूल।



सक्षम गोयल VII - B

#### हिन्दी दिवस

सागर में मिलती धाराएँ हिन्दी सबकी संगम है. शब्द, नाद, लिपि से भी आगे एक भरोसा अनुपम है, गंगा कावेरी की धारा साथ मिलाती हिन्दी है प्रब-पश्चिम कमल-पंखरी सेत् बनाती हिन्दी है।

भूमिका नियोलिया,

जाहाँ चाह है वहाँ शह है

मेरी एक चाह है जहाँ चाह है वहाँ राह है मुश्किलें से भरी उस तक पहुँचने की राह है लेकिन मुश्किलों से भी बड़ी मेरी चाह है अब कछ कर दिखाने की बनी है मेरे मन नें भी यह बात मानी है। जरूर कठिन होगा ये सफर लेकिन मेरे इरादे हैं निडर अब मंजिलों को पाना है पर्वतों को भी हिलाना है आसमान भी झुक जाए कुछ ऐसा कर दिखाना है। लहरों को चीरकर भी रास्ता बनाना है अब कुछ कर दिखाना है तबियत से पत्थर उछालकर आसमान में सुराख बनाना हैं। मन चाही पाने के लिए हर मुश्किल को हराना है।

समृद्धि अग्रवाल,



Student's Article



अब जीत का जश्न मनाना है।

अब मंजिल को ही पाना है।

जब-जब जन्म लेती है बेटी खुशियाँ साथ लाती है बेटी ईश्वर की सौगात है बेटी सबह की पहली किरण है बेटी, तारों की शीतल छाया है बेटी आँगन की चिडिया है बेटी। त्याग और समर्पण सिखाती है बेटी, नये-नये रिश्ते बनाती है बेटी। जिस घर जाएं उस घर खुशियाँ लाती हैं बेटी बार-बार याद आती हैं बेटी, बेटी की कीमत उनसे पछो, जिनके पास नहीं है बेटी।

> यशी नागर, VIII - C



**SPARK**Let your Light Shine

#### Student's Article

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बचपन तो बीत गया. पर बचपन अभी भी याद है। बाबा का चेहरा पता नहीं पर पापा के कंधे याद हैं। अब कंधे तो कमजोर हए, पर बाँहों में प्यार अपार है। बचपन के खेल तो भूल गए पर मम्मा का थप्पड याद है। थप्पड का दर्द तो तीखा था. पर प्यार की मिठास तो लाजवाब है। अब दूर हुए घर से, सबसे पर बारिश में टपकता छप्पर याद है। खरीद लिए कुछ आम सडक से, देखा उसे भर के नजर से. स्वाद ना आया उन आमों में. क्योंकि चोरी से आम के पेड से तोड़के खाना याद है। बचपन तो बीत गया, पर बचपन अभी भी याद है।

हेतल सिंह, VIII - D



घुटनों से रेंगते-रेंगते कब पैरों पर खडी हुई तेरी ममता की छाँव में. जाने कब बडी हुई। काला टीका दुध मलाई आज भी सबकुछ वैसा है? में ही में हूँ हर जगह दिखती प्यार ये तेरा कैसा है सीधी-साधी, भोली-भाली तेरे लिए मैं सबसे अच्छी हूँ कितनी भी बड़ी हो जाऊँ माँ मैं आज भी तेरी बच्ची हैं।

> एस. एन. सिंह, VIII - B

#### मिजता

अगर बडों के साथ रहोगे स्वयं बडे बन जाओगे अगर भलों के साथ रहोगे स्वयं भले बन जाओगे जैसे होंगे मित्र तुम्हारे वैसे तुम ढल जाओगे सोच समझकर करो मित्रता जीवन भर सुख पाओगे।

> आशी सिंह VI - D

#### Student's Article

युँ अंधाधुंध पेड कटते रहे तो पर्यावरण का क्या होगा हमें इसे बचाने के लिए वक्षारोपण करना होगा एक नारा बनाओ हर एक आदमी एक पेड लगाए जरा सोच लो कितनी है आबादी ऐसा करने से फिर से हरीयाली आ जाए।

> आदित्या संजीव VII - B

#### मेरी माँ

सबसे अच्छी मेरी माँ. सबसे प्यारी मेरी मौं हर पल रहती मेरे साथ. पकडकर मेरा हाथ। बचाती मुझे पापा की डाँट से, या फिर कोई कीडे की काट से। पर एक दिन की थी बात. छोड दिया था मेरा हाथ। में डर गया था. मैं रो रहा था। पर जैसे ही बजी स्कूल की घण्टी, जा रहे मेरे दोस्त राज, रमेश और बंटी। मैंने भी जैसे ही माँ को देखा. पकड ली थी उनकी साडी. डर भाग गया ऐसे. जैसे हो कोई रेलगाडी। उस दिन से मैं बना साहसी बना समझदार. उस दिन को मैं याद करता हूँ बार-बार।

> मृत्युंजय V - D

## शुभ रहे सबको यह नववर्ष

शुभ रहे सबको यह नववर्ष। बढे सबमें उल्लास और हर्ष।। नव अंकुर फूटें हृदय में, परस्पर प्रेम के, सहयोग के। अपने अपने स्थान पर. करनी सबकी हो उत्कर्ष।।1।। एक दुजे के प्रति रहे, सभी के आदर और सम्मान। परस्पर मिले तो ऐसे जैसे. नवजात पाए माँ का स्पर्श।।2।। कम न हो कभी उत्साह, चाहे कैसी भी मिले राह मिलता सही ठिकाना उसे ही. करता जीवन में जो संघर्ष।।3।। शूभ रहे सबको यह नववर्ष, बढे सबमें उल्लास और हर्ष।

> सोनू कुमारी, VII - B

SPARK :

#### सामाजिक कुरीतियों एवं भुष्टाचार पर कविता

व्यवस्था परिवर्तन का समय आ गया है भ्रष्टाचार पुरी तरह छा गया है। मुनाफाखोरी की बीमारी लगी सभी को महंगाई से जनता त्रस्त हो गई तभी को। न्याय मिलने में देरी हो रही है. राष्ट्रीय सम्पत्ति चोरी हो रही है। व्यवस्था परिवर्तन का समय आ गया है. भ्रष्टाचार पूरी तरह छा गया है। सडकों का हाल बेहाल है दूर-दूर तक न कोई अस्पताल है। सरकार आँखें मूंदे बैठी है, चोरों का अड़डा तो पुलिस चौकी है। व्यवस्था परिवर्तन का समय आ गया है, भ्रष्टाचार पूरी तरह छा गया है। नौकरशाही सबपे भारी है. हर एक को रिश्वतखोरी की बीमारी है। भ्रष्ट लोगों के खिलाफ जो आवाज उठाता है बहुत जल्दी ही आवाज दबा दिया जाता है। व्यवस्था परिवर्तन का समय आ गया है भ्रष्टाचार पूरी तरह छा गया है।

यशिका गोयल

VI - C

#### में नहीं तू, तू नहीं में,

मैं नहीं तू, तू नहीं मैं,
सदा ही करते, तू-तू, मैं-मैं।
करों कभी कोई अच्छा काम,
बढ़ाये जो भारत देश का नाम।
देश की धरोहर पर है, सबका अधिकार,
फिर क्यूँ है इसकी सफाई से इनकार।
नहीं है कोई बहुत बड़ा उपकार,
बस करता है जीवन में बदलाव।
शहर को मानकर घर अपना,
कूड़ेदान में फैंको कूड़ा।
थूकने को नहीं धरती मैया,
बदलो अपनी आदत भैया।
न करों किसी पड़ोसी का इंतजार,
देश है सबका, बढ़ाओ स्वच्छता अभियान।

मिहीर VII - B

#### खुशी के पल

चलो आज एक नई कहानी लिखें बहते हुए पानी को पकड़ें।
टिम—टिम करते सितारों को पकड़ें सर—सर हवाओं को पकड़ें जी लें यह मनोहर पल बाकी सब अब होगा कल जी भर के जी लें आज पहने खुशियों का ताज आओ चलें खुशियों के शहर जी लें हर एक पहर जिन्दगी तो नाम ही है संघर्ष का लेकिन कुछ पल तो जी कर देखें।

समृद्धि अग्रवाल VIII - C



'बदल चुका है देश मेरा, बदल चुका ह सारा जहाँ। बदल चुका है सारा जहाँ आजकल Degree तो है हर विषय में लेकिन व्यावहारिक ज्ञान नहीं। बदल चुका ..... सारा जहाँ। दोस्त Instagram, Facebook पर तो बहत हैं, पर एक सच्चा मीत कहाँ पर वो कष्ण-सदामा वाली मित्रता कहाँ। बदल चुका ..... सारा जहाँ। चाँद पर तो जा चुके हैं। (2) पर पड़ोसी के घर कहाँ। बंगले तो हैं बड़े बड़े। बंगले तो हैं सब बड़े, मगर रहने वाले लोग कहाँ। बदल चुका ..... सारा जहाँ। पहनते तो हैं Titan, G-Shock की घडियाँ पर परिवार के लिए समय कहाँ। दवाईयाँ तो Advance हो गई हैं पर अब वो 100 साल वाली उम्र कहाँ। बदल चुका ..... सारा जहाँ। WhatsApp पर Emoji वाली बातें तो हैं (2) पर दिल में Emotions कहाँ। बदल चुका ..... सारा जहाँ। A.C., Cooler तो हैं हर कमरे में (2) पीपल की ठण्डी-ठण्डी छाँव कहाँ। बदल चुका ..... सारा जहाँ। (2)

> श्रेयशी शुक्ला, VIII - B



माँ और माँ का प्यार निराला उसने ही है मुझे सम्भाला माँ मेरी मम्मी बड़ी प्यारी मेरी मम्मी बडी निराली क्या में उनकी बात बताऊँ सोचँ! उन्हें कैसे मैं जान पाऊँ। सुबह सवेरे मुझे उठाती, कृष्णा कहकर मुझे जगाती। जल्दी से तैयार में होती. उसके कारण स्कूल जा पाती। स्कल से आते ही खश होती. जब मम्मी का चेहरा देखती। पौष्टिक भोजन मुझे खिलाती, गृह कार्य भी पुरा करवाती। माँ और माँ का प्यार निराला. पर मैं करती गडबड घोटाला। जब मैं करती कोई गलती, समझाने की कोशिश करती। लटाती मझ पर अधिक प्यार. करती मुझसे अधिक द्लार। मुझ पर गुस्सा जब है आता, दो मिनट में उड भी जाता। मेरी मम्मी मेरी जान. रखती मेरा पूरा ध्यान। माँ और माँ का प्यार निराला, उसने ही है मुझे सम्भाला।

> **टिया डागर**, VI - C

**SPARK** 

SPARI

58

Let your Light Shine



चाँद पर होता घर जो मेरा, रोज लगाती मैं दुनिया का फेरा। चंदामामा के संग हँसती, आसमान में खूब उछलती। ऊपर से धरती को देखती, तारों के संग खेलती। बादल से मैं पानी पीती, तारों के संग भोजन करती।। टिमटिमाते सुंदर तारे, लगते कितने प्यारे—प्यारे

कभी-कभी धरती पर आती, मीठे-मीठे फल मैं ले जाती, चंदामामा को भी खिलाती, अपने ऊपर मैं इतराती।

जब अम्बर पर बादल छाते, उमड़—घुमड़ घिर घिर आते। जब धरती पर वर्षा करते, उसे देखती हँसते—हँसते। मैं परियों सी सुंदर होती। हँसती रहती कभी न रोती। लाखों खिलौने मेरे सितारे, होते हैं जो नम में सारे।



अंशीता अधाना, VI - C

#### बेटियाँ

बेटियाँ तो घर—घर में पूजी जाती हैं। बेटियाँ वेटियाँ तो विश्व में छा जाती हैं। बनकर लक्ष्मीबाई अंग्रजों से लड़ी कभी बनकर मलाला जमाने से लड़ी। बनकर कल्पना अम्बर में छा गई, नारी शक्ति का उदाहरण बनकर आ गई। बेटियों का परचम हर ओर लहरा रहा, ये सिलसिला नया नहीं, सदियों से चलता आ रहा। कोई भी आंदोलन बेटियों से अछूता नहीं, बेटी बिना घर भी स्वर्ग नहीं। बेटी हों तो दीवारें भी बोल पड़ती हैं, बेटी के मुस्कुराने से सारी पीड़ा मिटती है। बेटियों को उनके पंखों पर उड़ने की इजाजत दे दो, बेटियों ने बदला है इतिहास अब भविष्य बदलने की अनुमति दे दो।

डिम्पल राजपूत VIII - C

#### मैं राही हूँ

में राही हूँ उस पथ की,
जहाँ प्रेम नहीं कटुता बसें
आपस में ही ईष्यो इतनी,
कि खून नहीं दुश्मनी बहें।
में राही हूँ उस पथ की,
जहाँ जिस्म नहीं कंकाल मात्र है।
सुख—दुख का कोई बोल नहीं,
सब कटु वाणी के पात्र हैं!
में राही हूँ उस पथ की,
सुरक्षित न रही नारी जहाँ,
हर तरफ चीत्कार सुनाई देता है,
में राही हूँ उस पथ की हरियाली,
किलकारी न तो श्रंगार दिखाई देता है।

खण्डित हो रहा भारत आज, कुछ पाखण्डियों के मेल में, जा रही है मेहनत गरीब की, अमीरों की तिजोरी और जेब में!... होगा कब उजियारा इस पथ पर? जिसकी मैं राही हूँ... परिवर्तन लाऊँ इस धरा पर, दृढ़ता के साथ आगे बढ़ जाऊँ। मैं वो अमिट स्याही हूँ, मैं इस पथ की राही हूँ।

श्रीपरणा वर्मा VII - C

#### बाल मजादूरी (भावित्या पर आत्याचार)

बाल मजदूरी (भविष्य पर अत्याचार) मत करो ये अत्याचार, बाल मजदूरी है अनाचार। बच्चे है भगवान् के सदृश्य, वही हैं देश के भविष्य।।

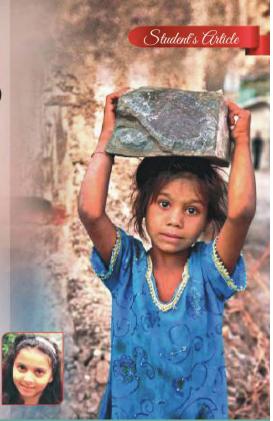
नन्हें हाथों में खिलौने नहीं है, न ही पढ़ने को किताबें हैं। विवश हैं बोझ ढोने को, छिप-छिप कर रोने को।।

ये कैसा समाज है, क्यों मानवता खामोश आज है? नन्हे सपनों को कुचल कर, उन्हें अधिकारों से वंचित कर लोग अपने महल सजा रहे हैं मगर बच्चे बोझ उठा रहे हैं।।

क्या यही है देश का संविधान जो नहीं देता बच्चो को उड़ान? बस, अब बंद करो पढ़ने का प्रबंध करो।

जीने दो इन्हें इनकी जिंदगी, यही दुआ है यही बंदगी, करने दो पूरे इन्हें सपने क्योंकि यही हैं भविष्य अपने।।

> खुशी मिश्रा X - C



## Hach Hach

सैनिक, सैनिक वो सैनिक जो अपने प्राण लगा देते भारत के नाम भारत की रक्षा कर बनते भारत के रक्षक अपना छोड़ भारत की जान में रहते डूबे जब भी रहता कोई खतरा रहते हैं तब सबसे आगे अपने प्राण लगा देते पर, भारत की जान बचा लेते वो ही सैनिक हैं भारत के रक्षक

> आस्था पाण्डेय IV - A

**SPARK** Let your Light Shine



SPARK :



आज बच्चों को शोर मचाने दो कल जब ये बड़े हो जाएँगे खामोश जिंदगी बिताएँगे हम—तुम जैसे बन जाएँगे

गेंदों से तोड़ने दो शीशें कल जब ये बड़े हो जाएँगे दिल तोड़ेंगे या खुद टूट जाएँगे हम-तुम जैसे बन जाएँगे

बोलने दो बेहिसाब इन्हें कल जब ये बड़े हो जाएँगे इन के भी होंठ सिल जाएँगे हम—तुम जैसे बन जाएँगे

दोस्तों संग छुट्टियों मनाने दो कल जब ये बड़े हो जाएँगे दोस्ती—छुट्टी को तरस जाएँगे हम—तुम जैसे बन जाएँगे

भरने दो इन्हें सपनों की उड़ान कल जब ये बड़े हो जाएँगे पर इन के भी पर कट जाएँगे हम-तुम जैसे बन जाएँगे

बनाने दो इन्हें कागज की कश्ती कल जब ये बड़े हो जाएँगे ऑफिस के कागजों में खो जाएँगे हम—तम जैसे बन जाएँगे

खाने दो जो दिल चाहे इनका कल जब ये बड़े हो जाएँगे हर दाने की कैलोरी गिनाएँगे हम—तुम जैसे बन जाएँगे

रहने दो आज मासूम इन्हें कल जब ये बड़े हो जाएँगे ये भी "समझदार" हो जाएँगे हम–तुम जैसे बन जाएँगे

> Rashi Nagar VI - C

मानव जीवन में शिक्षा का महत्वपूर्ण स्थान है। शिक्षा ही मनुष्य को सच्चा मानव बनाती है। शिक्षा ही उसके अज्ञानांधकार को दूर करके उसे ज्ञान का प्रकाश प्रदान करती है। इस कारण शिक्षा स्त्री-पुरुष दोनों के लिए महत्वूर्ण है। बालक. की सबसे बड़ी जीवन शिक्षक उसकी मां होती है। अतः मां का – नारी का शिक्षित होना अति आवश्यक है। एक शिक्षित नारी अपने शिशू की देख- रेख जितनी कुशलता से कर सकती है, अशिक्षित नारी नहीं। प्राचीन काल में ही हमारे देश में नारी शिक्षा के महत्व को समझ लिया गया था। वैदिक काल में नारियों में शिक्षा का प्रचार परुषों की तरह ही था। गार्गी, मैत्रेई, सती मदालसा आदि विद्षिया इसका प्रमाण है। हां, मध्य युग में नारी की दशा शोचनीय हो गई। किन्हीं सामाजिक, राजनैतिक कारणों से नारी घर के अंदर कैद होकर रह गई।

> **अनुष्का पांडेय** VII - D

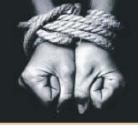


#### OUR PROTECTORS

They are strong, they are brave too, we should thank them for what they do. from the heaven they came for accepting the difficult tasks, how much pain they suffer, have you ever asked??? they accept the challenging dares.. for the nation of which they care. they didn't drop their guns, till they defeat all the terrorist men. they are humans like us.. but something is special in them, enough brave and too courageous. they only think about their nation.. except for their name and fame. without saying any lie, just for the nation they die, they are only the true responsibility holders, none other than our Indian soldiers...

Ekta Parashar VIII- A





जब गुलामी की सीकड़ से बंधी हमारी भारत माता किया आजाद मां को उनके वीर सपुतों ने।

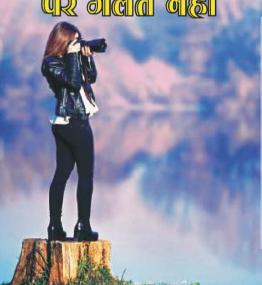
> किसी को दी फांसी की सजा, किसी को कड़ कड़ के कोड़े। किया जुल्म इतना उन वीर सपूतों पर, तब कांपा पुरा भारत था।

भगाया भारत से अंग्रेजों को मां के वीर सपूतों ने। खुल गई गुलामी की सीकड़, आजाद हैं हमारी भारत माता।

> भारत की इस आजादी में, कितनों ने मृत्यु वरण किया। कितनों ने अपना घर छोड़ा, कितनों ने जीवन मरण किया।

> > Saanvi Rai VII - A





में सबसे अलग हूँ।
में ही हूँ, सबसे अलग
भगवान् ने मुझे सबसे अलग बनाया है
मुझे सबसे अलग सोच दी है
जो किसी में नहीं है
खुद का सम्मान करो खुद को विशेष समझो
किसी और कि तरह नहीं वो बनो
जो तुम बनना चाहते हो
अपने अंदर छुपी शक्तियों को पहचानो
उन्हें बहार निकालो उनका उपयोग करो
आगे बढ़ो, बढ़ कर जीत लो ये जहाँ।

Ridhima Kaushik

#### Student's Article



आवासीय विद्यालय में अपने कमरे में बैठा रोहन किसी सोच में खोया था, बस खिड़की की तरफ देखता किसी से बात करने की कोशिश कर रहा था, शायद उसे आस थी की आकाश में किसी से बात होगी या फिर उसी खिड़की से कूद कर इस समस्या से छुटकारा पा लेना चाहता था यह कह पाना मुश्किल था ,वैसे कुछ कह पाना इसलिए भी मुश्किल था क्योंकि गुस्से में आकर फोन पर भी तो किसी से बात नहीं कर रहा था।

रोहन बहुत ज्यादा मेधावी बच्चों मे से तो नहीं था लेकिन हर माँ बाप को अपने बच्चे सर्वश्रेष्ठ ही दिखते है बस यही वजह थी जो उसे तनाव मे डाले जा रही थी, उस दिन परीक्षा परिणाम के बाद पापा की डांट ने उसे पूरी तरह से बिखेर दिया था, उसे समझ ही नहीं आ रहा था की वो कैसे उनकी उम्मीदों को पूरा कर पायेगा?

दूसरी तरफ रोहन के पापा रोहन के इस व्यवहार से बेहद दुखी थे, ना तो उस से किसी तरह की कोई बातचीत कई दिन से हुई थी, ना रोहन कोई बात करना चाहता था।

रोहन की माँ को कुछ समझ ही आ रहा था, वो बेटे को इस समस्या से कैसे निकाले? वो बेचारी आज की टेक्नोलॉजी से उतने अच्छे से नही जुड़ी थी, तो बेटा को विडियो कॉल या संदेश भी नहीं भेज सकते थी।

माँ ने बहुत सोच विचार करके एक पत्र बेटे को लिखने का निर्णय लिया।

उधर रोहन जो किसी से बात तक नहीं कर रहा था जब उसकों को माँ का पत्र मिलता है तो पहले तो पत्र को देखते ही भावुक हो जाता है और पढ़ने लगता है पत्र कुछ इस प्रकार से लिखा गया था—

प्यारे बेटा

मै तुम्हारा कष्ट समझ रही हूँ, लेकिन आज तुम्हे कुछ बताना चाहती हूँ मुझे बहुत अच्छे से याद है जब तुम इस दुनिया मे आए थे तो पूरा परिवार तुम्हारे स्वागत मे आँखे बिछाये खड़ा था। दादा, दादी, ताई, ताऊ और भी सब लोग बेहद प्रसन्न थे, अब सबसे महत्वपूर्ण बात ये है की सब दिल से तुम्हारा स्वागत कर रहे थे लेकिन किसी ने भी तुम्हारे भविष्य को लेकर कोई शर्त नहीं रखी थी सब लोग सिर्फ ये चाहते थे तुम इस परिवार की हर खुशी का हिस्सा बनों। आज इस से दुखद कुछ नहीं हो सकता की हम सभी की इच्छाओं के चलते तुम्हें ऐसी स्थिति से गुजरना पड़ रहा है।

मेरे बेटे, मै तुमसे सिर्फ इतना ही कहना चाहती हूँ तुम वापस घर आ जाओ, हमे हमारा बेटा चाहिए इससे ज्यादा हम कुछ नहीं चाहते। बेटा बहुत सारा स्नेह और आशीर्वाद

तुम्हारी माँ

पत्र को पढ़ते पढ़ते रोहन की आंखो से आँसू बह निकले और एहसास हुआ की वो इतना स्नेह करने वाले परिवार से मुंह मोड़कर बैठा था, उसने खुद से वादा किया की पढ़ाई मे पूरी मेहनत करेगा।

इसके बाद सभी से मिलने के लिए रोहन शाम की गाड़ी से ही घर को चल पड़ा, घर पहुँचकर सभी से माफी मांगी।

Dimpal Rajput VIII - C



दिसंबर में कोरोना आया सबको अपने घर बैठाया, मास्क लगवाने को मजबूर करवाया, सबको दूर करवाता गया।

फिर क्या? सबको घर भेजता गया , खुद ठंडी हवा खाता गया, खुदको इतना शान है मानता , जैसे कोई जोकर है नाचता!

ओ कोरोना ओ कोरोना, थोड़ा सा तो चौन दे न, बच्चे चॉकलेट खा नहीं पाते क्योंकि तू न जाता!

धन्यवाद...

श्रेयस काडूकर VII - D

कोरोना दुरवी करो ना

कोरोना जब से है आया
उसने पूरी दुनिया में तहलका मचाया
कहता,"कि घर से बाहर मत जाना
वरना जिन्दगी से पड़ेगा पछताना"।
बन्द करो ये काम करना, हाथ न मिलाओ
और गले मिलना तो भूल ही जाओ।
मत करो सोशल गेदरिंग
और करो सिर्फ सोशल डिसटेनसिंग।
धोलो आपने हाथ और करो अच्छी बात।
मत उरो इससे, हम सब मिलकर हराएगे इसे।
कुछ सावधानियां रखनी है तुम्हें
और एक दिन निकलेगी आशा की नयी किरण,
जब हम होंगे एक नयी दुनिया में और करेंगे
नयी शुरुआत

सिन्धुजा वेदव्यास VII - D

सब कुछ हो गया पराया पराया। तेरा आना किसी को ना भाया। मम्मी बोले हाथ धोए। घर से बाहर कहीं ना जाए। सखा सहेली सब भूल जाए। स्कुल की टीचर की याद सताए। नानी का घर हमें बलाए। शोपिंग के लिए मन ललचाए। बर्थडे फीका फीका पड जाए। ओ कोरोना तु बता हम छोटे छोटे बच्चे कैसे अपना दिल बहलाए। तेरा भय इतना सताए। कोरोना तुझसे नहीं डरते हम। हममें है तुझसे लडने का दम। सोशल डिसटेंसिंग निभाएंगे। गुड सिटिजन बनकर दिखाएंगे। सरकार के रूल्स अपनाएंगे। घर मे बैठकर तुझे हराएंगे और फिर अपना जीवन खुशहाल बनाएंगे।

Tanistha Garg

#### कोरोना दुखी करो ना

'नानी के घर की याद सताए।
जन्मदिन फीका—फीका हो जाए।
तेरा भय इतना सताए।
मन चाहे तू मर जाए।
माँ बोले बाहर ना जाना।
घर में मंजूर नहीं किसी का है आना।
भाई—बहन चाहे अच्छा—अच्छा खाना।
अब तो सब कुछ हो गया पराया।
तेरा आना किसी को ना भाया।
अब तो कोरोना।
हमें दुखी करो ना।

सानवी भारद्वाज

VIII - A

**SPARK** 

соvid-19 // Lockdown // COVID-19 Lockdown कोरोना दुखी करो न

ओ कोरोना तू कहां से आया । सब कुछ हो गया पराया पराया। तेरा आना किसी को ना भाया। मम्मी बोले हाथ धोए। घर से बाहर कहीं ना जाए। सखा सहेली सब भूल जाए। स्कूल की टीचर की याद सताए। कोरोना दुखी करो न। नानी का घर हमें बुलाए। शोपिंग के लिए मन ललचाए। बर्थडे फीका फीका पड जाए। ओ कोरोना तु बता हम छोटे छोटे बच्चे कैसे अपना दिल बहलाए। ओ कोरोना दुखी करो न । तेरा भय इतना सताए। कोरोना तुझसे नहीं डरते हम। हममें है तुझसे लड़ने का दम। सोशल डिसटेंसिंग निभाएंगे।

गुड सिटिजन बनकर दिखाएंगे। सरकार के रूल्स अपनाएंगे। घर मे बैठकर तुझे हराएंगे और फिर अपना जीवन खुशहाल बनाएंगे । ओ कोरोना दुखी करो न । मुश्किल बडी घडी है, संयम बनाये रखना. एक फासला बनाकर, खुद को बचाये रखना।। है जिंदगी नियामत असमय ये खो ना जाये. इस देश पर कोरोना, हावी ना होने पाय. ये वक्त कह रहा है. घर से नहीं निकलना । ओ कोरोना दुखी करो न ।

> Tia Dagur VIII A

युवा शक्ति ने ठाना है, कोरोना मार भगाना है। जो घर से बाहर जाएगा, कोरोना लेकर आएगा। युवा जागरुकता लाएंगे, घर —घर अलख जगाएंगे। एक मीटर की दूरी है, अलग रहना जरूरी है। जब कोरोना भागेगा, देश श्रेष्ठ कहलाएगा। न डर जाना जरूरी है, न घबराना जरूरी है। ये कोरोना गररी है, भगाना भी जरूरी है।

> चेष्टा पाठक VIII-A



बंद हुआ दुनिया का सुख चैन से सोना और शुरू हुआ है जोर—जोर से रोना, क्योंकि आ गया एक बोना भयानक बाहबली नन्हा—मुन्ना कोरोना।

ओ कोरोना दुखी मत करोना।

हाथ मिलाना छुड़वा दिया,दूर से ही करवाता हाय, और अगर पास गए तो करवा देगा जिन्दगी से बाय।

ओ कोरोना दुखी मत करोना।

अरे, कोरोना के इस प्यार से हर एक देश है इतना परेशान, ढूँढ रहा है कोरोना जी को ठिकाने लगाने का समाधान।

गर्मी की छुट्टियाँ या सर्दी की छुट्टियाँ तो ठीक थी पर , कोरोना के कारण छुट्टी देख दिल है हैरान।

ओ कोरोना दुखी मत करोना।

अनुराग झा

#### कोशेना दुखी कोशेना

अब तो जी भरकर हैं सोना।
लॉकडाउन में बस खाते जाना,
खुद बाहर ना जाकर पेट का बहार आना,
बच्चों को अब स्कूल के साथ साथ घर में
आतंक मचाना है।
लॉकडाउन में यूट्यूब ने मम्मी को
मास्टरशेफ बनाया है,
और हमको भी घर में नए नए व्यंजन
खिलाया है। माँ ने पापा से, 'work from
home' नहीं, 'work for home' कराया है।
इस बार एसा महीना आया है,
जिसमे रविवर भी अपना अस्तित्व ना बचा पाया है।।

याशिका शर्मा



ये संघर्ष भी है तो हौसले भी रहेंगे हवाएं भी होगी, दीए भी रहेंगे। जिस राह पर कोई तुफान होगा, उसी पर कहीं काफिले भी रहेंगे। झकेंगे न अपमान की बात पर हम युं तो सम्मान में झके भी रहेंगे। रुकेंगे नहीं हादसों में सफर ये सफर है अगर तो हादसे भी रहेंगे। ये दनिया न खाली है जुल्मों कर्म से. है राम तो रावण भी रहेंगे ये माना कि मायसियाँ भी रहेंगी जो है जिंदगी तो कहकहे भी रहेंगे। जरूरी नहीं मुँह से बोले ही बोले हम, कर्मी से मगर हम बोलते ही रहेंगे।



अनुराधा सक्सेना अध्यापिका

#### (बंधुत्व पर कुछ पंवितयां)

कैसे मैं सावन की सोचं कैसे मैं सपनों की सोचं

> सिन्ध थोमस अध्यापिका

जो धीरे-धीरे लुप्त हो रहा है। भाई भाई का आज दश्मन हो गया , पैसे की खातिर तेरा ईमान कहां खो गया। कहां गुम हुआ स्नेह तेरा , क्यों तु कर रहा मेरा तेरा पैसे के लिए लोग यहां कत्ल भी कराते हैं, पैसे के वकील यहां जुल्मी को बचाते हैं कोई नहीं देता यहां व्यक्ति को महत्व, पैसे की खातिर तो यहां स्त्रियां भी बेच देती अपना अस्तित्व अरे क्या पैसा तेरी दुनिया को बसा पाएगा, छोडकर जाएगा तु खाली हाथ कुछ ना पाएगा आज तू जिस पैसे की खातिर भाई से लड़ जाएगा, वक्त पड़ने पर तो पड़ोसी ना काम आएगा त सोच ले गर आज भी संभल जाएगा, केवल प्रेम की अथाह दौलत पाएगा अन्यथा निरर्थक ही आया है, मरने पर निरर्थक ही जाएगा ।







कैसे अपनी सोचं वेदना से आहत हर मन कैसे मैं खुशियों की सोचं एक पल में मरता सौ सौ बार आदमी कैसे मैं जीवन की सोचं बरसते पानी में जब तन मन तक भीग जाती दिखता कोई प्यासा तडपता मरता सूर्य किरणों से जब घर मेरा भर जाता दिखता कोई घिरा अंधेरे में कैसे मैं उजियारे की सोचं जब भी मैं इन्द्रधनुषी रंगों में रंग जाती दिखता कोई भाग्य पर रोता जब सब है संतान एक ही ईश्वर के कैसे मैं अपनी ही सोचं खिशयों से हर दामन भर दे आओ मिलकर सबकी सोचे।

श्रीमती रीता वर्मा



I believe if you can do something today, better do it now. You will never know what might happen if you don't do it. If you don't do it, you lose the chance forever. Time is fast. Remember, "Thought is the Father of an Action". There will be moments in our lives when we need to act

immediately and not waste a single second. Thus, go ahead and make your dreams happen today!

> Monica Thareja Teacher

From Mentor's Desk



#### The After Theory Versus The Now Theory

The title "After Theory" may sound scientific or to be discussed within the periphery of Mathematics but it isn't so. It is instead, a universally applied concept which we all tend to follow in our daily lives. The "After Theory" means postponing every work for sometime "After" the prescribed time and actually this "After time" never arrives in our life. We tend to become lazy towards certain vital tasks of our life and keep on delaying them by often saying "This we will do afterwards". Sadly, this "Afterwards" never arrives as we keep on finding excuses for procrastination of important tasks.

So, Being on time and adopting new theory, let us stop following this "After Theory" and upgrade ourselves with "The Now Theory "which states that every single work should be done "Now" ( at the right and assigned time) without any scope of delay or procrastination. Following "Now Theory" will make us more competitive, disciplined and successful in every sphere of life. Children, Prioritize your work, make suitable time schedules and follow them strictly so that you get enough time for studies as well as leisure activities. Practicing "

Now Theory" will surely enhance your personality and will take you to the greater heights. Remember the golden words of Arnold H. Glasow-

"Success is simple. Do what's Right, The Right way and at the Right time" and start

"Now Theory" from today onwards only. I extend my best wishes for your great future.

Rajni Singh Rathi Teacher



When Neil Alden Armstrong spoke these words in 1969, he was walking on the moon. A giant leap of this magnitude did not happen overnight or with some radical plan of action and blundering into commitment. It was the result of years of work by hundreds of people in small increments. Also, Armstrong himself practiced for months before taking the famed Apollo 11 flight.

All greatness is achieved through a series of small steps. Having a vision and setting long term goals are most important for success. Small increments toward your goal are how you get there, and without small steps you just cannot.

'Do the difficult things while they are easy and do the great things while they are small. A journey of a thousand miles must begin with a single step.' - Lao Tzu

The words by Lao Tzu are indeed proven correct today. Tzu was the founder of the Tao Te Ching, which became the basis for all Chinese practices from society to industry, and the success of an impoverished kingdom today is all due to the hard work of millions of their people compounded over decades.

In our personal life too, the only guarantee that we shall succeed always comes from the confidence we have in our efforts. God rewards not desire but efforts. As the farmer acts season by season to prepare soil, plant seed, add fertilizer, irrigate - only then does he get the final result. The same is true for a student, who negotiates a curriculum class by class, assignment by assignment, test by test until one day you see the result. The result is a healthy mind, a confident person, and all doors

in life open before them. The whole world stands ready to accept someone, to trust them if their success has come from small steps and honest work over time. It is harder to entrust responsibility to people who have simply inherited or been gifted their confidence. Most notable is the power that brings.

A person who has earned their confidence through small achievements adding up to successes, also gains the ability to adapt, solve problems, improve and make a difference around them. Small steps break down a big journey into a clearer path, providing the ability to see forwards and plan your progress at every step. Commitment to anything is tough, but small steps make it simpler and easier. The successful people we see around us did not achieve it by planning 50 years ahead, they did it by planning every coming day and staying true to their vision for the future. Small, honest steps become a principle, and slowly become your character. What the world sees is greatness.

The simple truth is that dreams, goal, visions are all achieved by identifying the path to take and taking small steps everyday on it. Which is why we have teachers. The teacher's duty is to identify the goal, and set us on the short paths we must walk on everyday to one day get to the goal. But to reach there we have to take those small steps.

Sangeeta Razdan Teacher





#### HUMAN REVOLUTION (THE PROCESS OF FUNDAMENTAL INNER CHANGE)

"A great human revolution in just a single individual will help achieve a change in the destiny of a nation, and, further, will enable a change in the destiny of all humankind."

Human revolution is not something

extraordinary or divorced from our daily lives. Let me give you some very familiar examples.

Let's say there's a young boy who spends all his time playing and never studies. Then, one day he decides to make an effort to improve his future chances in life and he begins to take his studies seriously. That is his human revolution. Or there is a father who thinks only of his own small world—himself, his family and his friends. One day he decides to breakout of these narrow confines just a little and extend a helping hand to those who are ill or suffering, giving earnest thought to what he can do to help them find happiness in life. As a result, he starts participating in activities devoted to that purpose. That is his human revolution.

Human revolution, in other words, refers to raising one's gaze beyond one's restricted, ordinary, everyday world and striving for and dedicating oneself to achieving something more lofty, more profound, more all-embracing. Will you take a step forward, or will you be content to stay where you are now? Everything in your life is determined by that decision.

The times when we experience the most intense suffering, unbearable agony and seemingly insurmountable deadlock are actually brilliant opportunities for doing our human revolution. If you're the type of person whose resolve tends to melt away easily, if you find it difficult to stick to your goals, then just renew your determination each time you find yourself slipping. If you keep struggling valiantly, pressing forward despite setbacks and disappointments, always thinking "This time I'll make it! This time I will succeed!" you will eventually achieve your human revolution without fail.

Life is a very complicated affair. We are defined by all sorts of factors—our personality, our habits, our karma, our family background. It is very difficult to free ourselves from these factors or influences, which are all intertwined and linked. Life flashes by in an instant. Many spend their days running around busily, absorbed with small, trivial worries and shallow concerns. Many never go beyond the six lower paths of life—the worlds of Hell, Hunger, Animalism, Anger, Humanity and Rapture.

However, when we resolve to break through those lower states of life and access the states of Buddha sattva and Buddhahood by showing greater compassion in our daily conduct and behavior, we are under taking an "action" revolution—human revolution.

Rita Verma Teacher

#### Education

Education Is An Integral Part Of A Human's Life. It Not Only Provides Us With Knowledge But Also Broadens Our Horizons. An Educated Person Is An Asset For The Nation. An Institution Like Ours Focuses Not Only At Imparting Education But Also Instilling Good Values In The Children. I Have Been A Part Of This Esteemed School For The Last 13 Years. I Have Seen Children Growing From Tender Kids To Responsible

And Aware Adults Ready To Shine In The Whole World.

I Feel Immense Joy And Pride To Be A Ray Of This Sun Which Has Nurtured Lots Of Saplings To Grow Into Individual Trees.

Ritu Bajaj Teacher

**SPARK** 



Kids, with learning disability are frequently disregarded and looked downward on by the general public. They regularly get negative criticism and subsequently decline to create positive insights to the outside world. This is off-base. As people, it is nevertheless their fundamental right to an equivalent chance of accepting training. Custom curriculum essentially needs to have "instructive projects and practices intended for under studies who are debilitated or skilled, with mental, physical or enthusiastic inabilities and subsequently require uncommon showing approaches, hardware or care inside or outside a standard study hall." Notwithstanding their educational system, specialized curriculum classes for these youngsters are a need. Such sort of a custom curriculum should offer need, to the happiness regarding in-struction by uncommon youngsters, Like other youngsters, unique kids, also reserve the option to get legitimate training that encourages them to develop and appreciate without dreading it. Having a disability of any sort ought to never prevent anyone from vanquishing the world. That is, the two kids and grown-ups, having extraordinary requirements ought to be given each chance, with no shame being appended to it. Kids with uncommon necessities ought to be managed, in agreement to their prerequisites, so that regardless of their inabilities, they can plainly build up their intellectual capacities. Building up more extensive instruction framework and with teachers who have particular preparing is an earnest prerequisite. Learning ought to be an enjoyment and an audacious movement for the two youngsters with and without extraordinary necessities.

> Ms. Arachana Sharma Special Educator

#### HOTO MANIA



I may sense alittle push back to people who argue over clicking pictures and posting them on social media. The globe keeps spinning and a new year is ahead of us! Amongst the yearly recaps and resolutions, there is one thing that makes a sure sense and that is to capture our endeavours, our days and our moments. Life can never be easy. It can not be served in a platter. We need to make some real choices to let it move. And believe me, little moments add spark to its mundane course. It is you who decides whether to treasure or let it go like a sand held in a fist...ultimately of no use.

Taking a picture or clicking a photograph and freezing a moment reveals how rich reality is! Society itself is becoming a more visual place. Photos are used often in branding and online marketing, opening up doors for professional photographers to get work out there. In the words of Aaron Siskind, "Photography is a way of feeling, of touching, of loving. What you have caught on film is captured forever...It remembers little things, long after you have forgotten everything.

Well, I decide to capture such moments and make life enriching. I hold them tight and add meaning to life by making it exciting, beautiful and happy. I choose to be beautiful! I choose to be happy!

Shruti Aneja PGT English



In the early years, Britishers used to say that the Indians are primitive, unable to rule, uncivilized and barbarians. Then the nationalist writers urged the readers to take pride in India's great achievements in the past and struggle to change the miserable conditions of life under British rule. Ofcourse.. India is known for its rich heritage, culture and its architecture is decorated with many forts, palaces, archaeological ruins, temples churches. With thousands of years of rich history, India is blessed with many beautiful and historically important monuments spread all over the country. We also havea lot of architectural wonders like Taj Mahal, Nalanda ruins- Bihar, Monastery in Arunachal Pradesh, Ruins of Vijayanagars, Hampi- Karnataka, Sun Temple- Odisha, Delhi Iron Pillar and Ajanta Ellora caves are few of those mind blowing dreamy structures. Really we Indians are not able to grab the real beauty of our motherland. We are unaware of the reality but we have our understanding on the basis of books. It has its natural resources, snow clad moun-tains, the deserts, deep ocean, thick forestand so many rivers added its beauty. Apart from this, our country has gifted a lot of eminent personalities like Lord Buddha, Lord Mahavira, Swami Vivekanan-da, Sri Ramkrishna Paramhamsa, Guru Nanak and Saint Kabir and many more.

All these personalities have impressed the world with their philosophy and teachings. Indian music, dance and cinema also got the position in the international arena. In this era, when everyone is running after western civilization, we need to inculcate pride in our fu-ture generation about our rich heritage. We 'Indians' need to explore our beautiful mountains, plains, deserts, oceans and architectural marvel. When the foreigners are bowing down before our culture, traditions, value system, we Indians are running after their 'flowed' social system.

Today we as teachers and parents should respect, teach, and imbibe in our children the pride for their motherland and its rich secular character.

Santosh Kumar (HOD, Social Studies)

Teacher

#### "EVERYTHING IN YOUR LIFE IS A REFLECTION OF A CHOICE YOU HAVE MADE. IF YOU WANT A DIFFERENT RESULT MAKE DIFFERENT CHOICE."

Reflection is an important element in one's life, be it spiritual or material. In that, Light works wonder in everyone's day today lives. This can be very exemplified by formation of a rainbow. It's one of the nature's most splendid master pieces all because of light. The dispersion of light gifts us with this serene scene. But, deep within, all these things have a definite elucidation. There is an undeniable effect of enchantment caused by the appearance of rainbow. In addition to the mysticism it can add us with lessons for life. It conveys a beautiful and meaningful message of oneness and cohesiveness. The rainbow teaches us to espouse us our own differences and the diversity of those around us. Rainbows often emerged after a thunder storm when fun peeps through the clouds, telling us all that, we all should be panglossian and also that good and bewitching things follow the darkest storms. How wonderful is life? Everything seems connected at all. The concept of physics highlights its importance and place in our lives, and that indeed is LIFE!!

Anil Sharma (Faculty Physics) Teacher



# Student Testimonials

#### EITHER I WILL FIND A WAY, OR I WILL MAKE ONE



A school is a pious place of acquiring knowledge, It plays a significant role in framing the future of children, for me the role was played by Ursuline convent (our very own school) be it the academics or exhibition of physical sports, Ursuline has always remained matchless. Teachers of the faculty has always been inspiring students for amelioration. Another side of the school is the discipline, Ursuline being a convent is recognised for its authoritative control over any misconduct, like me it aided many individuals in accomplishing influential careers.

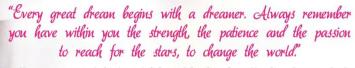
Rishab Gupta Commerce Stream (Ex student)

WE ARE LIKE TEA BAGS,
WE DON'T KNOW OUR STRENGTHS
UNTIL WE ARE IN HOT WATER



It is said whatever we weave in the thread of life remains forever and so I here extend my gratitude and honor to this Institute for making me whole as a person and for giving me my golden times.

Akanshu Commerce Stream From Dubai (ex student)



Hey my name is Lalit Attri. I did my Schooling from Ursuline Convent Sr. Sec. School. Many people think school is measurable by the amount of fees you pay or how big its infrastructure is. But that is not true.

School is just a building, but teachers here give life to the school. It's not about the grades you get in exams but how much exposure you get, how much knowledge you gain and become the owner of a strong personality I am an entrepreneur by occupation. Today, I run my own business. I have a team of people which I am helping right now. If I would not been in Ursuline School, I would never be able to make these decisions in my life.

My teachers gave me ample chances and never judged me from my grades. Ursuline school made me confident, and I have so many fond memories of my school. I am grateful to Rev. Sr. Nirupa for her visionary leadership because of which the Ursuline school is our second home, and it will remain in our heart forever.

At last, I would like to say the school is what it is because of you my lovely teachers and I am what I am because of my School.

Lalit Attri (Commerce Stream) Ex - Student (From Canada)

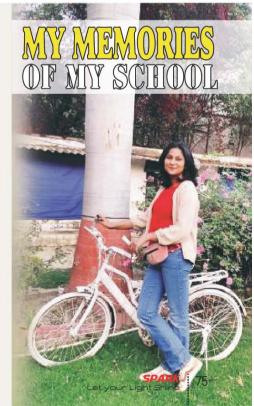
My memories of my school, trust me it's hard to put it into words and tell you how wonderful they were. So many emotions and so many memories Flash in front of my eyes that it's hard to contain it into a small little essay. Teachers, classmates, or friends I was the luckiest to have the best. The nostalgia that comes rushing into my head when asked to remember this beautiful place is quite amazing.

Not to mention some amazing teachers I met here who stood by me and supported me at every step.

The best friendships were built here. They still stand strong. My supporting pillars. Trust me I don't know what I would have done without them. Thanks to my school I have all of them. Those were some of the best days I could have asked for.

A special note to all the juniors reading this... cherish this place, this time and make the best of all the opportunities offered to you because when you grow old and leave this place for the next endeavour of your life, you would look back to this place wanting to go back and smile at all the happiness and comfort this place had offered. Those innocent crazy times that goes by with age and time.

Rose Maria (Commerce Stream) Ex-Student



do more in every domain.



#### **WRITE A REVIEW ABOUT URSULINE CONVENT SCHOOL**

I am privileged to write a review about Ursuline Convent Sr. Sec School. As a parent I am attached to the various branches of this prestigious institution since 2012.

I have felt both teaching and non teaching staff are always ready to take all sorts of academic and non-academic problems of their students.

The school provides the best to its students in terms of child centered approach of education, infrastructure facilities, safety, security, sports and extra-curricular activities.

It's a club of academics and sports activities. As a parent I am satisfied with overall standard of education and activities.

Somali Kundu. Mother of Debopama Kundu (VI-D) and Tithi Kundu (II-C)

I really admire the concept of learning with fun in the school. The school has provided timely feedback about the behaviour, academic, safety nutrition, health and more to give parents the tools to raise healthy and happy child



Mr. and Mrs. Sumit Sharma

Ursuline Convent Senior Secondary School is not just an institution but a nurturing family in itself. Along with being professional, the environment there is very warm and wholesome which aids in the perfect growth and development of a student. From the teaching staff to the non teaching staff, everyone is very supportive. The school stays updated with new technologies like e-education and the online attendance system which guarantees proper safety of students. Along with this, the extra curricular activities help in character enhancement of the child. Even facilities for medical care and psychological stress are taken care of quite efficiently. School life in Ursuline Convent serves as a montage of memories and becomes an experience in itself.



Ritula Jain



# Academic Staff 78 **SPARK** Let your Light Shine













Sector-36, RHO-1, Knowledge Park-1, Gautam Budh Nagar Greater Noida - 201306 (UP) India. Ph: +91 9870247500 Email: contact@ursulinegreaternoida.org Web: www.ursulinegreaternoida.org